






OCTOBER CALENDAR 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Hymn Sing / Bird Care 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE & POPCORN SNACKS INDOOR PLANT WATERING Green Neighborhood Leads	2 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "THE BRITTS" 3:00 Coffee & Sandwich Making 6:30 SING ALONG	3 10:30 EXERCISE / WALKING PRGM 2:00 IN HOUSE BAKING 3:00 COFFEE & VISITS 5:30 PUMPKIN PIE SOCIAL & DANCE "OLD SMOOTHIES"	4 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 HYMN SING WITH "LINDA" 3:00 COFFEE & VISITS 6:30 BINGO	5 9:00 BUS OUT TRIP 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 Coffee & Sandwich Making 6:30 IN HOUSE MANICURES	6 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 PUB AFTERNOON AT CCL 3:00 COFFEE & VISITS 6:30 MUSIC OF "JACINTA"	7 10:00 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 J.R.F Inspirational Choir 3:00 COFFEE & VISITS 6:30 Great Room Activity / Walks
8 10:30 Hymn Sing / Bird Care 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE & POPCORN SNACKS INDOOR PLANT WATERING Rose Neighborhood Leads	9 10:30 EXERCISE / WALKING PRGM 2:00 Movie-"Wizad Of Oz"/Snacks 3:00 Coffee & Sandwich Making 6:30 BINGO "THANKSGIVING"	10 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RANDY GLENN" 3:00 COFFEE & VISITS 6:30 BEAN TOSS / TRIVIA	11 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 MONTHLY BIRTHDAY PARTY 3:00 COFFEE & VISITS 6:30 KARAOKE SING ALONG	12 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 Coffee & Sandwich Making 6:30 IN HOUSE MANICURES	13 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 MANICURES 3:00 COFFEE & VISITS 7:00 PUB NIGHT AT LYNNWOOD 1 on 1 Activities	14 10:00 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 Great Room Activity / Walks 3:00 COFFEE & VISITS 6:30 Great Room Activity / Walks
15 10:30 Hymn Sing / Bird Care 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE & POPCORN SNACKS INDOOR PLANT WATERING Blue Neighborhood Leads	16 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RANDI & RAI" 3:00 Coffee & Sandwich Making 6:30 BINGO	17 9:00 Influenza Clinic for Residents 2:00 BOB THE PIANO MAN 3:00 COFFEE & VISITS 6:30 BEAN TOSS / TRIVIA	18 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 THE "CALDER CUTIES" 3:00 COFFEE & VISITS 6:30 KARAOKE SING ALONG	19 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 Coffee & Sandwich Making 6:00 YARDLEY JONES ART SHOW 6:30 IN HOUSE MANICURES	20 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 PUB AFTERNOON AT CCL 3:00 COFFEE & VISITS 6:30 BINGO	21 10:00 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 Great Room Activity / Walks 3:00 COFFEE & VISITS 6:30 Great Room Activity / Walks
22 10:30 Hymn Sing / Bird Care 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE & POPCORN SNACKS INDOOR PLANT WATERING Green Neighborhood Leads	23 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RON RENDLE" 3:00 Coffee & Sandwich Making 6:30 BINGO	24 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 2:00 Card Creations With "Barb" 3:00 COFFEE & VISITS 6:30 DANCE "DEBBIE & KEN"	25 10:30 Exercise Walking Prgm 1:45 Classical Music At CCL 2:00 IN HOUSE BAKING 3:00 COFFEE & VISITS 6:00 FAMILY COUNCIL 6:30 KARAOKE SING ALONG	26 9:00 BUS OUT TRIP 10:30 EXERCISE / WALKING PRGM 12:30 ART FUN WITH "JANI" 2:00 BINGO 3:00 Coffee & Sandwich Making 6:30 IN HOUSE MANICURES	27 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 MANICURES 3:00 COFFEE & VISITS 7:00 PUB NIGHT AT LYNNWOOD 1 on 1 Activities	28 10:00 BIRD CAGE CARE 10:30 EXERCISE / WALKING PRGM 2:00 Great Room Activity / Walks 3:00 COFFEE & VISITS 6:30 PUMPKIN CARVING
29 10:30 Hymn Sing / Bird Care 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE & POPCORN SNACKS INDOOR PLANT WATERING Rose Neighborhood Leads	30 Neighborhood Gathering 10:30 EXERCISE / WALKING PRGM 12:30 ART FUN WITH "JANI" 2:00 DANCE "DWAYNE CANNAN" 3:00 Coffee & Sandwich Making 6:30 BINGO	31 Dress Up For Halloween 10:30 S.A.B. SCHOOL VISIT 2:00 HALLOWEEN SOCIAL 3:00 COFFEE & VISITS 6:30 BEAN TOSS / TRIVIA				
OCTOBER BIRTHDAYS OLGA W. OCT 1st HILDA W. OCT 6th JOHANNA S. OCT 30th		PLEASE JOIN US AS WE WELCOME BEVERLY, & BERYL TO OUR MCCONNELL FAMILY		MPW has 2 cats: Pixie & Trixie. They are cared for by residents & staff on night shift. There are 4 birds which are cared for by the residents & staff on the day shift. The plants are cared for by residents & staff on evenings		Therapy Assistant: Carol MacDonald (780) 413-4901 carollmacdonald@capitalcare.net Calendar subject to change without notice.