

January
2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>**Please remember to call, 780- 442-5722 or email, barb.potter@capitalcare.net, if you are going to be absent. Refreshments are served prior to the clients leaving.</p>		<p>1</p> <p>Happy New Year!!</p>	<p>2</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Circle Talk 11:00 Church Service 11:00 Household Chores 1:15 Curling 1:15 What's New In the New Year? 1:15 Crafting</p>	<p>3</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 New Year's Around The World 11:15 Bean Bag Toss 11:15 Hangman 1:15 JAVA Club 1:15 New Year's Resolutions 1:30 Kipnes Choir</p>
<p>6</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Reach 11:15 Knitting Circle 11:15 About Ukrainian Christmas 1:15 Love of Music Preparation 1:15 Baking 1:15 Curling</p>	<p>7</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Junk Drawer Detective 11:00 Hymn Sing 1:15 Entertainment With Jim Bennett in the Great Room</p>	<p>8</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Love of Music Preparation</p>	<p>9</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Parlor Games 11:15 Ladies Group 11:15 Men's Group 11:15 Recycling 1:15 Shuffleboard 1:15 Ladder Golf</p>	<p>10</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Crafting 11:15 Word Games 11:15 Baking Fudge 1:15 JAVA Club 1:15 Independent Activities 1:30 Kipnes Choir</p>
<p>13</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Parlor Games 11:15 Ladies Group 11:15 Men's Group 1:15 Un-decorating 1:15 Coffee And News 1:15 Knitting Circle</p>	<p>14</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Horse Tales 11:00 Hymn Sing 1:15 Un-decorating 1:15 Table Top Activities 1:15 Recycling</p>	<p>15</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Un-decorating 1:15 Bowling</p>	<p>16</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Hear What I Hear 11:15 Baking 11:15 Finish The Lines 11:15 Recycling 1:15 Un-decorating 1:15 JINGO</p>	<p>17</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Travel to China 11:15 Knitting Circle 11:15 Curling 1:15 BINGO 1:15 JAVA Club 1:30 Kipnes Choir</p>
<p>20</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 HANGMAN 11:15 Curling 11:15 Cards and Board Games 1:15 Baking 1:15 Paper Mache 1:15 Knitting Circle</p>	<p>21</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 About Chinese New Year 11:00 Hymn Sing 1:15 Paper Mache 1:15 Making Fudge 1:15 Making Hearts</p>	<p>22</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Wellness Matters</p>	<p>23</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 You Be The Judge 11:15 Ladies Group 11:15 Men's Group 11:15 Recycling 1:15 Are You A Rat? 1:15 Curling 1:15 Nail Care</p>	<p>24</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 About Chinese New Year 11:15 Bowling 12:00 Chinese New Year Lunch 1:15 Independent Activities 1:30 Kipnes Choir</p>
<p>27</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 21 Questions 11:15 Men's Group 11:15 Ladies Group 1:15 Are You A Rat 1:15 Curling 1:15 Knitting Circle</p>	<p>28</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Puzzles And Matching 11:00 Hymn Sing 1:15 Love Of Music Preparation 1:15 Recycling</p>	<p>29</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Love Of Music Preparation</p>	<p>30</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 Sky Land And Sea 11:15 Baking 11:15 Circle Talk 11:15 Recycling 1:15 Entertainment With Jackson</p>	<p>31</p> <p>9:45 Exercises 10:30 Mail Delivery 10:30 HANGMAN 11:15 Paper Mache 11:15 Bocce Ball 1:15 JAVA Club 1:15 Word Games 1:30 Kipnes Choir</p>



Support Groups - Alzheimer's Partner Support
The Care Partner Support Group is designed for family members who want to meet others to share experiences, to learn new information, to receive peer support and to help each other cope more effectively. All Care Partner Support Groups are on a drop-in basis, no registration is required. Please Call 780-761-0030 for more information about the support Groups.

We have yearly conferences with our **Clients and Families**, where we discuss the care and goals of the client attending the program continue to be booked throughout the year. These conferences occur very shortly after an client is admitted to the program and then once a year after admission. Our clerk sets up these conferences and will be contacting you as they are needed. Please note at any time that you have a question/ suggestion/ concern, feel free to call Barb Potter to discuss.

Please note that last year there were changes to the **Social Leave Policies** regarding attendance for Day Programs. If a client is missing more than 2 weeks at a time, it may mean that they are discharged from the program and then put back on the waitlist. If you are planning a leave for longer than 2 weeks, please speak to Barb Potter.



For the Love of Music ***A Night of Music and Silent Auction***

An evening of musical performances and silent auction
Kipnes Centre for Veterans - 4470 McCrae Ave

February 7, 2020 - Cocktails @ 6:00 PM - Performance @ 6:30 PM

\$25 Guests- or \$10 per KCV Day Program Client

Tickets sell out early

Once again **Flu Season** is upon us and we are encouraging all clients to get their Flu Shot. Flu Clinics can be found in the community, please contact your pharmacist for your flu shot. Additionally if your family member is ill we ask that you not send them to the Day Program, but please call in to report the absence. Friendly reminder that the program is from 9:00 to 3:00 pm and therefore we ask that you drop off or pick up between those hours. If you come early we may not be in the room, but just ask at reception.

Friendly reminder that we ask if you are sending spare clothing for your loved one to the program, keep in mind that we need **all clothes labeled** to ensure they go back to the right home. We also ask that families **ensure medications are well labeled**.

Volunteer of the Month
Crispina



Crispina spends her time helping serve lunch food, cleaning up after activities and delivering the mail to the clients who live at the centre. Thank you Crispina for sharing your amazing talents with the Day Program.



KCV Day Program Staff - Barb, Randy, Bernadine & Myrena,