

## FALL / WINTER RESIDENT MENU 2024 - 2025 – LAURIER HOUSE LYNNWOOD

Regular Menu: Week 1 at a glance **Sept 30-Oct 6, Oct 21-27, Nov 11-17, Dec 2-8, Dec 23-29, Jan 13-19, Feb 3-9, Feb 24- Mar 2, Mar 17-23, Apr 7-13, Apr 28- May 4, May 19-25** \*MENU SUBJECT TO CHANGE

WEEK 1	MONDAY – Day 1	TUESDAY – Day 2	WEDNESDAY – Day 3	THURSDAY – Day 4	FRIDAY – Day 5	SATURDAY – Day 6	SUNDAY – Day 7
<b>LUNCH</b>							
SOUP	Chicken Rice	Country Vegetable	Minestrone	Corn Chowder	Cream of Mushroom	Butternut Squash	Beef Vegetable
SALAD	Mixed Greens	Garden Salad	Tossed Salad	Mixed Greens	Carrot & Raisin Salad	Pickled Beet Salad	Garden Salad
MAIN ENTRÉE	Pasta Alfredo with Shrimp	Homestyle Chili Shredded Cheese	Pyrogies Diced Onion, Bacon Bits, Sour Cream	Rueben Sandwich Dill Pickle	Battered Pollock Tartar Sauce	Chicken Fillets with Plum Sauce	Creamy Macaroni & Cheese
STARCH		Vienna Bun	Beef Cabbage Roll		French Fries	Mashed Sweet Potatoes	
VEGETABLE		Peas				Italian Mixed Vegetables	Peas
DESSERT	Fruit Cocktail	Lemon Pudding	Mandarin Orange Sections	Diced Pears	Fresh Fruit	Tropical Ambrosia	Mandarin Orange Sections
<b>SUPPER</b>							
MAIN ENTRÉE	Honey Garlic Pork or Ginger Beef	Crispy Chicken	Meatloaf with Gravy	Chicken a la King	Baked Pasta with Meat Sauce	Pork Riblet or BBQ Beef Riblet	Roast Turkey with Gravy Cranberry Sauce
STARCH	Steamed Rice	Yam Fries	Mashed Potatoes	Biscuit	Garlic Bread	Baked Potato Chives, Bacon Bits, Sour Cream	Mashed Potatoes
VEGETABLE	Stir Fry Vegetables	California Mixed Vegetables	Kernel Corn	Eurogold Mixed Vegetables	Caesar Salad	Broccoli & Cauliflower with Cheese Sauce	Julienne Dilled Carrots
DESSERT	Jello	Home Baked Cookies	Chocolate Fudge Cake	Mini Donuts	Tiramisu Mousse	Ice Cream Novelty	Strawberry Rhubarb Pie

Breakfast Menu consists of the following items: Juice (Apple, Orange, Cranberry), Cereal (Hot, Cold), Protein (Egg, Yogurt) and Starch (Toast, Muffin). Selections will vary by day.  
 Assorted Sandwiches offered at Lunch and Supper  
 Beverage Cart (hot and cold) offered at Breakfast, Lunch and Supper

## FALL / WINTER RESIDENT MENU 2024 - 2025 – LAURIER HOUSE LYNNWOOD

Regular Menu: Week 2 at a glance

Oct 7-13, Oct 28-Nov 3, Nov 18-24, Dec 9-15, Dec 30-Jan 5, Jan 20-26, Feb 10-16, Mar 3-9, Mar 24-30, Apr 14-20, May 5-11

