Capital Care	HERITAGE HOUSE / LAURII	ER HOUSE - RESIDENT'S MENU	Menu Subject to Change	DAY 22 (MONDAY)
BREAKFAST	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
JUICE	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)
CEREAL	Cream of Wheat with Flax (6oz)	Cream of Wheat with Flax (6oz)	Cream of Wheat with Flax (6oz)	Cream of Wheat with Flax (6oz)
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	
ENTRÉE	Choice of Egg (Poached, Boiled, Scrambled)	Choice of Egg (Poached, Boiled, Scrambled)	Choice of Egg (Poached, Boiled, Scrambled)	Vanilla Blended Breakfast (#6)
	Toast (2 x ½ sl.) / Assorted Jam	Toast (2 x ½ sl.) / Assorted Jam	Toast (2 x ½ sl.) / Assorted Jam	
Muffin of the Day	Cranberry Muffin (1)	Cranberry Muffin (1)	Cranberry Muffin (1)	

LUNCH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
SOUP	Mushroom Barley Soup (6oz)	Pureed Mushroom Barley Soup (6oz)	Pureed Mushroom Barley Soup (6oz)	Pureed Mushroom Barley Soup (6oz)
SALAD	Marinated Coleslaw (#20)	Minced Marinated Coleslaw (#20)	Minced Marinated Coleslaw (#20)	
ENTRÉE	Boneless Chicken Wings (3) <u>Choice of Sauce</u> : Plain, BBQ, Plum, Honey Mustard, Sweet and Sour	Boneless Chicken Wings (3) <u>Choice of Sauce</u> : Plain, BBQ, Plum, Honey Mustard, Sweet and Sour	Minced Chicken Honey Mustard (#12)	Trepuree Lemon Chicken (1) Pureed Parsley Potato
	Gourmet Onion Rings	Mashed Potato (#20) Gravy	Mashed Potato (#20) Gravy	Pureed Sweet Carrot
DESSERT	Diced Pears (#8)	Diced Pears (#8)	Pureed Pears (#8)	Pureed Pears (#8)

SUPPER	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
ENTRÉE	Homemade Savory Meatloaf (3oz)	Homemade Savory Meatloaf (3oz)	Minced Homemade Savory Meatloaf	Trepuree Beef Old Fashioned (1)
	Gravy on the Side	Gravy on the Side		
	OR	OR		
	Steamed Salmon (3oz)	Steamed Salmon (3oz)		
	Mango Chutney on the Side	Mango Chutney on the Side	Ranch Potato (#20)	
	Ranch Potato	Ranch Potato		Dilled Red Potato
	Harvard Beets (3oz)	Harvard Beets (3oz)	Minced Harvard Beets (#12)	Pureed Broccoli
DESSERT	Homemade Banana Cake (1 slice)	Homemade Banana Cake (1 slice)	Homemade Banana Cake (1 slice)	Pureed Homemade Banana Cake (#8)

SANDWICH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
	Bologna Shredded Lettuce	Bologna Shredded Lettuce		Alternate: Trequree Pork Roast
Lunch & Supper	Egg Salad	Egg Salad	Egg Salad	Trepuree Turkey Roast
	Tuna Salad	Tuna Salad	Tuna Salad	

Date: 6/30/2023 menu/seasonal resident's menu/week 4

CapitalCare	HERITAGE HOUSE / LAURII	ER HOUSE – RESIDENT'S MENU	Menu Subject to Change	DAY 23 (TUESDAY)
BREAKFAST	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
JUICE	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)
CEREAL	Rolled Oats with Flax (6oz)	Rolled Oats with Flax (6oz)	Rolled Oats with Flax (6oz)	Rolled Oats with Flax (6oz)
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	
ENTRÉE	Choice of Egg (Poached, Boiled, Scrambled)	Choice of Egg (Poached, Boiled, Scrambled)	Choice of Egg (Poached, Boiled, Scrambled)	Banana Blended Breakfast (#6)
	Ham Slice			
	Toast (2 x 1/2 sl.) / Assorted Jam	Toast (2 x ½ sl.) / Assorted Jam	Toast (2 x ½ sl.) / Assorted Jam	
Muffin of the Day	Blueberry Oatmeal Muffin (1)	Blueberry Oatmeal Muffin (1)	Blueberry Oatmeal Muffin (1)	

