






OCTOBER CALENDAR 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Rose House Leads Activities</p>	<p>1 Neighborhood Gathering</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 DANCE "RON RENDLE"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 KICKBALL / Get To Know Me</p>	<p>2 Neighborhood Gathering</p> <p>10:30 EXERCISE /Get To Know Me</p> <p>2:00 GREAT ROOM SOCIAL / Get To Know Me</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 BINGO</p>	<p>3</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 PUMPKIN PIE SOCIAL</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:00 KAROKE / Get To Know Me</p>	<p>4 9:00 BUS OUT TRIP</p> <p>10:30 EXERCISE / Get To Know Me</p> <p>2:00 BINGO / Get To Know Me</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 IN HOUSE MANICURES</p>	<p>5 HAIRDRESSER IN TODAY</p> <p>10:30 BOWLING / WALKING PRGM</p> <p>2:00 MANICURES</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>7:00 PUB AT LYNNWOOD</p>	<p>6 10:00 BIRD CAGE CARE</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 Great Room Activity / Walks</p> <p>3:00 COFFEE & VISITS</p> <p>6:30 Great Room Activity / Walks</p>
<p>7 10:30 Hymn Sing / Bird Care</p> <p>2:00 EXERCISE / WALKING PRGM</p> <p>3:00 COFFEE & VISITS</p> <p>6:30 MOVIE & SNACKS</p> <p>INDOOR PLANT WATERING</p> <p>Blue House Leads Activities</p>	<p>8 THANKSGIVING</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 MOVIE DVD & SNACKS</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 KICKBALL / Get To Know Me</p>	<p>9</p> <p>10:30 EXERCISE /Get To Know Me</p> <p>2:00 DANCE "Joe the singing KJ"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:00 FAMILY COUNCIL MEETING</p> <p>7:00 C.P.S.CHOIR</p>	<p>10</p> <p>8:00 FLU CLINIC / GREAT ROOM</p> <p>2:00 MONTHLY BIRTHDAY PARTY</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 KAROKE / Get To Know Me</p>	<p>11 BAKING WITH CAROL</p> <p>10:30 EXERCISE / Get To Know Me</p> <p>2:00 BINGO / Get To Know Me</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 IN HOUSE MANICURES</p>	<p>12 HAIRDRESSER IN TODAY</p> <p>10:30 BOWLING / WALKING PRGM</p> <p>1:45 PUB AT LYNNWOOD</p> <p>2:00 MANICURES</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 DANCE "DEBBIE & KEN"</p>	<p>13 10:00 BIRD CAGE CARE</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 Great Room Activity / Walks</p> <p>3:00 COFFEE & VISITS</p> <p>6:30 Great Room Activity / Walks</p>
<p>14 10:30 Hymn Sing / Bird Care</p> <p>2:00 EXERCISE / WALKING PRGM</p> <p>3:00 COFFEE & VISITS</p> <p>6:30 MOVIE & POPCORN SNACKS</p> <p>INDOOR PLANT WATERING</p> <p>Green House Leads Activities</p>	<p>15 PODIATRIST IN TODAY</p> <p>10:30 SING ALONG DVD</p> <p>2:00 DANCE "GOLDEN DREAMS"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 KICKBALL / Get To Know Me</p>	<p>16 CAROL AWAY TODAY</p> <p>10:30 EXERCISE /Get To Know Me</p> <p>2:00 SING ALONG DVD / Get To Know Me</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 DANCE "WAYNEO"</p>	<p>17 Neighborhood Gathering</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 Classical Music Concert</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 KAROKE / Get To Know Me</p>	<p>18 BAKING WITH CAROL</p> <p>10:30 EXERCISE / Get To Know Me</p> <p>2:00 DANCE "SWINGALONGS"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 IN HOUSE MANICURES</p>	<p>19 HAIRDRESSER IN TODAY</p> <p>10:30 BOWLING / WALKING PRGM</p> <p>2:00 MANICURES</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>7:00 PUB AT LYNNWOOD</p>	<p>20 10:00 BIRD CAGE CARE</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 Great Room Activity / Walks</p> <p>3:00 COFFEE & VISITS</p> <p>6:30 Great Room Activity / Walks</p>
<p>21 10:30 Hymn Sing / Bird Care</p> <p>2:00 EXERCISE / WALKING PRGM</p> <p>3:00 COFFEE & VISITS</p> <p>6:30 MOVIE & POPCORN SNACKS</p> <p>INDOOR PLANT WATERING</p> <p>Rose House Leads Activities</p>	<p>22 Neighborhood Gathering</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 Welcome Social for "Nelly"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 KICKBALL / Get To Know Me</p>	<p>23</p> <p>10:30 EXERCISE /Get To Know Me</p> <p>12:30 BUS OUT TRIP</p> <p>2:00 SING ALONG DVD</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 BINGO</p>	<p>24</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 DANCE "THE BRITTS"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:00 RESIDENT ART SHOW & FUNDRAISER SALE</p>	<p>25 BAKING WITH CAROL</p> <p>10:30 EXERCISE / Get To Know Me</p> <p>2:00 BINGO / Get To Know Me</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 Card Creations With "Barb"</p>	<p>26 HAIRDRESSER IN TODAY</p> <p>10:30 BOWLING / WALKING PRGM</p> <p>1:45 PUB AT LYNNWOOD</p> <p>2:00 MANICURES</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 DANCE "ROCHELLE & JOHN"</p>	<p>27 10:00 BIRD CAGE CARE</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 Great Room Activity / Walks</p> <p>3:00 COFFEE & VISITS</p> <p>6:30 Great Room Activity / Walks</p>
<p>28 10:30 Hymn Sing / Bird Care</p> <p>2:00 EXERCISE / WALKING PRGM</p> <p>3:00 COFFEE & VISITS</p> <p>6:30 MOVIE & POPCORN SNACKS</p> <p>INDOOR PLANT WATERING</p> <p>Blue House Leads Activities</p>	<p>29 Neighborhood Gathering</p> <p>10:30 EXERCISE / WALKING PRGM</p> <p>2:00 DANCE "DWAYNE CANNAN"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 PUMPKIN CARVING</p>	<p>30 Neighborhood Gathering</p> <p>10:30 EXERCISE /Get To Know Me</p> <p>2:00 DANCE "Joe the singing KJ"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 BINGO / Halloween Prizes</p>	<p>31 Halloween Dress Up Today</p> <p>10:30 S.A.B SCHOOL VISIT</p> <p>2:00 HALLOWEEN DANCE WITH "RANDY & RAI"</p> <p>3:00 IN HOUSE COFFEE & VISITS</p> <p>6:30 KAROKE / Get To Know Me</p>			
<p>OCTOBER BIRTHDAYS</p> <p>OLGA W. OCT 1st</p> <p>HILDA W. OCT 6th</p>		<p>PLEASE JOIN US AS WE WELCOME "NELLY" TO OUR MCCONNELL FAMILY. NELLY WILL LIVE IN THE GREEN</p>		<p>MPW has 2 cats: Pixie & Trixie. They are cared for by residents & staff on night shift. There are 4 birds which are cared for by the residents & staff on the day shift. Plants are cared for by residents & staff on evenings.</p>		<p>Therapy Assistant: Carol MacDonald (780) 413-4901 carolmacdonald@capitalcare.net Calendar subject to change without notice.</p>