






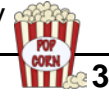







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 10:30 Morning Social 2:30 Canada Day w/ Rae and Randy 4:00 Walking Group 6:00 Movie Night  Canada Day	2 10:30 Fun and Fitness 2:30 Manicures 4:00 Walking Group 6:30 Sing-A-Long	3 10:00 Pet Therapy 10:30 Fun and Fitness 2:30 Reminisce 4:00 Walking Group 6:30 Andy Griffin Show 	4 10:00 Rosary Group 10:30 Fun and Fitness 2:30 Indoor Hockey 4:00 Walking Group 6:30 House Activities Independence Day	5 10:30 Anglican Service 10:30 Fun and Fitness 2:30 Wayne O. 4:00 Walking Group 6:30 Bingo	6 10:30 Catholic Service 2:30 Happy Hour  3:45 Outdoor Social 4:00 Walking Group 6:30 Gaither's Gospel Hour	Hot Dog Day 7 10:30 Morning Social 2:30 Outdoor Activities 4:00 Walking Group 6:00 Lawrence Welk		
8 10:30 Morning Social 2:00 Church Service 4:00 Walking Group 6:00 Movie Night	9 10:30 Fun and Fitness 2:30 Helping Hands 4:00 Walking Group 6:30 Paint Night 	10 10:00 Pet Therapy 10:30 Fun and Fitness 1:00 Bible Times 2:30 Wildrose Fiddlers 4:00 Walking Group 6:30 I love Lucy	11 10:00 Rosary Group 10:00 Country Drive 10:30 Fun and Fitness 2:30 Movie Matinee w/ Popcorn 4:00 Walking Group 6:30 House Activities	12 10:30 Fitness and fun w/ the kids 1:00-3:00 Edmonton Antique Car Club 4:00 Walking Group 6:30 Karaoke 	13 10:30 Fun and Fitness 2:30 Outdoor Garden Social 3:45 Outdoor Social 4:00 Walking Group 6:30 Gaither's Gospel Hour	14 10:30 Morning Social 2:30 Outdoor Activities 4:00 Walking Group 6:00 Lawrence Welk 		
15 10:30 Morning Social 2:30 Sing-A-long w/ Maureen 4:00 Walking Group 6:00 Movie Night 	16 10:30 Fun and Fitness 2:30 Baking 4:00 Walking Group 6:30 Filipino Singers and Dancers	17 10:00 Pet Therapy 10:30 Fun and Fitness 2:30 Helping Hands 4:00 Walking Group 6:30 Andy Griffin Show	18 10:00 Rosary Group 10:30 Fun and Fitness 2:30 Dwayne Cannon 4:00 Walking Group 6:30 House Activities	19 10:30 Fitness and fun w/ the kids 2:30 MPN Anniversary Tea 4:00 Walking Group 6:30 Bingo	20 10:00 Aviation Museum Outing 10:30 Fun and Fitness 2:30 Happy Hour 3:45 Outdoor Social 4:00 Walking Group 6:30 Gaither's Gospel Hour	21 10:30 Morning Social 2:30 Outdoor Activities 4:00 Walking Group 6:00 Lawrence Welk		
22 10:30 Morning Social 2:00 Church Service 4:00 Walking Group 6:00 Movie Night	23 10:30 Fun and Fitness 2:30 Bruce Veroba 4:00 Walking Group 6:00 Sing-A-Long	24 10:00 Pet Therapy 10:30 Fun and Fitness 1:00 Bible Times 2:30 Movie Matinee w/ Popcorn 4:00 Walking Group 6:30 I love Lucy 	25 10:00 Rosary Group 10:30 Fun and Fitness 2:30 Monthly Birthday Party w/ Button Box Bill 4:00 Walking Group 6:30 House Activities 	26 10:30 Fun and Fitness 2:00 Baking 4:00 Walking Group 6:30 Karaoke 	27 10:30 Fun and Fitness 2:30 Outdoor Garden Social 3:45 Outdoor Social 4:00 Walking Group 6:30 Gaither's Gospel Hour 	28 10:30 Morning Social 2:30 Outdoor Activities 4:00 Walking Group 6:00 Lawrence Welk		
29 10:30 Morning Social 2:30 Sing-A-long w/ Norman Swain 4:00 Walking Group 6:00 Movie Night	30 10:30 Fun and Fitness 2:30 Knitting Club 4:00 Walking Group 6:00 Paint Night	31 10:00 Pet Therapy 10:30 Fun and Fitness 2:30 Jackson MacKenzie 4:00 Walking Group 6:30 Andy Griffin Show						

July 2018

McConnell North Recreation Activity Calendar

PLEASE NOTE: ALL PROGRAMS ARE FLEXIBLE AND SUBJECT TO LAST MINUTE CHANGES WITHOUT NOTICE: PLEASE SEE WHITE BOARD IN HOUSES FOR MOST UP TO DATE INFORMATION.