










Recreation Phone Numbers:
Therapist: Shauna 780-442-5734 or 5785
Therapy Assistants: Kristy: 5790 and Wendy: 5788

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> 	<p>2</p> <p>Enjoy your day</p> <p>*K-days pancake breakfast tickets for family/friends on sale starting today, \$3.00</p>	<p>3</p> <p>11:00 - Hymn Sing & Reflection <i>Great Room</i></p> <p>1:15 – Wheelchair Biking 2:45 – Mind & Body exercises</p>	<p>4</p> <p>9:45 – City Drive <i>*RSVP if interested</i> 11:00 – Hymn Sing <i>LR</i></p> <p>1:15 – 1 to 1 Neurogym Walking 2:45 – Duck Shoot <i>Thompson</i></p>	<p>5</p> <p>11:00 –Interfaith Anglican Communion Service <i>Great Room</i></p> <p>1:15 – Out and About 2:45 – Bocce Ball on the Patio 4:15 – Household Chores</p> <p>6:15 – You Tube & You – Sports Edition <i>Living Room</i></p>	<p>6</p> <p>10:00 – Music with Daycare <i>LR</i></p> <p>1:30 – Kipnes Choir <i>Great Room</i> 2:45 – Basketball Toss 3:00 – Catholic Mass <i>Great Room</i></p> 	<p>7</p>
<p>8</p> 	<p>9</p> <p>10:15 – Balloon Badminton 11:15 – Helping Hands</p> <p>1:15 – Pet Therapy 2:45 – Creative Art 4:15 – Wheelchair Biking</p>	<p>10</p> <p>11:00 -Hymn Sing & Reflection <i>Great Room</i></p> <p>1:15 – Group Crossword 3:00 – Mind & Body exercises 4:00 – Out and About</p>	<p>11</p> <p>10:15 – Let's Get Movin' 11:00 – Hymn Sing <i>LR</i></p> <p>1:15 – Out and About 2:45 – Bingo!! <i>Great Room</i> 3:45 – Songs with John 4:15 – Wheelchair Biking</p>	<p>12</p> <p>1:15 – Tell Me A Story <i>Columbia</i> 2:45 – Klondike Hat Making <i>Nelson</i></p> <p>6:15 – Evening on the Patio</p>	<p>13</p> <p>10:00 – Music with Daycare <i>LR</i></p> <p>1:15 – Pet Therapy 1:30 – Kipnes Choir <i>Great Room</i> 2:45 – Ball Toss 3:00 – Catholic Mass <i>Great Room</i> 5:00 – Family BBQ Night BYOMeat Must RSVP* Limited Space Available</p> 	<p>14</p>
<p>15</p> 	<p>16</p> <p>10:15 – Balloon Badminton 11:15 – Household Chores</p> <p>1:15 – Guess What It Is 2:45 – Washer Toss 4:15 – Pet Therapy</p>	<p>17</p> <p>11:00 -Hymn Sing & Reflection <i>Great Room</i></p> <p>1:15 – Out and About 2:45 – Bean Bag Toss 4:15 – Wheelchair Biking</p>	<p>18</p> <p>10:15 – Let's Get Movin' 11:00 – Hymn Sing <i>LR</i></p> <p>1:15 – Funny True Stories <i>Thompson</i> 2:45 – Bocce Ball on the patio 3:45 – Songs with John 4:00 – Out and About</p>	<p>19</p> <p>10:15 – Trivia Time 11:15 – Sensory Stimulation</p> <p>1:15 – Helping Hands 2:30 – Happy Hour with Terry Jordan <i>Great Room</i> 6:15 – Evening on the Patio</p>	<p>20</p> <p>9:15 K-Days Pancake Breakfast! *Free for residents <i>In the Main Courtyard</i></p> <p>1:30 – Kipnes Choir <i>Great Room</i> 2:45 – Basketball 3:00 – Catholic Mass <i>Great Room</i> 4:15 – Wheelchair Biking</p>	<p>21</p> <p>10:15 – Mind & Body Exercises 11:15 – News Discussion 1:15 You be the Judge 2:45 Gardening</p>
<p>22</p> 	<p>23</p> <p>1:30 – K-Days Crib Tournament *Please let us know ahead of time if you want to play* <i>Great Room</i></p>	<p>24</p> <p>11:00 -Hymn Sing & Reflection <i>Great Room</i></p> <p><u>12:30 – 4:30</u> Chicken John's Petting Zoo Main Courtyard</p>	<p>25</p> <p>10:15 – Let's Get Movin' 11:00 – Hymn Sing <i>LR</i></p> <p>2:00 - Carnival Games Main Courtyard</p>	<p>26</p> <p>1:15 – Helping Hands 2:30 – Welcome to the Neighborhood Social <i>Columbia</i> 6:15 - You Tube & You Music Edition <i>Living Room</i></p>	<p>27</p> <p>10:00 – Music with Daycare <i>LR</i> 1:15 – iPad Time 1:30 – Kipnes Choir <i>Great Room</i> 2:00 – Campfire in the Courtyard 3:00 – Catholic Mass <i>Great Room</i> 5:15 – Supper group – Let's order In *Must RSVP in advance</p>	<p>28</p> 
<p>29</p> <p>Korean Veterans Out Trip *Must RSVP</p>	<p>30</p> <p>10:15 – Balloon Badminton 11:00 – Wheelchair Biking</p> <p>1:15 – 1 to 1 Neurogym Walking 2:45 – Making Ice Cream <i>Fr</i></p>	<p>31</p> <p>10:45 – Wheelchair Biking 11:00 -Hymn Sing & Reflection 1:15 – Helping Hands <u>2:30</u> – Celebrating July Birthday's with "Wayne O" Sponsored by the Kingsway Legion Ladies' Auxiliary <i>Great Room</i></p>	<p>◇ Patio is outside the Living Room; Main Courtyard is location outside the main hallway on the east side of the building ◇ To RSVP for programs, or for any inquiries, please call recreation at 780-442-5734 ◇ Program locations may change with the weather, so be sure to refer to the white board</p> <p><i>Calendar Subject to last minute changes; please refer to the white board in the Living Room for the most up to date information!</i></p>			