LUNCH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
SOUP	Corn Chowder Soup (6oz)	Pureed Corn Chowder Soup (6oz)	Pureed Corn Chowder Soup (6oz)	Pureed Corn Chowder Soup (6oz)
SALAD	Greek Salad (spoodle) LH – (Feta Cheese on the Side)	Minced Greek Salad (#20) LH – (Feta Cheese on the Side)	Minced Greek Salad (#20) LH – (Feta Cheese on the Side)	
ENTRÉE	Hot Beef Sandwich with Gravy Hot Turkey Sandwich with Gravy	Hot Beef Sandwich with Gravy Hot Turkey Sandwich with Gravy	Bread on the side 1. Minced Hot Beef Sandwich 2. Minced Hot Turkey Sandwich	Trepuree Roast Turkey (1) Pureed Savory Potato Pureed Butternut Squash
DESSERT	Diced Peaches (#8)	Diced Peaches (#8)	Pureed Peaches (#8)	Pureed Peaches (#8)

SUPPER	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
ENTRÉE	Pork Bites with Pineapple Sauce on the Side OR BBQ Chicken Thigh	Pork Bites with Pineapple Sauce on the Side OR BBQ Chicken Thigh – Cut-Up	Minced BBQ Chicken (#12)	Trepuree BBQ Pork (1)
	Parsley Steamed Potato (1) Sauteed Mushroom (3oz)	Parsley Steamed Potato (1) Sauteed Mushroom (3oz)	Mashed Potato (#20) Gravy Minced Mixed Vegetables (#12)	Pureed Homestyle Potato Pureed Buttered Corn
DESSERT	Black Forest Torte (1)	Black Forest Torte (1)	Black Forest Torte (1)	Chocolate Pudding (#8) Whipped Topping

SANDWICH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
Lunch & Supper	Egg Salad Chicken Salad	Egg Salad Chicken Salad	Egg Salad Chicken Salad	Alternate: Trepuree Beef Roast Trepuree Fish Newburg
	Peanut Butter and Jam	Peanut Butter and Jam	Peanut Butter and Jam	

ı	CapitalCare	HERITAGE HOUSE / LAURIE	ER HOUSE - RESIDENT'S MENU	Menu Subject to Change	DAY 24 (WEDNESDA
	BREAKFAST	REGULAR	DYSPHAGIA SOFT	MINCED	PUI
	JUICE	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chille
	CEREAL	Oat Bran (6oz)	Oat Bran (6oz)	Oat Bran (6oz)	Oat Bı

BREAKFAST	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
JUICE	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)
CEREAL	Oat Bran (6oz)	Oat Bran (6oz)	Oat Bran (6oz)	Oat Bran (6oz)
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	
ENTRÉE	Choice of Egg (Poached, Boiled, Scrambled)	Choice of Egg (Poached, Boiled, Scrambled)	Choice of Egg (Poached, Boiled, Scrambled)	Maple Blended Breakfast (#6)
	Toast (2 x ½ sl.) / Assorted Jam	Toast (2 x ½ sl.) / Assorted Jam	Toast (2 x ½ sl.) / Assorted Jam	
Muffin of the Day	Chocolate Chip Muffin (1)	Chocolate Chip Muffin (1)	Chocolate Chip Muffin (1)	

LUNCH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
SOUP	Chicken Gumbo Soup (6oz)	Pureed Chicken Gumbo Soup (6oz)	Pureed Chicken Gumbo Soup (6oz)	Pureed Chicken Gumbo Soup (6oz)
SALAD				
ENTRÉE	Mini All Beef Hot Dog (Large LH) Ketchup, Relish and Mustard, Fried Onion Steak Fries	Mini All Beef Hot Dog (Large LH) Bun on the side Ketchup, Relish, Mustard, Fried Diced Onion	Minced Beef Hot Dog	Trepuree Beef Stroganoff (1)
	<u> Joseph Hos</u>	Steak Fries	Mashed Potato (#20) Pork Gravy	Pureed Dilled Red Potato
	Baked Beans (3oz)	Baked Beans (3oz)	Minced Baked Beans (#12)	Pureed Broccoli
DESSERT	Jello-O (#8) Whipped Topping	Jello-O (#8) Whipped Topping	Jello-O (#8) Whipped Topping	Jello-O (#8) Whipped Topping

