






DECEMBER CALENDAR 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Blue Leads Activities</p>			<p>DECEMBER BIRTHDAYS</p> <p>MILDRED R. DEC 19TH JESSIE S. DEC 24TH</p>		<p>1 HAIRDRESSER IN TODAY</p> <p>10:30 BOWLING 1:45 Pub Afternoon At Lynnwood 2:00 Manicures 3:00 COFFEE & VISITS 6:30 BINGO</p>	<p>2 10:00 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 J.R.F. Inspirational Choir 3:00 COFFEE & VISITS 6:30 GREAT ROOM ACTIVITY</p>
<p>3 10:30 Singing Christmas Carols 2:00 EXERCISE/ WALKING PRGM 3:00 COFFEE & VISITS Christmas Movie & Popcorn 6:30 Indoor Plant Watering Green Leads Activities</p>	<p>4 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "DWAYNE CANNAN" 3:00 Making Cheese Sandwiches 6:30 BINGO</p>	<p>5 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 1:00 CHRISTMAS BAKE SALE & JEWELRY SALE 3:00 COFFEE & VISITS 6:30 TRIVIA / KICKBALL</p>	<p>6 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 MONTHLY BIRTHDAY PARTY 3:00 COFFEE & VISITS 6:30 KARAOKE SING ALONG</p>	<p>7 10:30 EXERCISE / WALKING PRGM 12:30 ART FUN WITH "JANI" 2:00 BINGO 3:00 Making P B & J Sandwiches 6:30 IN HOUSE MANICURES</p>	<p>8 HAIRDRESSER IN TODAY 10:30 BOWLING 2:00 IN HOUSE MANICURES 3:00 COFFEE & VISITS 7:00 CHRISTMAS CAROLLERS "FIRST CHURCH OF GOD"</p>	<p>9 10:00 BIRD CAGE CARE 10:30 EXERCISE & WALKING PRGM 2:00 Rythem Of Love Art Group 3:00 COFFEE & VISITS 6:30 GREAT ROOM ACTIVITY</p>
<p>10 10:30 Singing Christmas Carols 2:00 FAMILY & FRIENDS CHRISTMAS PARTY 6:30 Christmas Movie & Popcorn Indoor Plant Watering Rose Leads Activities</p>	<p>11 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 Uke Sing Along With "Janet" 3:00 Making Cheese Sandwiches 6:30 BINGO</p>	<p>12 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RON RENDLE" 3:00 COFFEE & VISITS 5:30 Wheelchair Light Tour 7:00 C.P.S CHOIR</p>	<p>13 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 PERFORMANCE BY THE CALDER CUTIES 3:00 COFFEE & VISITS 6:30 KARAOKE SING ALONG</p>	<p>14 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 Making P B & J Sandwiches 6:30 IN HOUSE MANICURES</p>	<p>15 HAIRDRESSER IN TODAY 10:30 BOWLING 2:00 IN HOUSE MANICURES 3:00 COFFEE & VISITS 7:00 PUB NIGHT AT LYNNWOOD</p>	<p>16 10:00 BIRD CAGE CARE 10:30 EXERCISE & WALKING PRGM 2:00 Uke Sing Along With "Janet" 3:00 COFFEE & VISITS 6:30 RICHARD EATON SINGERS CHRISTMAS CHOIR</p>
<p>17 10:30 Singing Christmas Carols 2:00 EXERCISE/ WALKING PRGM 3:00 COFFEE & VISITS 6:30 Christmas Movie & Popcorn Indoor Plant Watering Blue Leads Activities</p>	<p>18 9:30 PODIATRIST VISIT 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RANDI & RAI" 3:00 Making Cheese Sandwiches 5:45 Candy Cane Lane Bus Trip</p>	<p>19 10:30 EXERCISE / WALKING PRGM 2:00 HYMN SING WITH "LINDA" 3:00 COFFEE & VISITS 5:30 Wheelchair Light Tour 6:30 IN HOUSE ACTIVITY</p>	<p>20 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 BOB THE PIANO MAN 3:00 COFFEE & VISITS 6:30 KARAOKE SING ALONG</p>	<p>21 10:30 EXERCISE / WALKING PRGM 12:30 ART FUN WITH "JANI" 2:00 Card Creations With "Barb" 3:00 Making P B & J Sandwiches 6:30 IN HOUSE MANICURES</p>	<p>22 HAIRDRESSER IN TODAY 10:30 BOWLING 2:00 IN HOUSE MANICURES 3:00 COFFEE & VISITS 7:00 PUB NIGHT AT LYNNWOOD</p>	<p>23 10:00 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 COFFEE & VISITS 6:30 DECORATING GINGERBREAD HOUSES</p>
<p>24 10:30 Singing Christmas Carols 2:00 EXERCISE/ WALKING PRGM 3:00 COFFEE & VISITS 6:30 Opening Christmas Stockings With Hot Chocolate. Green Leads Activities</p>	<p>25 CHRISTMAS DAY 10:30 EXERCISE / WALKING PRGM 2:00 CHRISTMAS MOVIE 3:00 Making Cheese Sandwiches 6:30 IN HOUSE ACTIVITY</p>	<p>26 BOXING DAY 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 COFFEE & VISITS 6:30 TRIVIA / KICKBALL</p>	<p>27 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 COFFEE & VISITS 6:30 KARAOKE SING ALONG</p>	<p>28 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 Making P B & J Sandwiches 6:30 IN HOUSE MANICURES</p>	<p>29 HAIRDRESSER IN TODAY 10:30 BOWLING 2:00 NEW YEARS SOCIAL 3:00 COFFEE & VISITS 6:30 BINGO</p>	<p>30 10:00 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 COFFEE & VISITS 6:30 GREAT ROOM ACTIVITY</p>
<p>31 10:30 Singing Christmas Carols 2:00 EXERCISE/ WALKING PRGM 3:00 COFFEE & VISITS 6:30 Movie & New Years Treats Rose Leads Activities</p>				<p>MPW has 2 cats; Trixie and Pixie. They are cared for by the residents & staff on night shift. There are 4 birds which are cared for by the residents & staff on the day shift. The plants are cared for by residents & staff on evenings.</p>	<p>THERAPY ASSISTANT: Carol MacDonald (780) 413-4901 carollmacdonald@capitalcare.net Calendar Subject to change without notice.</p>	