

JULY CALENDAR 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 HYMN SING DVD 2:00 Hymns With "Joseph Petras" 3:00 COFFEE & VISITS 6:30 MOVIE & ICE CREAM TREATS INDOOR PLANT WATERING <i>Green Neighborhood Leads</i>	2 CANADA DAY  10:30 EXERCISE / WALKING PRGM 2:00 Popsicles on the patio/Walks 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	3 Neighborhood Gathering 10:30 EXERCISE / Get To Know Me 2:00 MUSIC OF CHARLES LUCK 3:00 COFFEE & VISITS 6:30 BINGO	4 10:30 EXERCISE / WALKING PRGM 12:30 ART FUN WITH "JANI" 3:00 COFFEE & VISITS 6:30 KARAOKE / Get To Know Me	5 9:00 BUS OUT TRIP 10:30 EXERCISE / Get To Know Me 2:00 BINGO 3:00 COFFEE & VISITS 6:30 IN HOUSE MANICURES	6 HAIRDRESSER IN TODAY 10:30 BOWLING 1:45 PUB AT LYNNWOOD 2:00 MANICURES 3:00 COFFEE & VISITS 6:30 EVENING DANCE	7 10:00 BIRD CAGE CARE(LPN) 10:30 SING ALONG 2:00 J.R.F Inspirational Choir 3:00 COFFEE & VISITS 6:30 GREAT ROOM ACTIVITY Watering Outdoor Flowers
8 10:30 HYMN SING DVD 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE & ICE CREAM TREATS INDOOR PLANT WATERING <i>Rose Neighborhood Leads</i>	9 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 11:00 Hand Magsgages with 'Ingrid' 2:00 DANCE "OLD SMOOTHIES" 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	10 9:30 UKRAINIAN VILLAGE OUT TRIP WITH CAROL 10:30 EXERCISE / Get To Know Me 2:00 Sing Along / Outdoor Walks 3:00 COFFEE & VISITS 7:00 C.P.S. CHOIR	11 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 1:45 CLASSICAL MUSIC CCL 2:00 Sing Along / Outdoor Walks 3:00 COFFEE & VISITS 6:30 KARAOKE / Get To Know Me	12 10:30 EXERCISE / Get To Know Me 12:00 HOT DOG BARBEQUE 2:00 BINGO 3:00 COFFEE & VISITS 6:30 IN HOUSE MANICURES	13 HAIRDRESSER IN TODAY 10:30 BOWLING 2:00 MANICURES 3:00 COFFEE & VISITS 7:00 PUB AT LYNNWOOD	14 10:00 BIRD CAGE CARE(LPN) 10:30 SING ALONG 2:00 Ice Cream on the patio/ Walks 3:00 COFFEE & VISITS 6:30 GREAT ROOM ACTIVITY Watering Outdoor Flowers
15 10:30 HYMN SING DVD 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE & ICE CREAM TREATS INDOOR PLANT WATERING <i>Blue Neighborhood Leads</i>	16 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "DWAYNE CANNAN" 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	17 10:30 EXERCISE / Get To Know Me 12:30 ART FUN WITH "JANI" 2:00 SING ALONG SOCIAL 3:00 COFFEE & VISITS 6:30 BINGO	18 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "JOSEPH PETRAS" 3:00 COFFEE & VISITS 6:30 KARAOKE / Get To Know Me	19 10:30 EXERCISE / Get To Know Me 12:00 PIZZA LUNCH 2:00 BINGO 3:00 COFFEE & VISITS 6:30 IN HOUSE MANICURES	20 HAIRDRESSER IN TODAY 10:00 K- DAY PARADE 1:45 PUB AT LYNNWOOD 2:00 MANICURES 3:00 COFFEE & VISITS 6:30 DANCE "DEBBIE & KEN"	21 10:00 BIRD CAGE CARE(LPN) 10:30 SING ALONG 2:00 Ice Cream on the patio/ Walks 3:00 COFFEE & VISITS 6:30 GREAT ROOM ACTIVITY Watering Outdoor Flowers
22 10:30 HYMN SING DVD 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 5:15 BUS OUT TRIP WITH CAROL 6:30 MOVIE & ICE CREAM TREATS <i>Green Neighborhood Leads</i>	23 10:30 EXERCISE / WALKING PRGM 11:00 Hand Magsgages with 'Ingrid' 2:00 Sing Along / Outdoor Walks 3:00 COFFEE & VISITS 6:30 DANCE / Get To Know Me	24 Neighborhood Gathering 10:30 EXERCISE / Get To Know Me 2:00 DANCE "JOSEPH PETRAS" 3:00 COFFEE & VISITS 6:30 BINGO	25 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 Card Creations With "Barb" 3:00 COFFEE & VISITS 6:30 KARAOKE / Get To Know Me	26 9:00 BUS OUT TRIP 10:30 EXERCISE / Get To Know Me 2:00 BINGO 3:00 COFFEE & VISITS 6:30 IN HOUSE MANICURES	27 HAIRDRESSER IN TODAY 10:30 BOWLING 2:00 MANICURES 3:00 COFFEE & VISITS 7:00 PUB AT LYNNWOOD	28 10:00 BIRD CAGE CARE(LPN) 10:30 EXERCISE / WALKING PRGM 2:00 Ice Cream on the patio/ Walks 3:00 COFFEE & VISITS 6:30 GREAT ROOM ACTIVITY Watering Outdoor Flowers
29 10:30 HYMN SING DVD 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE & ICE CREAM TREATS INDOOR PLANT WATERING <i>Rose Neighborhood Leads</i>	30 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RON RENDLE" 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	31 Neighborhood Gathering 10:30 EXERCISE / Get To Know Me 2:00 MONTHLY BIRTHDAY PARTY 3:00 COFFEE & VISITS 6:30 BINGO				
JULY BIRTHDAYS ROY W. JULY 1st MONIQUE M. JULY 3rd. PEARL Z. JULY 15th PAM P. JULY 25th		Assigned houses to lead activities in Carol's absence Residents To Assist Staff: DAYS- BIRD CAGE CARE EVENINGS- PLANT CARE NIGHTS- CAT CARE -TRIXIE, PIXIE &	SPIRITUAL CALENDAR ALONG WITH ACTIVITY CALENDAR ARE POSTED IN THE FRONT FOYER Calendar subject to change without notice.	For more Information Contact carollmacdonald@capitalcare.n.net Carol MacDonald (780) 413-4901		