SUPPER	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
ENTRÉE	Stir Fry with Vegetables and Sauce	Stir Fry with Vegetables and Sauce	Cycle 1: Minced Beef Stir-Fry	Trepuree Roasted Chicken (1)
	Cycle 1: Beef	Cycle 1: Beef	with Sweet and Sour Sauce	
	Cycle 2: Chicken	Cycle 2: Chicken		Pureed Golden Potatoes
	Broccoli, Cauliflower, Carrot, Mushroom,	Cauliflower, Carrot, Mushroom, Onion	Cycle 2: Minced Chicken Stir-Fry	
	Onion, Red Pepper		With Sweet and Sour Sauce	Pureed Buttered Peas
	<u>SAUCES</u>	<u>SAUCES</u>		
	Sweet and Sour or Szechuan	Sweet and Sour or Szechuan		
			Mashed Potato (#20) Gravy	
	Thai Pad (LH Spicy)	Thai Pad (LH Spicy)	OR	
	Steamed Noodles (½ cup)	Steamed Noodles (½ cup)	Steamed Noodles (½ cup)	
DESSERT	Strawberry Cream Cheese Fruit Stick (1)	Strawberry Cream Cheese Fruit Stick (1)	Strawberry Cream Cheese Fruit Stick (1)	Pureed Strawberry Cream Cheese Fruit Stick
SANDWICH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
	Shaved Turkey Shredded Lettuce Mustard	Shaved Turkey Shredded Lettuce Mustard		Alternate: Trepuree Pork Roast
Lunch and Supper	Egg Salad	Egg Salad	Egg Salad	Trepuree Turkey Roast
	Crab Salad	Crab Salad	Crab Salad	

Date: 6/30/2023

CapitalCare	HERITAGE HOUSE / LAURIE	ER HOUSE - RESIDENT'S MENU	Menu Subject to Change	DAY 25 (THURSDAY)
BREAKFAST	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
JUICE	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)
CEREAL	Cream of Wheat with Flax (6oz) Choice of Cold Cereal	Cream of Wheat with Flax (6oz) Choice of Cold Cereal	Cream of Wheat with Flax (6oz) Choice of Cold Cereal	Cream of Wheat with Flax (6oz)
ENTRÉE	Choice of Egg (Poached, Boiled, Scrambled) Toast (2 x ½ sl.) / Assorted Jam Hash Brown Patty	Choice of Egg (Poached, Boiled, Scrambled) Toast (2 x ½ sl.) / Assorted Jam	Choice of Egg (Poached, Boiled, Scrambled) Toast (2 x ½ sl.) / Assorted Jam	Carrot Blended Breakfast (#6)
Muffin of the Day	Carrot Raisin Muffin (1)	Carrot Raisin Muffin (1)	Carrot Muffin (1)	

LUNCH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
SOUP	Hamburger Soup (6oz)	Pureed Hamburger Soup (6oz)	Pureed Hamburger Soup (6oz)	Pureed Hamburger Soup (6oz)
SALAD	Marinated Vegetable Salad (spoodle)	Minced Marinated Vegetable Salad (#20)	Minced Marinated Vegetable Salad (#20)	
ENTRÉE	 Mushroom Quiche Quiche Lorraine Broccoli and Cheese Quiche 	 Mushroom Quiche Quiche Lorraine Broccoli and Cheese Quiche 	 Mushroom Quiche Quiche Lorraine Minced Broccoli and Cheese Quiche 	Trepuree Chicken Italiano (1) Pureed Macaroni
				Pureed Herbed Tomato
DESSERT	Fruit Cocktail (#8)	Fruit Cocktail (#8)	Pureed Fruit Cocktail (#8)	Pureed Fruit Cocktail (#8)

SUPPER	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
ENTRÉE	Mediterranean Turkey Sausage (3oz) OR Beef Shepherd's Pie (1 slice)	Mediterranean Turkey Sausage (3oz) OR Beef Shepherd's Pie (1 slice)	Minced Beef Shepherd's Pie with Gravy	Trepuree Roast Beef (1)
	Mashed Potato (#20) Gravy	Mashed Potato (#20) Gravy	Mashed Potato (#20) Gravy	Pureed Parsley Potato
	Pick of the Day Vegetable (3oz)	Minced Pick of the Day Vegetable (#12)	Minced Pick of the Day Vegetable (#12)	Pureed Nutmeg Carrot
DESSERT	Berry Peach Crisp	Berry Peach Crisp	Berry Peach Crisp	Pureed Berry Peach Crisp

SANDWICH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
Lunch & Supper	Egg Salad Bologna Shredded Lettuce Mustard Sliced Cheese Shredded Lettuce	Egg Salad Bologna Shredded Lettuce Mustard Sliced Cheese Shredded Lettuce	Egg Salad	Alternate: Trepuree Fish Newburg Trepuree Pork Roast

