

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:45 Exercises 10:30 Mail Delivery 10:30 Jeopardy 11:15 JINGO 1:15 Music With "The Maritime Gospel Aires"	2 9:45 Exercises 10:30 Mail Delivery 10:30 Short Stories 11:00 Hymn Sing 1:15 Thankful leaf activity 1:15 Table top activities 1:15 Recycling	3 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Pie Making (for both days) 1:15 Fall centerpieces 1:15 Pool Sharks	4 9:45 Exercises 10:30 Mail Delivery 10:30 Reminiscing 11:00 Church Service 11:00 Thanksgiving Lunch Prep 12:00 Thanksgiving Lunch 1:15 JINGO	5 9:45 Exercises 10:30 Mail Delivery 10:30 Reach 11:00 Lunch Preparation 11:00 Table Top Activities 1:15 Thanksgiving Reminisce 1:30 Kipnes Choir
8 <div style="text-align: center; color: orange;"> DAY PROGRAM CLOSED <i>Happy Thanksgiving!</i> </div>	9 9:45 Exercises 10:30 Mail Delivery 10:30 Balloon Volleyball 11:00 Hymn Sing 1:15 Music with "The Bluenoser"	10 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Crafting 1:15 Baking 1:15 Crosswords	11 9:45 Exercises 10:30 Mail Delivery 10:30 Junk Drawer Detective 11:15 Ladies Group 11:15 Men's Group 11:15 Recycling 1:15 Afternoon Sing-Along	12 9:45 Exercises 10:30 Mail Delivery 10:30 What's In the Box 11:15 Sewing Group 11:15 Puzzles and Games 1:00 Table Chat 1:15 Bowling (Living Room) 1:30 Kipnes Choir
15 9:45 Exercises 10:30 Mail Delivery 10:30 Word Games 11:15 Ladies Group 11:15 Mens Group 1:15 Baking 1:15 Bocce Ball 1:15 Woodworking	16 9:45 Exercises 10:30 Mail Delivery 10:30 Why Do We Say It 11:00 Hymn Sing 1:15 Piano Music With Fran	17 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Pool Sharks 1:15 Creative Arts	18 9:45 Exercises 10:30 Mail Delivery 10:30 Short Stories 11:15 Baking 11:15 Men's Group 11:15 Recycling 1:15 Finishing Lines 1:15 Drumming 1:15 Table Top Activities	19 9:45 Exercises 10:30 Mail Delivery 10:30 Circle Talk 11:00 Table Top Activities 11:00 Bocce Ball 1:00 Table Chat 1:15 Library Visit- Halloween 1:30 Kipnes Choir
22 9:45 Exercises 10:30 Mail Delivery 10:30 Reach 11:15 Nail Care 11:15 Word Games 1:15 Baking 1:15 Coloring and Crafting 1:15 Crosswords	23 9:45 Exercises 10:30 Mail Delivery 10:30 You Be The Judge 11:00 Hymn Sing 1:15 Pool Sharks 1:15 Making Treat Bags 1:15 Inspirational Stories 1:15 Pool Sharks	24 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Entertainment With Jim Bennett	25 9:45 Exercises 10:30 Mail Delivery 10:30 Volleyball 11:15 Ladies Group 11:15 Men's Group 11:15 Recycling 1:15 Painting 1:15 Sewing Group 1:15 Curling <div style="border: 1px solid black; padding: 5px; display: inline-block; margin-top: 10px;"> Vendor Sale! 10-4 </div>	26 9:45 Exercises 10:30 Mail Delivery 10:30 You Be the Judge 11:15 Trivia 11:15 Bean Bag Toss 1:00 Table Chat 1:15 BINGO 1:30 Kipnes Choir
29 9:45 Exercises 10:30 Mail Delivery 10:30 Circle Talk 11:15 Men's Group 11:15 Ladies Group 1:15 Halloween JINGO	30 9:45 Exercises 10:30 Mail Delivery 10:30 Table Top Activities 11:00 Hymn Sing 1:00 Halloween Social	31 9:45 Exercises 10:30 Mail Delivery 10:30 Daycare Visit 11:00 Hymn Sing 11:00 Independent Activities 1:15 Halloween Social		
**Please remember to call, 780- 442-5722 or email, barb.potter@capitalcare.net, if you are going to be absent. Refreshments are served prior to the clients leaving.				



Happy October, please note that the Day Program is **closed on Monday, October 8, 2018**. DATS subscriptions will not be operating on **Monday, October 8, 2018**, so if you have a standing DATS appointment they will not come to pick you up.

Support Groups - Alzheimer's Partner Support

The Care Partner Support Group is designed for family members who want to meet others to share experiences, to learn new information, to receive peer support and to help each other cope more effectively. All Care Partner Support Groups are on a drop-in basis. No registration is required. Please Call 780-761-0030 for more information about the support Groups.

We have yearly conferences with our **Clients and Families**, where we discuss the care and goals of the client attending the program continue to be booked throughout the year. These conferences occur very shortly after an client is admitted to the program and then once a year after admission. Our clerk sets up these conferences and will be contacting you as they are needed. Please note at any time that you have a question/ suggestion/ concern, feel free to call Barb Potter to discuss.



Please note that last year there were changes to the **Social Leave Policies** regarding attendance for Day Programs. If a client is missing more than 2 weeks at a time, it may mean that they are discharged from the program and then put back on the waitlist. If you are planning a leave for longer than 2 weeks, please speak to Barb Potter.



Once again **Flu Season** is upon us and we are encouraging all Elders to get their Flu Shot. Flu Clinics can be found in the community, please contact your pharmacist for your flu shot. Additionally if your family member is ill we ask that you not send them to the Day Program, but please call in to report an absence. Friendly reminder that the program is from 9:00 to 3:00 pm and therefore we ask that you drop off or pick up between those hours. If you come early we may not be in the room, but just ask at reception.

The **Christmas Lunch and Party** will be held on **Monday, December 17, 2018**. **Please RSVP if you can attend – if this is not your regular scheduled day there will be a charge.**

Friendly reminder that we ask if you are sending spare clothing for your loved one to the program, keep in mind that we need **all clothes labeled** to ensure they go back to the right home.



The Day Program is currently looking to collect buttons for an upcoming project. Please, feel free to drop off any spare buttons at your convenience.

Please remember to put your loved ones names on their jackets and hats and **ensure medications are well labeled**. We have had incidents were coats are not labelled and we are noticing some go missing.



Barb, Kelsey, Bernadine & Myrena, KCV Day Program Staff
780- 442-5722

Please follow us on Twitter / Facebook