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<b>Podiatry Dates:</b> Oct. 12, 2018-Dr. Chen Oct. 30, 2018- Dr. Limmany <b>Alzheimer's Society Meeting Oct. 24, 2018</b> 7-9pm	<b>1</b> 10:30 Fun and Fitness 2:30 Helping Hands 4:00 Walking Group 6:30 Sing-A-Long	<b>2</b> 10:30 Vinyl Cafe 1:00 Pet Therapy 2:30 Manicures 4:00 Fun and Fitness <b>6:30 Jackson MacKenzie</b> Simchat Torah 	<b>3</b> 10:00 Rosary Group 10:30 Fun and Fitness 2:30 Pumpkin Painting 4:00 Walking Group 6:30 House Activities	<b>4</b> 10:00 Anglican Service 10:30 Fun and Fitness 2:30 Ice Cream Social 4:00 Active Game <b>6:30 NightHawks</b>	<b>5</b> 10:30 Catholic Mass 2:30 Pumpkin Painting 4:00 Walking Group 6:30 Gaither's Gospel Hour 	<b>6</b> 10:30 Morning Social <b>2:30 Val Abello</b> 4:00 Walking Group 6:00 Lawrence Welk 
<b>7</b> 10:30 Morning Social <b>2:30 Sing-A-long w/ Jacinta</b> 4:00 Walking Group 6:00 Movie Night 	<b>8</b> 10:30 Fun and Fitness 2:30 Apple Tasting 4:00 Walking Group 6:30 Paint Night  Columbus Day (US) Thanksgiving Day (Canada)	<b>9</b> <u>Flu Clinic 9-12pm</u> 10:30 Short Stories 1:00 Bible Times <b>2:30 Dwayne Cannon</b> 4:00 Afternoon Social 6:30 Indoor Volleyball	<b>10</b> 10:00 Rosary Group 10:30 Fun and Fitness 2:30 What's that Smell? 4:00 Walking Group 6:30 House Activities	<b>11</b> 10:30 Fun and Fitness 2:30 Hot Drinks Social 4:00 Active Game 6:30 Bingo 	<b>12</b> 10:30 Fun and Fitness 2:30 Happy Hour 4:00 Walking Group 6:30 Gaither's Gospel Hour 	<b>13</b> 10:30 Morning Social <b>2:30 Bobby Gothem</b> 4:00 Walking Group 6:00 Lawrence Welk
<b>14</b> 10:30 Morning Social 2:00 Church Service 4:00 Walking Group 6:00 Movie Night	<b>15</b> 10:30 Fun and Fitness 2:30 Laughter Yoga 4:00 Walking Group <b>6:30 HSA Performance</b> 	<b>16</b> 10:30 Short Stories 1:00 Pet Therapy 2:30 Meditation Station 4:00 Fun and Fitness 6:30 Halloween Movie	<b>17</b> 10:00 Rosary Group 10:30 Fun and Fitness 2:30 Travelogue 4:00 Walking Group <b>6:30 Diamond Square Dancing</b>	<b>18</b> 10:30 Fun and Fitness 2:30 Ice Cream Social 4:00 Active Game 6:30 Bingo 	<b>19</b> <u>Maria's F. Birthday!!</u> 10:30 Fun and Fitness <b>2:30 Wayne O.</b> 4:00 Walking Group 6:30 Gaither's Gospel Hour 	<b>20</b> 10:30 Morning Social 2:30 Pumpkin Craving 4:00 Walking Group 6:00 Lawrence Welk 
<b>21</b> <u>John's Birthday!!</u> 10:30 Morning Social <b>2:30 Sing-A-long w/ Jacinta</b> 4:00 Walking Group 6:00 Movie Night 	<b>22</b> 10:30 Fun and Fitness <b>2:30 Bruce Veroba</b> 4:00 Walking Group 6:30 Paint Night 	<b>23</b> 10:30 Short Stories 1:00 Bible Times 2:30 Reminiscing 4:00 Fun and Fitness 6:30 Musical Jamming w/ Nicole	<b>24</b> 10:00 Rosary Group 10:30 Fun and Fitness 2:30 Movie Matinee w/ Popcorn 4:00 Walking Group <b>6:30 Mountain Sapphire</b> 	<b>25</b> 10:00 Fall City Drive 10:30 Fun and Fitness 2:30 Hot Drinks Social 4:00 Active Game 6:30 Bingo 	<b>26</b> 10:30 Fun and Fitness 2:30 Happy Hour 4:00 Walking Group 6:30 Gaither's Gospel Hour 	<b>27</b> 10:30 Morning Social 2:30 Pumpkin Pie Social 4:00 Walking Group 6:00 Lawrence Welk 
<b>28</b> 10:30 Morning Social 2:00 Church Service 4:00 Walking Group 6:00 Movie Night 	<b>29</b> 10:30 Fun and Fitness 2:30 Helping Hands 4:00 Walking Group <b>6:30 Rae and Randy</b> 	<b>30</b> 10:30 Short Stories 1:00 Pet Therapy <u>2-4pm Family Forum</u> 2:30 Gourd Festival 4:00 Fun and Fitness 6:30 Halloween Movie 	<b>31</b> 10:00 Rosary Group 10:30 Halloween Parade <b>2:30 Monthly Birthday w/ Dizzy the Clown</b> 4:00 Walking Group 6:30 House Activities Halloween	 <h1>OCTOBER 2018</h1> <h2>McConnell North Recreation Activity Calendar</h2>		

PLEASE NOTE: ALL PROGRAMS ARE FLEXIBLE AND SUBJECT TO LAST MINUTE CHANGES WITHOUT NOTICE: PLEASE SEE WHITE BOARD IN HOUSES FOR MOST UP TO DATE INFORMATION