CapitalCare	HERITAGE HOUSE / LAURII	ER HOUSE - RESIDENT'S MENU	Menu Subject to Change	DAY 26 (FRIDAY)
BREAKFAST	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
JUICE	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)
CEREAL	Rolled Oats with Flax (6oz) Choice of Cold Cereal	Rolled Oats with Flax (6oz) Choice of Cold Cereal	Rolled Oats with Flax (6oz) Choice of Cold Cereal	Rolled Oats with Flax (6oz)
ENTRÉE	Choice of Egg (Poached, Boiled, Scrambled) Cinnamon French Toast (1) Assorted Jam	Choice of Egg (Poached, Boiled, Scrambled) Cinnamon French Toast (1) Assorted Jam	Choice of Egg (Poached, Boiled, Scrambled) Cinnamon French Toast (1) Assorted Jam	Apple Blended Breakfast (#6)
Auffin of the Day	Pumpkin Muffin (1)	Pumpkin Muffin (1)	Pumpkin Muffin (1)	

LUNCH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
SOUP	Butternut Squash Soup (6oz)	Pureed Butternut Squash Soup (6oz)	Pureed Butternut Squash Soup (6oz)	Pureed Butternut Squash Soup (6oz)
SALAD	Cucumber and Tomato Slices	Cucumber and Tomato Slices		
ENTRÉE				
	Assorted Pizza (Vegetable OR Chef's Choice)	Assorted Pizza (Vegetable OR Chef's Choice)	Minced Ham (#12) Gravy	Trepuree Ham (1)
	, ,	,	Mashed Potato (#20) Gravy	Pureed Carrots
			Minced Mixed Vegetables (#12)	Pureed Turnips
DESSERT	Banana (1)	Banana (1)	Banana (1) Mashed with Fork	Banana (1) Mashed with Fork

SUPPER	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
ENTRÉE	Corn Flake Crusted Haddock (3oz) OR	Corn Flake Crusted Haddock (3oz) OR	Minced Maple Ginger Chicken (#12)	Pureed Fish Newburg (1)
	Maple Ginger Chicken (3oz)	Cut-Up Maple Ginger Chicken (3oz)	Mashed Potato (#20) Gravy OR	
	Steamed Rice (#20)	Steamed Rice (#20) Soya Sauce	Steamed Rice (#20) Soya Sauce	Pureed Herbed Potato
	Green Beans (3oz)	Minced Green Beans (#12)	Minced Green Beans (#12)	Pureed Butternut Squash
DESSERT	Homemade Butter Tart (1)	Homemade Butter Tart (1)	Homemade Butter Tart (1)	Pureed Homemade Butter Tart (#8)

SANDWICH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
Lunch & Supper	Egg Salad Chicken Salad Sliced Cheese and Tomato	Egg Salad Chicken Salad Sliced Cheese and Tomato	Egg Salad Chicken Salad	Alternate: Trepuree Chicken Roast Trepuree Turkey Roast



HERITAGE HOUSE / LAURIER HOUSE - RESIDENT'S MENU

Menu Subject to Change

DAY 27 (SATURDAY)

BREAKFAST	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
JUICE	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)
CEREAL	Cream of Wheat with Flax (6oz) Choice of Cold Cereal	Cream of Wheat with Flax (6oz) Choice of Cold Cereal	Cream of Wheat with Flax (6oz) Choice of Cold Cereal	Cream of Wheat with Flax (6oz)
ENTRÉE	Choice of Egg (Poached, Boiled, Scrambled) Toast (2 x ½ sl.) / Assorted Jam	Choice of Egg (Poached, Boiled, Scrambled) Toast (2 x ½ sl.) / Assorted Jam	Choice of Egg (Poached, Boiled, Scrambled) Toast (2 x ½ sl.) / Assorted Jam	Vanilla Blended Breakfast (#6)
Muffin of the Day	Mixed Fruit Muffin (1)	Mixed Fruit Muffin (1)	Mixed Fruit Muffin (1)	

LUNCH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
SOUP	Cream of Vegetable Soup (6oz)	Pureed Cream of Vegetable Soup (6oz)	Pureed Cream of Vegetable Soup (6oz)	Pureed Cream of Vegetable Soup (6oz)
SALAD	Mixed Green Salad (spoodle)	Minced Mixed Green Salad (#20)	Minced Mixed Green Salad (#20)	
ENTRÉE				Trepuree Beef Stroganoff (1)
	Crab Cake with Hollandaise Sauce Lemon Wedge	Cut-Up Crab Cake with Hollandaise Sauce Lemon Wedge	Cut-Up Crab Cake with Hollandaise Sauce Lemon Wedge	Pureed Dilled Red Potato
				Pureed Broccoli
DESSERT	Mandarin Oranges (#8)	Mandarin Oranges (#8)	Pureed Mandarin Oranges (#8)	Pureed Mandarin Oranges (#8)

