CapitalCare
KIPNES CENTRE
FOR VETERANS

1st Floor Calendar

APRIL 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday, April 30th 3:45 – Veteran's Appreciation dinner at the Spruce Grove Legion *please see Shauna in Recreation for more information		A few Notes… -Programs with no locations are focused on individual visits -If you are interested in attending an outing, please sign up with recreation ahead of time as there is limited seating.		Calendar Subject to Change without notice! Please see the white board in the Living Room for the most up to date information! Family and friends are always welcome to join in the programs! If you have any questions regarding recreation programs, please see Shauna Kessler (Recreation Therapist) in the Rec Room on the 2nd Floor; or call 780-442-5734		**1** Welcome to April!
2 	**3** 10:00 – Let's Get Movin' *LR* 11:00 – Helping Hands 1:15 – Afternoon Strolls 2:45 – Neighborhood Time *Thompson* 4:30 – Bunny Visits	**4** 8:30 – Breakfast Club *Fraser* 10:00 – Mind & Body *LR* 11:00 -Hymn Sing & Reflection *LR* 1:15 – Bistro Coffee Walk 3:00 - Daycare visit *LR* 4:30 – Household Chores	**5** 8:30 – Breakfast Club *Columbia* 10:00 – Balloon Exercises *LR* 11:00 – Hymn Sing *LR* 1:30 – Baking and Chat *Nelson* 2:45 – Gardening *LR* 4:00 – Spruce Grove Legion Outing	**6** 10:30 – EPL Library Club *LR* 11:00 –Interfaith Anglican Communion Service *Great Room* 1:45 - Bingo *Great Room* 4:00 - Helping Hands 6:15 –Beaver Group Visit *Great Rm*	**7** 10:30 – Catholic Mass *Great Room* 10:45 – IPAD Time *Fraser* 1:30– Kipnes Choir *Great Room* 2:00 – Let's talk about Spring *LR* 3:00 – Music with Daycare *LR* 4:15 – Activity Cart	**8**
9 	**10** 10:00 – Let's Get Movin' *LR* 11:00 – Household Chores 1:15 – Afternoon Strolls 2:45 – Neighborhood Time *Fraser* 4:30 –Bunny Visits	**11** 10:00 – Mind & Body *LR* 11:00 -Hymn Sing & Reflection *LR* 2:00 – Remembering Vimy Ridge *Great Room* 4:30 – Activity Cart	**12** 10:00 – Balloon Exercises *LR* 11:00 – Hymn Sing *LR* 2:30 – Easter craft *NL* 3:45 – Songs with John *LR* 4:30 – Helping Hands	**13** 10:15 – Duck Shoot *Columbia* 11:15 – Morning Bistro Walk 2:30 – Easter Social *Living Room* 4:30 – Household Chores 6:15 – Cosmopolitan Jazz Band Performance *Great Room*	**14** 	**15** 10:00 –Balloon Rally *LR* 11:15 – Junk Drawer Detective*LR* 1:15 – Let's laugh 3:00 – Music by Wally
16 	**17** 10:15 – Let's Get Movin' *LR* 11:00 – Helping Hands 1:15 – Afternoon Strolls 2:45 – Neighborhood Time *Nelson*	**18** 8:30 – Breakfast Club *Nelson* 10:15 – Mind & Body *LR* 11:00 -Hymn Sing & Reflection *LR* 1:15 – Bistro Coffee Walk 3:00 - Daycare visit *LR* 4:30 – Household Chores	**19** 8:30 – Breakfast Club *Thompson* 10:15 – Balloon Exercises *LR* 11:00 – Hymn Sing *LR* 1:30 – Baking and Chat *Fraser* 3:45 – Songs with John 4:30 – Activity Cart	**20** 10:15 – Word Games *LR* 11:15 – Morning walk A bouts 2:00 – Happy Hour with "Destiny" *Great Room* 4:30 – Activity Cart	**21** 10:30 – Catholic Mass *Great Room* 10:45 – IPAD Time *Columbia* 1:30 – Kipnes Choir *Great Room* 2:30 – Earth Day Kits 3:00 – Music with Daycare *LR* 4:30 – Activity Cart 4:30 – Kingsway Legion Outing	**22** 2:00pm Loyal Edmonton Regiment Band Performance *Great Room*
23 	**24** 10:00 – Let's Get Movin' *LR* 11:00 – Household Chores 1:15 – Afternoon Strolls 2:45 – Neighborhood Time *Columbia* 4:30 - Bunny Visits	**25** 8:30 – Breakfast Club *Fraser* 10:00 – Mind & Body *LR* 11:00 -Hymn Sing & Reflection *LR* <u>2:00</u> – Celebrating April Birthday's with Dwayne Cannon Sponsored by the Kingsway Legion Ladies' Auxiliary *Great Room*	**26** 8:30 – Breakfast Club *Columbia* 9:30 – City Drive Outing 10:15 – Balloon Exercises 11:00 – Hymn Sing *LR* 1:30 – Baking and Chat *Nelson* 2:45 – Gardening *LR* 3:45 – Songs with John 4:30 – Activity Cart	**27** 10:15 – Ball Toss *LR* 11:30 – Precious Moments 1:15 – Afternoon Walk a bout 2:30 – Bowling *LR* 5:00 – Supper Group – Let's Order In! *Sign Up Required please see Recreation staff if you are interested!*	**28** 10:30 – Catholic Mass *Great Room* 10:45 –Norwood Legion Outing 1:30 – Kipnes Choir *Great Room* 2:30 - Gardening *LR* 3:00 – Music with Daycare *LR* 4:30 – Activity Cart 6:00 – Travel Talk *Columbia*	**29** 1:30 – Bingo *Great Room* ——— See the top left hand corner for **Sunday April 30th**