



2nd Floor Calendar
OCTOBER 2018

Recreation Phone Numbers:
Therapist: Shauna 780-442-5734 or 5785
Therapy Assistants: Ethel: 5789 and Wendy: 5788

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 Calendar Delivery 10:45 – Word Games <i>Pembina</i> 2:45 – Bean Bag Toss <i>Athabasca</i>	2 9:00 - Eggs on the Grill <i>McKenzie</i> 10:15 –Drumming Circle <i>McKenzie</i> 11:00 – Reflection with Hymns <i>Great Room</i> 2:30 – All About Octoberfest <i>Sask</i> <div style="border: 1px solid black; padding: 2px; text-align: center;">Resident Flu Vaccines this week</div>	3 9:00 - Eggs on the Grill <i>Athabasca</i> 10:45 – Exercises <i>Athabasca</i> 1:15 - Neurogym walking 1 to 1 1:30 – Bell Choir with John <i>Pembina</i> 2:45 – A variety of things <i>McKenzie</i> 4:30 – Outing Spruce Grove Legion <i>*RSVP</i>	4 9:00 - Eggs on the Grill <i>Pembina</i> 11:00 –Interfaith Anglican Communion Service <i>Great Room</i> 11:15 – Gardening 3:00 – Pumpkin Pie Social <i>Pembina</i> Evening – Luschious Pet Dog Visit	5 9:00 - Eggs on the Grill <i>Sask</i> 10:45 – News Discussion <i>Pembina</i> 1:30– Kipnes Choir <i>Great Room</i> 2:45 – Curling <i>Sask</i> 3:00 – Catholic Mass <i>Great Room</i>	6 	
7 	8 Happy Thanksgiving 8	9 9:45 – City Coffee Drive <i>*RSVP</i> 10:15 –Drumming Circle <i>McKenzie</i> 11:00 – Reflection with Hymns <i>Great Room</i> 2:15 – Veteran's Coffee Talk <i>Pembina</i>	10 10:00 - Neurogym walking 1 to 1 10:30 - Bell Choir with John <i>Pembina</i> 1:30 – Curling Bonspiel <i>Great Room</i> <i>*please sign up if you are interested in participating</i>	11 10:30 –EPL Library Presentation 1:15 – Helping Hands 2:30 – Bingo <i>Saskatchewan</i> Evening - Luschious Pet Dog Visit	12 1:00 - Neurogym walking 1 to 1 1:30– Kipnes Choir <i>*Athabasca House</i> 2:45 - Creative Art 3:00 – Catholic Mass <i>1st floor Living Room</i> 6:15 – Grateful to families Pub Night featuring Terry Jordan <i>Gr Rm</i>	13
14 	15 9:00 Eggs on the Grill <i>Athabasca</i> 10:45 – Trivia <i>Pembina</i> 1:15 Neurogym walking 1 to 1 2:45 – Ladder Ball <i>Sask</i> *Resident/Family Council Nomination Application Deadline	16 10:15 – Drumming Circle <i>McKenzie</i> 11:00 – Reflection with Hymns <i>Great Room</i> 2:45 – Discussion Group (10 Greatest Moments in World Series) <i>Athabasca</i>	17 9:00 - Eggs on the Grill <i>*McKenzie</i> 10:45 – Exercises <i>Athabasca</i> 1:30 – Bell Choir with John <i>Pembina</i> 2:15 – Comedy Cares <i>Great Room</i>	18 9:00 - Eggs on the Grill <i>Pembina</i> 10:45 – News Discussion <i>Sask</i> 2:30 – Happy Hour featuring "Wayne O" <i>Great Room</i> Evening - Luschious Pet Dog Visit	19 9:00 - Eggs on the Grill <i>Sask</i> 10:45 – Duck Shoot <i>Athabasca</i> 1:15 - Gardening 1:30– Kipnes Choir <i>Great Room</i> 2:45 – Bowling <i>Athabasca</i> 3:00 – Catholic Mass <i>Great Room</i> 4:30 –Kingsway Legion Outing	20 9:00 Eggs on the Grill <i>McKenzie</i> 10:45 Exercises 1:15 Household Chores 2:30 Musical Performance by the Capital City Big Band <i>Great Room</i>
21 	22 10:45 – You be the Judge Discussion <i>Pembina</i> 2:30 – Bingo <i>Great Room</i>	23 9:00 - Eggs on the Grill <i>McKenzie</i> 10:15 – Drumming Circle <i>McKenzie</i> 11:00 Reflection with Hymns <i>Gr Rm</i> 1:15 – Helping Hands 2:30 – Curling <i>Pembina</i> 3:30 – Resident/Family Council Voting & Meeting <i>Great Room</i>	24 9:00 - Eggs on the Grill <i>Athabasca</i> 10:45 – Exercises <i>Athabasca</i> 1:30 – Bell Choir with John <i>Pembina</i> 2:30 – A Variety of Things <i>McKenzie</i>	25 Vendor Fair 10-4pm 9:00 - Eggs on the Grill <i>Pembina</i> 10:30 – Out & about Vendor Fair 2:30 – Welcome to the Neighborhood Social <i>Pembina</i> Evening - Luschious Pet Dog Visit	26 9:00 - Eggs on the Grill <i>Saskatchewan</i> 10:45 – News Discussion <i>Pembina</i> 1:00 – Outing to Cabela's <i>*RSVP</i> 1:15 - Neurogym walking 1 to 1 1:30– Kipnes Choir <i>Great Room</i> 2:45 – Creative Arts <i>Athabasca</i> 3:00 – Catholic Mass <i>Great Room</i>	27
28 	29 10:45 – Exercises <i>McKenzie</i> 1:15 – Helping Hands 2:45 – Pumpkin Carving with Daycare <i>Great Room</i>	30 10:15 – Drumming Circle <i>McKenzie</i> 11:00 – Reflection with Hymns <i>Great Room</i> 2:30 – Celebrating October Birthday's with Gallowglass Sponsored by the Kingsway Legion Ladies' Auxiliary <i>Great Room</i>	31 Happy Halloween!!! 9:15 – Halloween Decorating 10:15 – Daycare Trick or Treat <i>*visiting all dinning rooms*</i> 1:30 – Bell Choir with John <i>Pembina</i> 2:15 – Halloween Festivities <i>Great Room</i>	Bistro open Tuesday, Wednesday & Thursday this month! Sunday, November 11 -Remembrance Day Service and Social more details to be announced <i>Calendar subject to last minute changes; please refer to the white boards in each house for the most up to date information!</i>		