SUPPER	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
ENTRÉE	Pork Schnitzel (3oz) OR Beef and Mushroom Tips (#8)	Cut-Up Pork Schnitzel (3oz) OR Beef and Mushroom Tips (#8)	Minced Beef Mushroom Tips (#8)	Trepuree Pork Roast (1)
	Egg Noodles (½ Cup)	Egg Noodles (½ Cup)	Mashed Potato (#20) Gravy	Pureed Savory Potato
	Diced Carrots (3oz)	Diced Carrots (3oz)	Minced Carrots (#12)	Pureed Carrots A L'Orange
DESSERT	Chocolate Pudding Cake (1 slice)	Chocolate Pudding Cake (1 slice)	Chocolate Pudding Cake (1 slice)	Pureed Chocolate Pudding Cake (#8)

SANDWICH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
Lunch & Supper	Egg Salad Salmon Salad	Egg Salad Salmon Salad	Egg Salad Salmon Salad	Alternate: Trepuree Beef Roast Trepuree Chicken Roast
	Shaved Ham Shredded Lettuce Mustard	Shaved Ham Shredded Lettuce Mustard		



HERITAGE HOUSE / LAURIER HOUSE - RESIDENT'S MENU

Menu Subject to Change

DAY 28 (SUNDAY)

BREAKFAST	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
JUICE	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)	Assorted Chilled Fruit Juice (4oz)
CEREAL	Oat Bran (6oz)	Oat Bran (6oz)	Oat Bran (6oz)	Oat Bran (6oz)
	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	
ENTRÉE	Choice of Egg (Poached, Boiled, Scrambled) Bacon	Choice of Egg (Poached, Boiled, Scrambled)	Choice of Egg (Poached, Boiled, Scrambled)	Banana Blended Breakfast (#6)
	Toast (2 x ½ sl.) / Assorted Jam	Toast (2 x ½ sl.) / Assorted Jam	Toast (2 x ½ sl.) / Assorted Jam	
Muffin of the Day	Mini Cinnamon Bun (1)	Mini Cinnamon Bun (1)	Mini Cinnamon Bun (1)	
LUNCH	DECIH AD	DVCDHACIA COET	MINCED	

LUNCH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
SOUP	Tomato Macaroni Soup (6oz)	Pureed Tomato Macaroni Soup (6oz)	Pureed Tomato Macaroni Soup (6oz)	Pureed Tomato Macaroni Soup (6oz)
SALAD	Spinach Mandarin Salad (spoodle)			
ENTRÉE	Chicken Strips (2) with Plum Sauce	Cut-Up Chicken Breast (3oz) Plum Sauce	Minced Chicken (#12) Plum Sauce	Trepuree Lemon Chicken (1)
	Steak Fries / Ketchup	Steak Fries / Ketchup	Mashed Potato (#20) Gravy	Pureed Parsley Potato
	,	, , , , , ,	(,, , , ,	Pureed Sweet Carrot
		Creamed Corn (#12)	Creamed Corn (#12)	
DESSERT	Watermelon	Watermelon	Pureed Watermelon (#8)	Pureed Watermelon (#8)

SUPPER	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
ENTRÉE	Hungarian Chicken (3oz) Sauce on the side OR Plain Baked Haddock Loin (3oz) Lemon Wedge	Cut-Up Hungarian Chicken (3oz) Sauce on the side OR Plain Baked Haddock Loin (3oz) Dilly Lemon Sauce	Plain Baked Haddock Loin (3oz) Dilly Lemon Sauce	Trepuree Turkey A La King (1)
	Cheesy Mashed Potato (#20)	Cheesy Mashed Potato (#20)	Cheesy Mashed Potato (#20)	Pureed Pasta
	Broccoli Crowns (3oz)	Minced Broccoli (#12)	Minced Broccoli (#12)	Pureed Butter Peas
DESSERT	Lemon Meringue Pie (1 slice)	Lemon Meringue Pie (1 slice)	Lemon Meringue Pie (1 slice)	Pureed Lemon Meringue Pie (#8)

SANDWICH	REGULAR	DYSPHAGIA SOFT	MINCED	PUREED
	Shaved Beef Shredded Lettuce Mustard	Shaved Beef Shredded Lettuce Mustard		Alternate: Trepuree Pork Roast
Lunch & Supper	Egg Salad	Egg Salad	Egg Salad	Trepuree Beef Roast
	Crab Salad	Crab Salad	Crab Salad	

Date: 6/30/2023