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### **EVERYDAY HEROES RUN FOR THE BRAVE – AUG.22**

Edmonton – Racers from all walks of life will converge on Canadian Forces Base (CFB) Edmonton tomorrow for the Run for the Brave 10K Road Race and Family Fun Walk:

**When: Saturday August 22, 9:30 a.m. – 12 p.m.**

**Where: Steele Barracks, Edmonton Garrison, 185 Mons Ave./Hwy 28A** (straight north of Edmonton on 97 St.)

In addition to the races, military units serve a traditional pancake breakfast and racers can climb aboard armoured vehicles. One lucky winner will get to ride in a Leopard tank.

“The Edmonton Garrison is proud to support this charity event, benefiting those whose foot steps we follow,” says Lt.-Col Tom Bradley, Commanding Officer at CFB Edmonton.

Proceeds from the event support the CapitalCare Kipnes Centre for Veterans, a continuing care centre for Veterans with Alzheimer’s Disease and other chronic or disabling illnesses.

Run for the Brave, now in its sixth year, was formerly known as Tanks ‘n Tags. The name change reflects the spirit of courage and selflessness demonstrated by the everyday heroes who support the race each year.

“It lifts the spirits of our Veterans to see people come out in wheelchairs, on prosthetic legs and even in strollers,” says Betty Kolewaski, Administrator of the CapitalCare Kipnes Centre for Veterans. “It makes them feel that they have not been forgotten and that their sacrifices in years past are appreciated.”

Run for the Brave features a 10K Road Race, a 5K Family Fun Walk, and a 1K Kids’ Run. Races begin at 9:30 a.m. Medal presentations begin at approximately 10:45 a.m.

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