\*MENU SUBJECT TO CHANGE

WEEK 2	MONDAY – Day 8	TUESDAY – Day 9	WEDNESDAY – Day 10	THURSDAY – Day 11	FRIDAY – Day 12	SATURDAY – Day 13	SUNDAY– Day 14
<b>LUNCH</b>							
SOUP	Country Vegetable	Beef Noodle	French Onion	Cream of Tomato	Italian Wedding	Minestrone	Beef Vegetable
SALAD	Overnight Coleslaw	Garden Salad	Tossed Salad	Mixed Greens	Coleslaw	Spinach Salad	Garden Salad
MAIN ENTRÉE	Crunchy Perch Tartar Sauce	Grilled Chicken Breast	Shepherd’s Pie with Gravy	Grilled Ham & Cheese Sandwich	Alaskan Fish Bites Tartar Sauce	Western Omelet or Garden Omelet with Salsa	Turkey Schnitzel with Gravy
STARCH	Mashed Potatoes	Garlic Mashed Potatoes		Dill Pickle	Yam Fries	Potato Patties	Mashed Potatoes
VEGETABLE	Eurogold Mixed Vegetables	Kernel Corn	Green Beans				California Mixed Vegetables
DESSERT	Buttertart Bar	Fruit Cocktail	Home Baked Cookies	Mandarin Orange Sections	Ice Cream Dixie	Apple Strudel	Fruit Salad
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
MAIN ENTRÉE	<u>Pizza</u> Choice of Ham & Pineapple or Vegetarian	Corned Beef & Cabbage	Sweet & Sour Chicken Balls	Steak & Mushroom Pot Pie	Bombay Chicken Breast	Beef Lasagna	Festive Baked Ham or Roast Beef with Gravy
STARCH		Roasted Potatoes	Fried Rice Spring Roll Fortune Cookie		Steamed Rice	Garlic Bread	Scalloped Potatoes
VEGETABLE	Crunchy Salad	Tossed Salad	Stir Fry Vegetables	California Mixed Vegetables	Eurogold Mixed Vegetables	Caesar Salad	Peas
DESSERT	Diced Pears	Bread Pudding with Caramel Sauce	Jello	Tapioca Pudding	Fresh Fruit	Creme Brule	Pumpkin Pie

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## FALL / WINTER RESIDENT MENU 2024 - 2025 – LAURIER HOUSE LYNNWOOD

Regular Menu: Week 3 at a glance **Oct 14- 20, Nov 4-10, Nov 25-Dec 1, Dec 16-22, Jan 6-12, Jan 27-Feb 2, Feb 17-23, Mar 10-16, Mar 31-Apr 6, Apr 21-27, May 12-18** \*MENU SUBJECT TO CHANGE

WEEK 3	MONDAY – Day 15	TUESDAY – Day 16	WEDNESDAY – Day 17	THURSDAY – Day 18	FRIDAY – Day 19	SATURDAY – Day 20	SUNDAY– Day 21
<b>LUNCH</b>							
SOUP	Cream of Broccoli	Italian Wedding	Beef Noodle	Turkey Vegetable	Tomato Bisque	Cream of Vegetable	Beef Barley
SALAD	Tossed Salad	Coleslaw	Spinach Salad	Garden Salad	Cucumber Salad	Mixed Greens	Garden Salad
MAIN ENTRÉE	Beef Hot Dog with Fried Onions	Cod Nuggets with Tartar Sauce	<u>Sandwich Platter</u> Choice of Shaved Turkey, Lettuce & Mayo Wrap, Egg Salad, Crab Salad	Broccoli & Cheese Frittata	Chicken Kabob with Tzatziki Sauce	Beef Burger on a Bun (shredded lettuce, cheese & tomato)	Pork Sausages
STARCH							Belgian Waffle with Fruit Sauce & Whipped Topping
VEGETABLE	Baked Beans	Steak Fries		Mini Croissant	Steamed Rice	Onion Rings	
DESSERT	Home Baked Cookies	Diced Pears	Ice Cream Novelty	2 Bite Chocolate Brownie	Home Baked Cookies	Fresh Fruit	Mandarin Orange Sections
<b>SUPPER</b>							
MAIN ENTRÉE	Cranberry Quarter Chicken	Beef Meatballs with Gravy	Pork Tenderloin with Applesauce or Garden Vegetable Pattie	Homemade Beef Stew	Parsley Salmon with Lemon Dill Sauce or Beef Lasagna	Mustard Glazed Chicken Thighs	Roast Beef with Gravy
STARCH	Mashed Potatoes	Egg Noodles	Baked Potato Chives, Bacon Bits, Sour Cream	Baked Biscuit	Roasted Potatoes	Mashed Potatoes	Garlic Mashed Potatoes
VEGETABLE	Brussel Sprouts	Parslied Julienne Carrots	Diced Squash	Green Beans	Italian Mixed Vegetables	Eurogold Mixed Vegetables	Diced Turnips
DESSERT	Rice Pudding	Date Square	Mandarin Orange Sections	Warm Fruit Crisp	Cream Puffs	Caramel Vanilla Swirl Cake	Banana Cream Pie

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 Beverage Cart (hot and cold) offered at Breakfast, Lunch and Supper