



DECEMBER

NORTH HORIZONS 2017 Recreation Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>**Calendar subject to change without notice**</p> <p>Please refer to the white boards for daily program information! Any changes will be noted on the white boards! Thank-You!!</p>				<p>1</p> <p>10:00 Welcome December!! "Thinking and Memory"</p> <p>1:15 Craft Making</p> <p>3:00 1:1 recreation</p> <p>7:00 Bowling</p>	<p>2</p> <p>10:30 Roman Catholic Mass (Auditorium)</p> <p>10:30 Ring Toss</p> <p>1:00 Crossword fun</p> <p>7:00 Movie Night</p>
<p>3</p> <p>11:30 Resident/Family Holiday Party with Gallowglass!</p> 	<p>4</p> <p>10:00 Health and Fitness</p> <p>1:15 Christmas Traditions from Around the World</p> <p>3:00 Horse racing</p> <p>7:00 Green ball fun</p>	<p>5</p> <p>10:00 SweetGrass Ceremony at Glenrose</p> <p>1:15 Google it</p> <p>3:00 1:1 recreation</p> <p>7:00 Colorful Bottle Toss</p>	<p>6</p> <p>10:00 Morning Exercises</p> <p>1:15 Music Therapy</p> <p>1:45 Meadowlark School Choir Performance (Auditorium)</p> <p>3:00 1:1 recreation</p> <p>7:00 Card Games</p>	<p>7</p> <p>10:00 Dear Amy</p> <p>1:15 Pet therapy</p> <p>1:45 Bingo at 2 amp</p>  <p>5-9pm Supper Out-Trip</p> <p>Sophia Working LATE DAY</p>	<p>8</p> <p>10:00 Good news and Coffee & Chat</p> <p>1:00 Bean Bag Toss</p> <p>3:00 Card Games</p> <p>7:00 Junk Drawer Detective</p> <p>No Recreation Staff Today!</p>	<p>9</p> <p>10:30 Roman Catholic Mass (Auditorium)</p> <p>10:30 Balloon Badminton</p> <p>1:00 Bingo Fun</p> <p>7:00 Hi-Ball Board Game</p>
<p>10</p> <p>10:00 Baking and Decorating for Birthday</p> <p>1:00 Birthday Celebration!!</p> <p>7:00 Sing Along</p>	<p>11</p> <p>10:00 Wii sport game</p> <p>1:15 Jeopardy</p> <p>3:00 Balloon Badminton</p> <p>7:00 Bocce Ball</p>	<p>12</p> <p>10:00 Fun and Fitness</p> <p>1:15 Java Walk to Tim Hortons</p> <p>3:00 1:1 recreation</p> <p>7:00 Fishing game</p>	<p>13</p> <p>1:15 Music Therapy</p> <p>3:00 Baking</p> <p>6:30pm Fireman's Band Performance (Auditorium)</p> 	<p>14</p> <p>10:00 Bean bag toss</p> <p>1:15 Pet therapy</p> <p>6-9pm Christmas Lights Tour Out-Trip</p> <p>Sophia Working LATE DAY</p>	<p>15</p> <p>10:00 Health and Fitness</p> <p>1:15 Pictionary</p> <p>3:00 1:1 recreation</p> <p>7:00 Color Therapy</p>	<p>16</p> <p>10:30 Roman Catholic Mass (Auditorium)</p> <p>10:30 Big Green Ball of Fun</p> <p>1:00 Walk about</p> <p>7:00 Curling</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 10:00 Balloon Badminton 1:00 Bingo 7:00 Bean Bag Toss	18 10:00 Fun and Fitness 1:30 Grandin Elementary School Choir (2AMP Dining Room) 3:00 1:1 recreation 7:00 Crokinole	19 10:00 Shuffle Board 1:15 Mad Libs fun 3:00 Juke box request 7:00 Ring toss	20 10:00 Fun and Fitness 1:15 Music Therapy 3:00 Craft making 7:00 Fun facts	21 10:00 Balloon Badminton 1:15: Pet Therapy 1:30 Christmas Special Movie Matinee (Auditorium) 7:00 Crosswords fun	22 10:00 Baking 1:30 Family Feud 3:00 Birthday Celebration 7:00 Parachute Game	23 10:30 Roman Catholic Mass (Auditorium) 10:30 Good news and Coffee & Chat 1:00 Horse Racing 7:00 Movie Night
24 10:00 Stretching & Exercises 1:00 Hoops 7:00 Christmas Eve Puzzle	25 9:00 Special Christmas Breakfast 10:30 Opening Gifts 7:00 Bowling <i>No Recreation Staff Today!</i> 	26  10:00 Ring Toss 1:00 Sing Along 7:00 Card Games <i>No Recreation Staff Today!</i>	27 10:00 fun and fitness 1:15 Color Therapy 3:00 1:1 recreation 7:00 Christmas Tree Word Search	28 10:00 good news and coffee chat 1:15 Pet Therapy 3:00 Hoops 7:00 Symmetry Drawing	29 2:00pm New Year's Celebration With Doug Mitchell!!! (Auditorium) 	30 10:30 Roman Catholic Mass (Auditorium) 10:30 Big green Ball Fun 1:00 Walk about 7:00 Movie Night
31 10:00 Hi Ball game 1:00 Balloon Badminton 7:00 Junk Drawer Detective						

Please Note:

Staff run the 7:00 pm activities and programs on weekends

FOR FURTHER INFORMATION, PLEASE CONTACT THE RECREATION THERAPY STAFF AT 780-496-3201 (ASTERISKED MEAL PROGRAMS AND OUT-TRIPS ARE BY PRIOR ARRANGEMENT @ 780-496-3201)