

# Adult Day Support Programs

The Adult Day Support Program provides wellness services for individuals who live in the community and require a structured support program.

These programs assist clients in maintaining their highest level of independence so they can stay in their homes for as long as possible.



## Who is eligible?

### CapitalCare Dickinsfield - Young Adult Day Support

- For individuals between the ages of 18 and 59
- Individuals with physical, emotional and/or social limitations

### Kipnes Centre for Veterans

- For veterans and non-veterans with physical, emotional and/or social limitations

### CapitalCare Strathcona

- Individuals with cognitive limitations in addition to physical, emotional and/or social limitations

## Service locations in Edmonton and area:

- **CapitalCare Dickinsfield**  
14225 94 Street
- **Kipnes Centre for Veterans**  
4470 McCrae Avenue
- **CapitalCare Strathcona**  
12 Brower Drive, **Sherwood Park**

## Services provided:

- Recreational activities
- Meals and snacks
- Family and client education and support
- Spiritual care\*
- Gym exercises\*\*
- Cognitive exercises\*\*

\*Dickinsfield and Kipnes Centre only

\*\*Strathcona only

## Referral needed:

Clients are assessed by a community care coordinator or their Home Care case managers.

## For more information or a referral

Please visit [www.capitalcare.net](http://www.capitalcare.net) (Click on Programs) for more information or call Alberta Health Services - Community Care Access at 780.496.1300 for a referral.