



December

Monday	Wednesday	Friday
<p>**Please remember to call, 780- 442- 5722 or email, barb.potter@capitalcare.net, if you are going to be absent. Refreshments are served at 2:15 prior to the clients leaving.</p>		<p>1</p> <p>9:45 Exercises 10:30 Roman Catholic Mass 10:30 Christmas Picture Frames 11:30 Crosswords 1:15 Sewing Group 1:30 Kipnes Choir</p>
<p>4</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Volleyball 11:15 Ladies group 11:15 Men's Group 1:00 Baking 1:00 Painting with Janet 1:00 Gardening</p>	<p>6</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Christmas Crafting 1:15 Reach For the Top 1:15 Bocce Ball</p>	<p>8</p> <p>9:45 Exercises 10:30 Roman Catholic Mass 10:30 Therapeutic Coloring 11:30 Trivia 1:00 Library Visit With Elton (The Joys of Winter) 1:30 Kipnes Choir</p>
<p>11</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Christmas Party Preparation 12:00 Day Program Family Christmas Luncheon **All Families and Clients Welcome!!</p>	<p>13</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Christmas Virtues 1:15 Baking 1:15 Shuffleboard</p>	<p>15</p> <p>9:45 Exercises 10:30 Roman Catholic Mass 10:30 Helping Hands 11:30 20 Questions 1:15 Elf on A Shelf 1:30 Kipnes Choir</p>
<p>18</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Gingerbread House Making 11:15 Ladies Group 11:15 Men's Group 1:15 Baking 1:15 Christmas Crafting 1:15 Christmas BINGO</p>	<p>20</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Christmas Caroling</p>	<p>22</p> <p>DAY PROGRAM CLOSED FROM December 22 – re-opening on January 2, 2018</p> <p>Merry Christmas and Happy New Year!!</p>

KIPNES CENTRE FOR VETERANS DAY PROGRAM WINTER 2017 NEWSLETTER

Well here we are, at the end of another year. We welcome a new face to our Day Program Staff, Bernadine Bezanson our new therapy assistant, Bernadine previously worked at CapitalCare Dickinsfield and McConnell Place North. We are happy to have her musical and crafty talents.

Remembrance Day was a busy event at Kipnes and the Day Program clients helped prepare and set up the decorations for the November 11 Service.

Additionally on Nov 9 the Day Program held their own Remembrance Day Service of Refection. Thank you to the military participants; Jim, Terry, Ross, Sev, Don, Bert and Bill who helped us remember and pay



tribute to our Veterans. It was amazing to hear their stories, hard to believe that we have clients in the Day Program who served during the second world and another who has flown to 83 different countries. We are blessed to have them in our presence and grateful for their service.



In the Day Program we celebrate Christmas by having a Christmas Dinner and Dance for residents and their families. Our **Christmas Dinner is on December 11 at 12:00 Noon**. Please purchase your tickets from the **Day Program, they are \$10 each**. Ticket sales will close on December 4. We are fortunate to have Linsay Nagy entertain at this event, so reserve your spot now. If your loved one attends on Monday regularly they do not have to order a ticket.

Our yearly conferences with our **Elders and Families**, where we discuss the care and goals of the Elder attending the program continue to be booked throughout the year. These conferences occur very shortly after an Elder is admitted to the program and then once a year after admission. Elizabeth our clerk sets up these conferences and will be contacting you as they are needed. Please note at any time that you have a question/suggestion/concern, feel free to call Barb Potter to discuss.



Once again Flu Season is upon us and we are encouraging all of Elders to get their Flu Shot. Flu Clinics can be found in the community, please contact your pharmacist for your flu shot. We want to thank all the families for their support at the Day Program and wish everyone a very Merry Christmas and all the best in 2018.

Please note **Day Program is closed from December 22 and will reopen on Jan 2, 2017**. Please call when your loved one is absence as we need to record absences.