










## 2nd Floor Calendar October 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 	2 9:30 – One to one (1:1) visits 10:45 – News Discussion <i>AT</i>  1:15 – Bunny House Care 2:45 – Curling <i>Pembina</i>	3 8:30 – Breakfast Club <i>McKenzie</i> 11:00 – Reflection with Hymns <i>Great Room</i>  1:15 – Household Chores 2:45 – Gone Fishing <i>Sask</i>	4 8:30 – Breakfast Club <i>Athabasca</i> 10:45 – Exercises <i>Athabasca</i>  1:30 – Bell Choir with John <i>Pembina</i> 2:45 – Gardening <i>McKenzie</i>  4:00 – Spruce Grove Legion Outing	5 8:30 – Breakfast Club <i>Pembina</i> 11:00 – Interfaith Anglican Communion Service <i>Great Room</i>  1:15 – Helping Hands 2:45 – Pumpkin Pie Social <i>Pembina &amp; Sask</i>  6:00 – Election Discussion <i>Pembina</i>	6 8:30 – Breakfast Club <i>Saskatchewan</i> 10:30 – Catholic Mass <i>Great Room</i> 1pm – 3pm – Civic Election Voting <i>*Please let staff know if you need assistance getting to the Great Room to vote!*</i>  6:00 – Cards & Games <i>Pembina</i>	7 10:45 – Exercises <i>Athabasca</i>  3:00 – Coffee's On <i>Pembina</i>	
8 	9 <b>Thanksgiving Day</b> 	10 8:30 – Breakfast Club <i>McKenzie</i> 10:30 – Drumming Group <i>McK</i> 11:00 – Reflection with Hymns <i>Great Room</i>  1:15 – Bunny House Care 2:45 – Bingo! <i>Sask</i>	11 8:30 – Breakfast Club <i>Athabasca</i> 9:45 – Tim Horton's Coffee Drive 10:45 – Exercises <i>Athabasca</i>  1:30 – Bell Choir with John <i>Pembina</i> 2:45 – Trivia <i>Pembina</i>	12 8:30 – Breakfast Club <i>Pembina</i> 10:45 – Coffee's On <i>Pembina</i>  1:15 – 1:1 visits 2:45 – Bowling <i>Great Room</i> 4:00 – Family Forum - 1 <sup>st</sup> floor Living Room	13 8:30 – Breakfast Club <i>Saskatchewan</i> 10:30 – Catholic Mass <i>Great Room</i> 1:30 – Kipnes Choir Concert! <i>Great Room</i>  2:45 – Bean Bag Toss <i>AT</i> 6:15 – Pub Night with a special presentation from the Harley Davidson Group <i>Great Room</i>	14 10:45 – Exercises <i>Athabasca</i>  3:00 – Who, What, When discussion <i>Pembina</i>	
15 	16 9:30 – Household Chores 10:45 – Ladies Group <i>McKenzie</i>  1:15 – 1:1 visits 2:45 – Bingo! <i>Great Room</i>	17 8:30 – Breakfast Club <i>McKenzie</i> 10:30 – Drumming Group <i>McK</i> 11:00 – Reflection with Hymns <i>Great Room</i>  1:15 – Remembrance Day Prep 2:45 – Curling <i>Pembina</i>	18 8:30 – Breakfast Club <i>Athabasca</i> 10:45 – Exercises <i>Athabasca</i>  1:30 – Bell Choir with John <i>Pembina</i> 3:00 – Gardening <i>McKenzie</i>	19 8:30 – Breakfast Club <i>Pembina</i> 10:45 – Discussion Group <i>AT</i>  2:00 – Happy Hour with Gallowglass <i>Great Room</i>	20 8:30 – Breakfast Club <i>Saskatchewan</i> 10:30 – Catholic Mass <i>Great Room</i>  1:00 – Kipnes Choir <i>Great Room</i> 2:45 – Coffee's On <i>Saskatchewan</i> 4:30 – Kingsway Legion Outing	21 	
22 	23 9:30 – 1:1 visits 10:45 – Trivia <i>Pembina</i>  1:15 – Helping Hands 2:45 – Exploring Canada <i>Great Room</i>	24 8:30 – Breakfast Club <i>McKenzie</i> 10:30 – Drumming Group <i>McK</i> 11:00 – Reflection with Hymns <i>Great Room</i>  1:15 – Remembrance Day Prep 2:45 – Discussion Group <i>Sask</i>	25 8:30 – Breakfast Club <i>Athabasca</i> 10:45 – Exercises <i>Athabasca</i>  1:30 – Bell Choir with John <i>Pembina</i> 2:45 – Duck Shoot <i>Pembina</i>	26 8:30 – Breakfast Club <i>Pembina</i>  10AM – 4pm – VENDOR FAIR <i>Great Room</i>  2:45 – Welcome Residents Social <i>Sask</i>  6:00 – Cards & Games <i>Pembina</i>	27 8:30 – Breakfast Club <i>Saskatchewan</i> 10:30 – Catholic Mass <i>Great Room</i> 10:45 – Norwood Legion Outing  2:00 – Musical Performance by members of the Ottawa National Arts Centre Orchestra <i>Great Room</i> 5:00pm – Let's Order in! *must RSVP	28 3:15 – Pumpkin Carving <i>Saskatchewan</i>  6:30 – River City Big Band Concert Outing *must RSVP	
29 	30 9:30 – Helping Hands 10:45 – Halloween Fun!  1:15 – Bunny House Care 2:45 – Bingo! <i>Saskatchewan</i>	31 8:30 – Breakfast Club <i>McKenzie</i> 10:15 – Daycare Trick or Treat! *visiting all dinning rooms* 11:00 – Reflection with Hymns <i>GR</i> 2:00 – <u>Birthday &amp; Halloween Party</u> with "Golden Dreams Band" Sponsored by the Kingsway Legion Ladies' Auxiliary <i>Great Room</i>	<p><b>Influenza Immunization will occur early October. Exact date and further information to follow.</b></p> <p><i>Be sure to let recreation staff know if you want to attend an outing; sign up in advance!</i></p> <p>Calendar Subject to <u>last minute changes</u>. Please refer to the Whiteboard by the elevator for the most up to date information! Recreation - 780-442-5734</p>				