

## Media Advisory

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July 15, 2009

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### **MILITARY BRINGS CAPITAL EX SPIRIT TO VETERANS CAPITALCARE LAUNCHES RUN FOR THE BRAVE**

Edmonton – Members of the 408 Tactical Helicopter Squadron will host their annual Capital EX Pancake Breakfast at the Kipnes Centre for Veterans, and help launch CapitalCare’s Run for the Brave 10K Road Race and Family Fun Walk:

**When: Friday July 17, 9 – 11 a.m.**

**Where: CapitalCare Kipnes Centre for Veterans, 4470 McCrae Ave.  
(152 Ave & Castle Downs Rd.)**

This year’s Capital Ex parade has a military theme. A contingent of Canadian troops will march in the parade as a gesture to acknowledge the role of the military in Edmonton. The CapitalCare Kipnes Centre for Veterans is a continuing care centre for 120 Canadian Veterans with Alzheimer’s, other forms of dementia and chronic disabling illnesses.

“It’s important for us to honour all those who have fought in the service of our country and as a gesture to those who served before us, we bring Capital Ex spirit to Veterans through this event,” said Captain Rod Dietzmann, 408 Squadron Public Affairs Officer.

Run for the Brave (formerly known as Tanks ‘n Tags) take place August 22, 2009 at the Edmonton Garrison and supports the Kipnes Centre for Veterans. Members of the military support the race, now in its sixth year, by serving the post-race pancake breakfast, displaying armoured vehicles and offering a soldier-for-a day prize package that includes a tank ride.

“Run for the Brave is a morning of fun and fitness for the whole family,” said Bernadette DeSantis, Communications Manager for CapitalCare. “It’s another way to support our troops, past and present, and to help them live comfortably at all stages of their lives.”

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