

# COVID-19 CONTINUING CARE DAILY CHECKLIST

## Visitors

### Overview

This tool was developed to support continuing care sites and reduce the risk of transmission of COVID-19. **Visitors** are required to complete this checklist before entering the continuing care site. Children may need a parent or guardian to assist them to complete this screening tool.

**Any person who is a confirmed case of COVID-19, or has been tested for COVID-19 and is awaiting the results, must not enter the site and must follow isolation requirements as per [current CMOH Orders](#).**

1.	Have you traveled outside Canada in the last 14 days <b>AND</b> have you been directed to quarantine?	YES	NO
<p><b>If you answered “YES”:</b></p> <ul style="list-style-type: none"> <li>Do not enter the site unless you have been authorized for an exemption from quarantine.</li> <li>Please see the <a href="#">Government of Canada Travel, Testing, Quarantine and Borders</a> for more information regarding quarantine requirements,</li> </ul> <p><b>If you answered “NO”, proceed to question 2.</b></p>			
2.	<p><b>Have you had any known close contact with a confirmed case of COVID-19 in the last 10 days?</b></p> <p>Close Contact - means a person who: without the consistent and appropriate use of personal protective equipment, provides care to, lives with, or has close physical contact with, a person who is a confirmed case of COVID-19; or has come into contact with the infectious body fluids of a person who is a confirmed case of COVID-19.</p> <p>Confirmed case- means a person who has had a positive result on a COVID-19 test that confirms the person is infected with COVID-19. Tests can be rapid antigen tests or molecular tests.</p>	YES	NO
<p><b>If you answered “YES”:</b></p> <ul style="list-style-type: none"> <li>Do not enter the site for 10 days from the last day of exposure, regardless of your immunization status.</li> </ul> <p><b>If you answered “NO”, proceed to question 3.</b></p>			

3.	<b>Do you have any new onset (or worsening) of the following symptoms:</b>		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
• Conjunctivitis (commonly known as pink eye)	YES	NO	

**If you answered “YES” to any symptom in question 3:**

- Stay home or return home. Do not enter the site
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to receive additional information on testing and isolation.

**ADULTS:** If you have **fever, cough, shortness of breath, runny nose, sore throat** or **loss of sense of taste/smell**, you are required to isolate as per the current [CMOH Order](#):

- If you are **fully immunized**<sup>1</sup>, you must isolate for 5 days from the onset of symptoms or until they resolve<sup>2</sup> whichever is longer. After this isolation period, up to a total of 10 days past symptom onset, you are required to wear a mask when you are outside of the home, in a public place or otherwise in the company of other persons out of your household, with no exceptions; **OR**
- If you are **NOT fully immunized**<sup>1</sup>, you must isolate for 10 days from the onset of symptoms or until they resolve<sup>2</sup> whichever is longer.
- Whether you are fully immunized or not, even if you have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, you still must isolate until symptoms resolve<sup>3</sup>.

**CHILDREN:** If you have **fever, cough, shortness of breath**, or **loss of sense of taste/smell**, you are required to isolate as per the current [CMOH Order](#):

- If you are **fully immunized**<sup>1</sup>, you must isolate for 5 days from the onset of symptoms or until they resolve whichever is longer. After this isolation period, up to a total of 10 days past symptom onset, you are required to wear a mask when you are outside of the home, in a public place or otherwise in the company of other persons out of your household, with no exceptions **OR**
- If you are **NOT fully immunized**<sup>1</sup>, you must isolate for 10 days from the onset of symptoms or until they resolve<sup>2</sup> whichever is longer.
- Whether you are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms resolve<sup>2</sup>.

**If you answered “NO”:**

- You may enter the site.

<sup>1</sup> A fully immunized person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one dose series (e.g. Janssen). If you do not meet this criteria, you are considered NOT fully immunized.

<sup>2</sup> Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

