



**December
2018**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
9:45 Exercises 10:30 Mail Delivery 10:30 Jeopardy 11:15 Ladies Group 11:15 Men's Group 1:15 Beading 1:15 Table Top Games	9:45 Exercises 10:30 Mail Delivery 10:30 Finishing Lines 11:00 Hymn Sing 1:15 Christmas Caroling With Fran	9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Pool Sharks 1:15 Beading 1:15 Fudge Making	9:45 Exercises 10:30 Mail Delivery 10:30 Junk Drawer Detective 11:00 Church Service 11:00 Household Chores 1:15 Christmas Card Making 1:15 Baking	9:45 Exercises 10:30 Mail Delivery 10:30 You Be The Judge 11:15 Ladies Group 11:15 Christmas Ornament Craft 1:00 Table Chat 1:15 Helping Hands 1:15 Java Club
10	11	12	13	14
9:45 Exercises 10:30 Mail Delivery 10:30 Reach 11:15 Men's Group 11:15 Ladies Group 1:15 Short Stories 1:15 Helping Hands 1:15 Baking	9:45 Exercises 10:30 Mail Delivery 10:30 Reminiscing 11:00 Hymn Sing 1:15 Pool Sharks 1:15 Baking 1:15 Circle Talk	9:00 Christmas Bread Making 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Fireside stories and Hot Cocoa	9:45 Exercises 10:30 Mail Delivery 10:30 Christmas Trivia 11:15 Ladies Group 11:15 Men's Group 11:15 Recycling 1:15 Music With Jim Bennett	9:45 Exercises 10:30 Mail Delivery 10:30 What's In The Box 11:15 Fudge Making 11:15 Sewing Group 1:00 Table Chat 1:15 Christmas JINGO 1:15 Christmas Party Preparation
17	18	19	20	21
9:45 Exercises 10:30 Mail Delivery 10:30 Independent Projects 11:15 Christmas BINGO 12:00 Family/Client Christmas Party Entertainment with Prairie Wind	9:45 Exercises 10:30 Mail Delivery 10:30 You Be The Judge 11:00 Hymn Sing 1:15 Sing-along with Irena	9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Christmas Cookies 1:15 Christmas Short Stories 1:15 Harmony Bells	9:45 Exercises 10:30 Mail Delivery 10:30 Puzzles & Coloring 11:15 Baking 11:15 Inspirational Stories 11:15 Recycling 1:15 Christmas Social With A Special Guest!	9:45 Exercises 10:30 Mail Delivery 10:30 Trip Around The World 11:15 Word In A Word 11:15 Helping Hands 1:00 Table Chat 1:15 Library Visit 1:15 Java Club
** Day Program Closed From December 24, 2018 and will reopen January 2, 2019**		**Please remember to call, 780- 442-5722 or email, barb.potter@capitalcare.net, if you are going to be absent. Refreshments are served prior to the clients leaving.		



It is hard to believe that the month of December is upon us and we are in the festive season. On this note that the Day Program is **closed on Monday December 24, 2018**, and will not reopen until **Wednesday January 2, 2019**. DATS subscriptions will not be operating during this time, so if you have a standing DATS appointment they will not come to pick you up.



Support Groups - Alzheimer's Partner Support

The Care Partner Support Group is designed for family members who want to meet others to share experiences, to

learn new information, to receive peer support and to help each other cope more effectively. All Care Partner Support Groups are on a drop-in basis. No registration is required. Please Call 780-761-0030 for more information about the support Groups.

We have yearly conferences with our **Clients and Families**, where we discuss the care and goals of the client attending the program continue to be booked throughout the year. These conferences occur very shortly after an client is admitted to the program and then once a year after admission. Our clerk sets up these conferences and will be contacting you as they are needed. Please note at any time that you have a question/ suggestion/ concern, feel free to call Barb Potter to discuss.



Please note that last year there were changes to the **Social Leave Policies** regarding attendance for Day Programs. If a client is missing more than 2 weeks at a time, it may mean that they are discharged from the program and then put back on the waitlist. If you are planning a leave for longer than 2 weeks, please speak to Barb Potter.

Once again **Flu Season** is upon us and we are encouraging all Elders to get their Flu Shot. Flu Clinics can be found in the community, please contact your pharmacist for your flu shot. Additionally if your family member is ill we ask that you not send them to the Day Program, but please call in to report an absence. Friendly reminder that the program is from 9:00 to 3:00 pm and therefore we ask that you drop off or pick up between those hours. If you come early we may not be in the room, but just ask at reception.

The **Christmas Lunch and Party** will be held on **Monday, December 17, 2018 from 12-2pm with entertainment by Prairie Wind. Please RSVP by Dec 7 if you can attend – if this is not your regular scheduled day there will be a \$10.00 charge.**

Friendly reminder that we ask if you are sending spare clothing for your loved one to the program, keep in mind that we need **all clothes labeled** to ensure they go back to the right home. We also ask that families **ensure medications are well labeled.**



The Day Program is planning to start a Volunteer of the Month program in the New Year. We encourage all our clients to offer their assistance in order to be nominated!



KCV Day Program Staff - Barb, Kelsey, Bernadine & Myrena, would like to wish our clients and families a very Merry Christmas, and Happy New Year

780- 442-5722

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