CapitalCare EDMONTON AREA

GRANDVIEW SEASONAL REGULAR RESIDENT MENU 2026-2027 *MENU SUBJECT TO CHANGE

Regular Menu: Week 1 at a glance | Nov 23-29,Dec 21-27,Jan 18-24,Feb 15-21, Mar15-21,April 12,18,May 10-16,June 7-13,July 5-11,Aug02-08,Aug30-Sept05,Sept7-Oct 3,Oct25-31,Nov22-28

WEEK 1	MONDAY – Day 1	TUESDAY – Day 2	WEDNESDAY – Day 3	THURSDAY – Day 4	FRIDAY – Day 5	SATURDAY – Day 6	SUNDAY– Day 7
LUNCH							
SOUP	Hearty Bean Medley Soup	Minestrone Soup	Homemade Tomato Bisque Soup	Chicken Noodle Soup	Cream of Vegetable Soup	Butternut Squash Soup	Split Pea Soup
SALAD	Pickle Spears	Creamy coleslaw		Tossed Salad		Tossed Green Salad	Spinach and Mandarin Salad
MAIN ENTRÉE	Assorted Sandwiches (Egg Salad, Sliced Turkey, Tuna salad, Peanut Butter &jelly)	Beer Battered Haddock	BBQ Shredded Pork w/ Gravy and Corn Muffin	Shepherd's Pie	Beef & Macaroni Casserole	Honey Garlic Boneless Chicken Wings	Grilled Monte Cristo Sandwich
STARCH			Baked Beans		Steamed Peas	Sweet Potatoes Fries	
VEGETABLE							
DESSERT	Diced Pears	Diced Peaches	Strawberry Pudding	Fruit Cocktail	Banana	Diced Pears	Jell-O
SUPPER							
MAIN ENTRÉE	Salisbury Steak	Chicken Cordon Bleu	Ginger Beef W/ Sauce	Honey Garlic Pork	Steamed Haddock w/ Lemon Dill Sauce	BBQ Pork Cutlet Rib	Turkey A'LA king with Puff Pastry
STARCH	Mashed Potatoes	Scalloped Potatoes	Steamed Noodles	Jasmine Rice	Ranch Potatoes	Baked Potato (Sour Cream, Bacon Bits, Green Onion)	Mashed Potatoes
VEGETABLE	French Green Beans	California Mixed Veggies	Broccoli	Cauliflower	Pick of the Day Vegetables	Peas	Carrots
DESSERT	Trifle	Tapioca Pudding	Sundae Vanilla Cup	Oven Baked Apple Crisp	Date Square	Strawberry Vanilla Cake with Whipped Topping	Chocolate Crème Pie
Assorted Sandwiches offered at Lunch and Supper Dessert Cart offered at Lunch and Supper Beverage Cart (hot & cold) offered at Breakfast, Lunch and Supper							

CapitalCare EDMONTON AREA

GRANDVIEW SEASONAL REGULAR RESIDENT MENU 2026-2027

*MENU SUBJECT TO CHANGE

Regular Menu: Week 2 at a glance | Nov 30-Dec 6,Dec 28-Jan 3,Jan 25-31,Feb 22-28,Mar 22-28,April 19-25,May 17-23,June 14-20,July 12-18,Aug 9-15,Sept 6-12,Oct 4-10, Nov 1-7

WEEK 2	MONDAY – Day 8	TUESDAY – Day 9	WEDNESDAY – Day 10	THURSDAY – Day 11	FRIDAY – Day 12	SATURDAY – Day 13	SUNDAY– Day 14
LUNCH							
SOUP	Potato Chowder Soup	Chicken Mushroom Soup	Borscht Soup	Turkey Vegetable Soup	Vegetable Lentil Soup	Beef Barley Soup	Tomato Macaroni Soup
SALAD		Mix Green Salad			Creamy Coleslaw	Greek Salad	Sliced Cucumber
MAIN ENTRÉE	Peri Peri Chicken Brest	Hamburger on a Bun w/ Homemade Burger Sauce	Garlic Sausage & Perogy W/Onions & Bacon, & Sour cream	Oriental Tofu w/ Jasmine Rice	Fish Burger w/ Tartar sauce & Lemon Wedge	Summer Vegetables Frittata	Chicken Strips with Plum Sauce
STARCH	Mashed Potatoes	Steak Fries			Steak Fries w/ Ketchup		
VEGETABLE	Glazed Carrots		Cabbage Roll & Tomato Sauce			Tater Tots	Onion Rings
DESSERT	Coconut Pudding	Diced Pears	Diced Mango	Chocolate Pudding	Diced Peaches	Jell-o	Fruit Cocktail
SUPPER							
MAIN ENTRÉE	Irish Lamb Stew	Chicken Alfredo Penne Pasta	Multigrain Tilapia W/ Lemon Dill Sauce	Beef Stew	Butter Chicken	Spaghetti Bolognese	Honey Mustard Glazed Black Forest Ham
STARCH	Rosted Yellow Baby Potatoes	Julienne Carrots	Steamed Rice W/ Soy Sauce	Mashed Potatoes	Jasmine Rice	Oven baked Garlic Bread	Cheesy Mashed Potatoes
VEGETABLE	Sunrise Vegetable		French Green Beans	Peas	Rosted Cauliflower	Broccoli	Baked Squash
DESSERT	Swiss Mocha Pudding	Creamy Blueberry Cheesecake	Butterscotch Pudding	Chocolate Brownie	Tiramisu Mousse	Oven Baked Cherry Crisp	Boston Crème Pie

Assorted Sandwiches offered at Lunch and Supper
Dessert Cart offered at Lunch and Supper
Beverage Cart (hot & cold) offered at Breakfast, Lunch and Supper

