

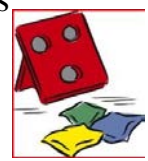












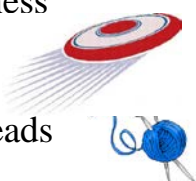












August 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO  2:30 Crafts – Kinetic Sand	2 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bean Bag Toss Walking  2:30 Clients Choice	3 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Balloon Racquetball Loops & Threads  2:30 Card Bingo	4 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ladder Ball Walking  2:30 Cards
7 Program Closed 	8 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bowling Walking  2:30 Nail Care	9 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment Mr. Mellow  2:30 Clients Choice	10 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Relaxation Walking  2:30 Documentary	11 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ring Toss  2:30 Cards
14 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO  2:30 Documentary	15 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Washer Toss Painting  2:30 Crafts	16 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Launch Pad Walking  2:30 Clients Choice	17 10:00 Kat's Corner Café 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bocce Ball Walking  2:30 Name 5	18 10:00 Kat's Corner Café 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment Gallow Glass  2:30 Documentary
21 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Frisbee Golf Loops & Threads  2:30 Crafts	22 10:00 Painting 11:00 Fun and Fitness 11:30 LUNCH 1:00 Relaxation  2:30 Nail Care	23 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Documentary and Popcorn Walking  2:30 Clients Choice	24 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Horse Shoes Library Visit  2:30 Blurt	25 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Horse Races Walking  2:30 Cards
28 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ball Toss Painting  2:30 Card Bingo 	29 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment Jackson Mackenzie  2:30 Documentary	30 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Dart Ball Walking  2:30 Clients Choice	31 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO  2:30 Crafts	



Upcoming Events

- Tuesday August 1 – BINGO
- Monday August 7 – Program Closed
- Wednesday August 9 – Entertainment with Mr. Melody
- Thursday August 10 – Relaxation with Jackie
- Monday August 14 – BINGO
- Thursday August 17 – Kat's Corner Café
- Friday August 18 – Kat's Corner Café
- Friday August 18 – Entertainment with Gallow Glass
- Tuesday August 22 – Relaxation with Jackie
- Wednesday August 23 – Documentary and Popcorn
- Thursday August 24 – Edmonton Public Library Visit
- Tuesday August 29 – Entertainment with Jackson Mackenzie
- Thursday August 31 - BINGO

Birthdays

- Charlie C.
- Dorothy K.
- Ida B.
- Rosa Q.
- Judy B.
- George M.
- Stan O.
- Bob B.



Let's go for a
walk

Watch for our outdoor walking
program, weather depending,
during the summer!

**** Please Note **** Calendar is subject to change

If you have any questions regarding recreation
programs, please call Laurel Hughes (Recreation
Therapist) at (780)944-8676

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