





MARCH CALENDAR 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Green Neighborhood Leads</p>		 <p>Everyone's Irish On March 17th.</p>		<p>1 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 12:30 ART FUN WITH "JANI" 2:00 BINGO 3:00 Coffee / Visits 1 on 1 activity 6:30 IN HOUSE MANICURES</p>	<p>2 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 1:45 PUB AFTERNOON AT CCL 2:00 MANICURES / 1 on 1 activity 3:00 Coffee / Visits 1 on 1 activity 6:30 DANCE "WES ROSHKO"</p>	<p>3 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 J.R.F. Inspirational Choir 3:00 Coffee / Visits 1 on 1 activity 6:30 GREAT ROOM ACTIVITY</p>
<p>4 Hymn Sing / Bird Care(LPN) 1:30 OLD HYMNS WITH "JANET" 3:00 Coffee / Visits / 1 on 1 activity 6:30 Movie & Popcorn Snacks In Great Room / Plant Watering Rose Neighborhood Leads</p>	<p>5 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "THE BRITTS" 3:00 Coffee / Visits / 1on1 activity 6:30 BINGO CAROL AWAY</p>	<p>6 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 Music with "Joseph Petras" 3:00 Coffee / Visits 1 on 1 activity 6:30 TRIVIA / KICKBALL CAROL AWAY</p>	<p>7 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 HYMN SING WITH "LINDA" 3:00 Coffee / Visits 1 on 1 activity 6:30 KARAOKE SING ALONG CAROL AWAY</p>	<p>8 9:00 BUS OUT TRIP 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 Coffee / Visits 1 on 1 activity 6:30 IN HOUSE MANICURES</p>	<p>9 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 MANICURES / 1 on 1 activity 3:00 Coffee / Visits 1 on 1 activity 7:00 PUB NIGHT AT LYNNWOOD</p>	<p>10 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 Coffee / Visits 1 on 1 activity 6:30 GREAT ROOM ACTIVITY</p>
<p>11 Hymn Sing / Bird Care(LPN) 2:00 EXERCISE/ WALKING PRGM 3:00 Coffee / Visits / 1 on 1 activity 6:30 Movie & Popcorn Snacks In Great Room / Plant Watering Blue Neighborhood Leads</p>	<p>12 9:30 PODIATRIST IN TODAY 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "DWAYNE CANNAN" 3:00 Coffee / Visits / 1on1 activity 6:30 BINGO</p>	<p>13 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 2:00 Card Creations With "Barb" 3:00 Coffee / Visits 1 on 1 activity 7:00 C.P.S.CHOIR</p>	<p>14 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 2:00 St Patricks Social / Sing Along 3:00 Coffee / Visits 1 on 1 activity 6:30 KARAOKE SING ALONG</p>	<p>15 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 Coffee / Visits 1 on 1 activity 6:30 IN HOUSE MANICURES</p>	<p>16 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 1:45 PUB AFTERNOON AT CCL 2:00 MANICURES / 1 on 1 activity 3:00 Coffee / Visits 1 on 1 activity 6:30 GREAT ROOM ACTIVITY</p>	<p>17 ST PATRICKS DAY 10:30 EXERCISE / WALKING PRGM 1:30 OLD TUNES WITH "JANET" 3:00 Coffee / Visits 1 on 1 activity 6:30 GREAT ROOM ACTIVITY BIRD CARE (LPN)</p>
<p>18 Hymn Sing / Bird Care(LPN) 2:00 EXERCISE/ WALKING PRGM 3:00 Coffee / Visits / 1 on 1 activity 6:30 Movie & Popcorn Snacks In Great Room / Plant Watering Green Neighborhood Leads</p>	<p>19 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RON RENDLE" 3:00 Coffee / Visits / 1on1 activity 6:30 BINGO</p>	<p>20 10:30 Exercise / Walking Prgm 1:00 MURAL RIBBON CUTTING CEREMONY & SOCIAL 2:00 SING ALONG 3:00 Coffee / Visits 1 on 1 activity 6:30 TRIVIA / KICKBALL</p>	<p>21 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 2:00 MONTHLY BIRTHDAY PARTY 3:00 Coffee / Visits 1 on 1 activity 6:30 KARAOKE SING ALONG</p>	<p>22 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 12:30 BUS OUT TRIP 2:00 IN HOUSE BAKING MUFFINS 3:00 Coffee / Visits 1 on 1 activity 6:30 IN HOUSE MANICURES</p>	<p>23 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 MANICURES / 1 on 1 activity 3:00 Coffee / Visits 1 on 1 activity 7:00 PUB NIGHT AT LYNNWOOD</p>	<p>24 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 Coffee / Visits 1 on 1 activity 6:30 GREAT ROOM ACTIVITY</p>
<p>25 Hymn Sing / Bird Care(LPN) 2:00 EXERCISE/ WALKING PRGM 3:00 Coffee / Visits / 1 on 1 activity 6:30 Movie & Popcorn Snacks In Great Room / Plant Watering Rose Neighborhood Leads</p>	<p>26 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RANDI & RAI" 3:00 Coffee / Visits / 1on1 activity 6:30 BINGO</p>	<p>27 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 2:00 MUSIC "TERRY JORDEN" 3:00 Coffee / Visits 1 on 1 activity 6:30 SING ALONG WITH "JANET"</p>	<p>28 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 2:00 Easter Social & Sing Along 3:00 Coffee / Visits 1 on 1 activity 6:30 KARAOKE SING ALONG</p>	<p>29 9:00 BUS OUT TRIP 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 Coffee / Visits 1 on 1 activity 6:30 IN HOUSE MANICURES</p>	<p>30 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 MANICURES / 1 on 1 activity 3:00 Coffee / Visits 1 on 1 activity 6:30 DECORATING EASTER EGGS GOOD FRIDAY</p>	<p>31 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 Coffee / Visits 1 on 1 activity 6:30 GREAT ROOM ACTIVITY</p>
<p>MARCH BIRTHDAYS LENA F. MARCH 22ND RITA M. MARCH 24TH</p>				<p>MPW has 2 cats; Trixie and Pixie. They are cared for by the residents & staff on night shift. There are 4 birds which are cared for by the residents & staff on the day shift. The plants are cared for by residents & staff on evenings.</p>		<p>Recreation: Carol MacDonald (780) 413-4901 carollmacdonald@capitalcare.net Calendar Subject to change without notice.</p>