







**2nd Floor Calendar  
JULY 2018**

**Recreation Phone Numbers:**  
Therapist: Shauna 780-442-5734 or 5785  
Therapy Assistants: Ethel: 5789 and Wendy: 5788

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>HAPPY CANADA DAY</b> 	<b>2</b> Enjoy the day Go for a walk, read a book, visit the rooftop patio, talk to your neighbor!  <i>*K-days pancake breakfast tickets for family/friends on sale starting July 3<sup>rd</sup>, \$3.00</i>	<b>3</b> 8:45 – Breakfast Club <i>McKenzie</i> 10:15 – Drumming Group 11:00 – Reflection with Hymns <i>Great Room</i> 1:15 – Helping Hands 2:45 – Let's Discuss Canada!! <i>Sask</i>	<b>4</b> 8:45 – Breakfast Club <i>Athabasca</i> 10:45 – Exercises <i>Athabasca</i> 1:15 – Bus Trip <i>*must RSVP</i> 1:30 – Bell Choir with John <i>Pembina</i> 2:45 – Target Toss <i>McKenzie</i>	<b>5</b> 8:45 – Breakfast Club <i>Pembina</i> 10:30 – EPL Library Club <i>Athabasca</i> 11:00 – Interfaith Anglican Communion Service <i>Great Room</i> 1:15 – Out and About 2:45 – Outdoor Yahtzee <i>Main Courtyard</i>	<b>6</b> 8:45 – Breakfast Club <i>Saskatchewan</i> 10:45 – Word Games <i>Pembina</i> 1:15 – Out and About 1:30 – Kipnes Choir <i>Great Room</i> 2:45 – Curling <i>Athabasca</i> 3:00 – Catholic Mass <i>Great Room</i>	<b>7</b> 10:30 – Exercises <i>Athabasca</i> 1:15 – Out and About 2:45 – You be the Judge <i>McKenzie</i>
<b>8</b>	<b>9</b> Have a great day!!  Have you visited the rooftop patio, or the main courtyard lately?	<b>10</b> 8:45 – Breakfast Club <i>McKenzie</i> 10:15 – Drumming Group <i>McKenzie</i> 11:00 – Reflection with Hymns <i>Great Room</i> 1:15 – Helping Hands 2:45 – Duck Shoot <i>Athabasca</i>	<b>11</b> 8:45 – Breakfast Club <i>Athabasca</i> 10:45 – Exercises <i>Athabasca</i> 1:30 – Bell Choir with John <i>Pembina</i> 2:45 – Bingo! <i>Great Room</i>	<b>12</b> 9:45 – Morning Coffee Drive <i>*RSVP if interested</i> 1:15 – Wheelchair Biking 2:45 – The Recliner discussion <i>Saskatchewan</i>	<b>13</b> 9:30 -1 to 1 Neurogym Walking 10:45 – News Discussion <i>Pembina</i> 1:30 – Kipnes Choir <i>Great Room</i> 2:45 – Creative Art <i>Saskatchewan</i> 3:00 – Catholic Mass <i>Great Room</i> 5:00 – Family BBQ Night BYOMeat <i>Must RSVP* Limited Space Available</i>	<b>14</b> 
<b>15</b>	<b>16</b> 8:45 – Breakfast Club <i>Pembina</i> 10:45 – Exercises <i>McKenzie</i> 1:15 - 1 to 1 Neurogym Walking 2:45 – Trivia Time <i>Athabasca</i>	<b>17</b> 8:45 – Breakfast Club <i>Saskatchewan</i> 10:15 – Drumming Group <i>McKenzie</i> 11:00 – Reflection with Hymns <i>Great Room</i> 1:15 – Wheelchair Biking 2:45 – Caption this picture <i>Pembina</i>	<b>18</b> 9:15 – Creating Story Boards 10:45 – Exercises <i>Athabasca</i> 1:30 – Bell Choir with John <i>Pembina</i> 2:45 – Courtyard Activities <i>Main Courtyard</i>	<b>19</b> 1:15 – Helping Hands 2:30 – Happy Hour with Terry Jordan <i>Great Room</i>	<b>20</b> 9:15 K-Days Pancake Breakfast! <i>*Free for residents In the Main Courtyard</i> 1:15 - 1 to 1 Neurogym Walking 1:30 – Kipnes Choir <i>Great Room</i> 2:45 – Fair Days reminiscing <i>Athabasca</i> 3:00 – Catholic Mass <i>Great Room</i>	<b>21</b> 
<b>22</b> 	<b>23</b> 8:45-Breakfast Club <i>Athabasca</i> 10:45 –Gone Fishing' <i>Pembina</i> 1:30 KDays Crib Tournament <i>*Please let us know ahead of time if you want to play* Great Room</i>	<b>24</b> 8:45 – Breakfast Club <i>McKenzie</i> 10:15 – Drumming Group <i>McKenzie</i> 11:00 – Reflection with Hymns <i>Great Room</i>  <u>12:30 – 4:30</u> Chicken John's Petting Zoo <i>Main Courtyard</i>	<b>25</b> 9:15 – Creating Story Boards 10:45 – Exercises <i>Athabasca</i> 1:30 – Bell Choir with John <i>Pembina</i> 2:00 - Carnival Games <i>Main Courtyard</i>	<b>26</b> 8:45 – Breakfast Club <i>Pembina</i> 10:45 – Word games <i>Rooftop patio</i> 1:15 – Wheelchair Biking 2:30 – BINGO! <i>Saskatchewan</i>	<b>27</b> 8:45 – Breakfast Club <i>Saskatchewan</i> 10:45 – News Discussion <i>Pembina</i> 1:30 – Kipnes Choir <i>Great Room</i> 2:00 – Campfire in the Courtyard <i>Main Courtyard</i> 3:00 – Catholic Mass <i>Great Room</i>	<b>28</b> 10:45 – Exercises 1:15 – Wheelchair Biking 2:45 – Ice Cream Floats on the Rooftop Patio
<b>29</b> Korean Veterans Out Trip <i>*Must RSVP*</i>	<b>30</b> 9:30 - Household Chores 10:45 – Trivia Time <i>McKenzie</i> 1:15 -1to1 Neurogym Walking 2:45 – Courtyard Activities <i>Main Courtyard</i>	<b>31</b> 8:45 – Breakfast Club <i>McKenzie</i> 10:15 – Drumming Group 11:00 – Reflection with Hymns  <u>2:30</u> – Celebrating July Birthday's with "Wayne O" <i>Sponsored by the Kingsway Legion Ladies' Auxiliary Great Room</i>	<p>◇ To RSVP for programs, or for any inquiries, please call recreation at 780-442-5734</p> <p>◇ Program locations may change with the weather, so be sure to read the white boards to find the most up to date information!</p> <p><i>Calendar Subject to last minute changes; please refer to the white boards in each house for the most up to date information!</i></p>			