



August

Monday	Wednesday	Friday
	2 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Making Muffins For Long Term Care 1:00 Watering the Garden 1:00 Discussion Group 1:00 Sing-a-long in the Courtyard	4 9:45 Exercises 10:30 Roman Catholic Mass 10:30 Stories and Jokes 11:30 Trivia 1:00 Gardening 1:30 Kipnes Choir
7 DAY PROGRAM CLOSED CIVIC HOLIDAY	9 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:00 Men's Group 1:00 Walk-a-bouts 1:00 Baking	11 9:45 Exercises 10:30 Roman Catholic Mass 10:30 Preparation for the BBQ 11:30 Word Games in the Courtyard 12:00 Day Program Family BBQ -Entertainment With Lindsey Nagy-
14 9:45 Exercises 10:30 Mail Delivery 10:30 Trivia 11:15 Ladies Group 11:15 Men's Group 1:00 Ice Cream Sundaes in the Garden	16 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:00 Watering the Garden 1:00 Bocce Ball 1:00 Jewelry Making	18 9:20 Making Muffins For Long Term Care 9:45 Exercises 10:30 Roman Catholic Mass 10:30 Walk to Crown and Anchor With LTC 11:30 Word in a Word 1:00 Trivia 1:00 Shuffle Board 1:30 Kipnes Choir
21 9:45 Exercises 10:30 Mail Delivery 10:30 Puzzles and Pondering 11:15 Watering the Garden 11:15 Sing along with Kristy in the Garden 1:00 Painting With Janet 1:00 Word Games in the Garden	23 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:00 Picnic At Beaumaris	25 9:45 Exercises 10:30 Roman Catholic Mass 10:30 Card Making 11:30 Riddles 1:00 Library Visit Elton 1:30 Kipnes Choir
28 9:45 Exercises 10:30 Mail Delivery 10:30 News and Views 11:15 Ladies Group 11:15 Men's Group 1:00 Promenade 1:00 Decorating For September 1:00 Ice Cream Making	30 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:00 Discussion Group 1:00 Baking 1:00 Curling	**Please remember to call, 780- 442- 5722 or email, barb.potter@capitalcare.net, if you are going to be absent. Refreshments are served at 2:15 prior to the clients leaving.

Kipnes Centre for Veterans -- Day Program August 2017 Newsletter

Happy August we hope that you are enjoying your summer. July was a busy month in the Day Program, one of the highlights in July was that we held our **First Annual KDays Crib Tournament** and congratulations to **Bob C and Rob D** who took home first place. **Terry A and Jim M** had a great tournament winning two games in a very competitive event, but it came down to points and even though they had 2 solid wins,



one loss put them into 5th place. Congratulations to all our teams, we are looking forward to hosting another one in February. Please note that any family members can enter into the tournament.

Our Day Program Garden has been overflowing with lettuce, beans, carrots, cucumbers, squash and zucchini. The clients have enjoyed harvesting the fruits of their labour and we have been sending some home with the clients. Our zucchini cake recipe is to die for so if you want a copy, please ask and we will ensure you get one.



We have a few events scheduled for **August that we want you to mark on your calendar, please note that August 11 is the Family and Client BBQ** and all families welcome, please RSVP by Friday, Aug 4 Petting Zoo.

On July 11, 2017 we held our semi-annual **Client/Family Forum** if you would like a copy of the minutes please let us know. Forum meetings are the family's opportunities to get program updates and provide feedback. In addition to these meetings we also want to remind each of you that we have our yearly conferences with our Client and Families, where we discuss the care goals of the client attending the program continue to be booked throughout the year. These conferences occur shortly after a client is admitted to the program and then once a year. Elizabeth our clerk sets up these conferences and will be contacting you as they are needed. Please note at any time that you have any question/suggestion/concern, feel free to call Barb Potter to discuss

We wish Lindsay D, one of our staff members in the day program all the best as she pursues new adventures, Lindsay last day was July 25, she has worked at KCV for the past 5 years and creativity and spontaneity will be missed.



Friendly reminders –

1. **Absences** - With summer in full swing we appreciate that you want to spend time with your loved ones, however, please keep in mind that if you are absent we do need to report this to Homecare. Additionally if you are absence for more than 2 weeks you will need to discuss with Barb Potter.
2. Please remember to **label clients jackets and hats** with their names
3. Ensure **medications** are well labeled.