CapitalCare EDMONTON AREA

GRANDVIEW SEASONAL REGULAR RESIDENT MENU 2026-2027

*MENU SUBJECT TO CHANGE

Regular Menu: Week 3 at a glance | Nov 9-15,Dec 7-13,Jan 4-10,Feb 1-7,Mar 1-7,Mar 29-April 4,April 26-May 2,May 24-30,June 21-27,July 19-25,Aug 23-29,Sept 13-19,Oct 11-17,Nov 8-14,Dec 6-12

WEEK 3	MONDAY – Day 15	TUESDAY – Day 16	WEDNESDAY – Day 17	THURSDAY – Day 18	FRIDAY – Day 19	SATURDAY – Day 20	SUNDAY– Day 21
LUNCH							
SOUP	Cream of Mushroom Soup	Chicken Noodle Soup	Vegetable Soup	Pumpkin Bisque	Cabbage Roll Soup	Tomato Navy Bean Soup	Cream of Tomato Soup
SALAD	Tossed Greens	Caesar Salad	BLT Salad	Tossed Mix Greens	Mix Green Salad	Diced Cucumber	KFC Style Coleslaw
MAIN ENTRÉE	Grilled Chipotle Chicken Salad Sandwich w/cheese on WW Bun	Cheese Pizza	Vegetable Primavera w/ garlic Sausage w/ garlic Toast	Steak & Mushroom Pot Pie	Turkey Grilled Cheese Sandwich with Cranberry Mayo	Beef Lasagna w/ Garlic Stick	Crispy Chicken Drumstick
STARCH							Croissant
VEGETABLE	Sweet Potato Fries			Peas			
DESSERT	Butterscotch Pudding	Assorted Yogurt	Diced Peaches	Banana	Jello	Fruit Cocktails	
SUPPER							
MAIN ENTRÉE	Homemade BBQ Meatloaf	Swedish Turkey Meatball	Tomato Basil Roast Pork	Herb Grilled Chicken	Baked Cajun Salmon w/ Lemon Dill Sauce	Chicken Piccata (Floured w/ Fried Chicken in a Lemon Caper Sauce)	Roast Beef w/ Gravy & Horseradish
STARCH	Ranch Potato	Egg Noodles	Oven Roasted Creamer Potato	Mashed Potatoes	Schwartzies Potatoes	Scalloped Potatoes	Mashed Potatoes
VEGETABLE	Harvard Beets	Peas	Broccoli	Pick of the Day Vegetables	Green Beans	Carrot Julienne	Diced Turnips
DESSERT	Nanaimo Bar	Baked Vanilla Custard	White Chocolate Cookies	Chocolate Cake	Coconut Rice Pudding	Tres Leches Cake	Banana Crème Pie

Assorted Sandwiches offered at Lunch and Supper
Dessert Cart offered at Lunch and Supper
Beverage Cart (hot & cold) offered at Breakfast, Lunch and Supper

CapitalCare EDMONTON AREA

GRANDVIEW SEASONAL REGULAR RESIDENT MENU 2026-2027

*MENU SUBJECT TO CHANGE

Regular Menu: Week 4 at a glance | Nov 16-22,Dec 14-20,Jan11-17,Feb 8-14,Mar 8-14,April 5-11,May 3-9,May 31-June6,June 28-July 4,July 26-Aug 1,Aug23-29,Sept 20-26,Oct 18-24,Nov 15-21,Dec 13-19

WEEK 4	MONDAY – Day 22	TUESDAY – Day 23	WEDNESDAY – Day 24	THURSDAY – Day 25	FRIDAY – Day 26	SATURDAY – Day 27	SUNDAY– Day 28
LUNCH							
SOUP	Cream of Broccoli & Cheese Soup	Corn Chowder Soup	Beef Noodle Soup	Cream of Vegetable Soup	Mushroom Barley Soup	Chicken and Rice Soup	Beef Vegetable Soup
SALAD			Mix Green Salad	Tossed Salad	Cucumber & Dill Salad		Mixed Greens
MAIN ENTRÉE	Herbed Baked Chicken Breast w/ Mashed Potatoes & Mixed Vegetables	Potato Crusted Cod	Vegetarian Meatball & Tomato Basil Sauce w/ Egg Noodles	Tomato and Pepper Quiche	Herb Roast Lemon Chicken	Tomato, Cheese, & Lettuce Sandwich on WW	Mac & Cheese w/ Garlic Sticks
STARCH		Sesame Rice & Peas			Mashed Potatoes	Sweet potato fries	
VEGETABLE							
DESSERT	Diced Pears	Sliced Strawberries	Vanilla Greek Yogurt	Fruit Cocktail	Apple Sauce	Mandarins	Jell-O
SUPPER							
MAIN ENTRÉE	Home-Style Chili with Shredded Cheese	Pork Stew	Chicken Stir Fry with Vegetables & Sauce	Beef Bourguignon	Haddock Fish w/ Tarragon Cream Sauce	Shepherds Pie	Hungarian Chicken
STARCH	Corn Meal Muffin	Mashed Potatoes	Steamed Noodles	Fingerling Roasted Potato	Steamed Rice w/ Soy Sauce	Garlic Bread	Egg Noodles
VEGETABLE	Carrots	Sunrise Vegetables		Pick of the Day Vegetable	French Green Beans	Diced Carrots	Broccoli
DESSERT	Assorted Cookies	Homemade Carrot Cake	Cheesecake w/ Fruit Compote	Mini Donuts	Homemade Butter Tarts	Chocolate Pudding Cake	Coconut Crème Pie

Assorted Sandwiches offered at Lunch and Supper
Dessert Cart offered at Lunch and Supper
Beverage Cart (hot & cold) offered at Breakfast, Lunch and Supper