











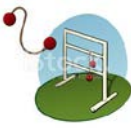




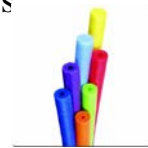






August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>** Please Note ** Calendar is subject to change</p> <p>If you have any questions regarding recreation programs, please call Laurel Hughes (Recreation Therapist) at (780)944-8676</p>		<p>1 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Frisbee Golf  2:30 At Your Leisure</p>	<p>2 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Horse Shoes Walking  2:30 Blur</p>	<p>3 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ring Toss Crib  2:30 Card Bingo</p>
<p>6 Program Closed </p>	<p>7 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO  2:30 Blur</p>	<p>8 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment Jackson Mackenzie  2:30 At Your Leisure</p>	<p>9 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Documentary And Popcorn  2:30 Card Bingo</p>	<p>10 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bocce Ball  2:30 Cards</p>
<p>13 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment Jukebox Leigh  2:30 Wheel of Fortune</p>	<p>14 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Relaxation With Jackie  2:30 Word in A Word</p>	<p>15 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Launch Pad Walking  2:30 At Your Leisure</p>	<p>16 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO  2:30 Word In A Word</p>	<p>17 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Antique Cars Table Games 2:30 Cards</p>
<p>20 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ladder Ball  2:30 Finish the Line</p>	<p>21 10:00 Crib 11:00 Fun and Fitness 11:30 LUNCH 1:00 Power Putters Walking  2:30 LRC Dice</p>	<p>22 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Horse Racing  2:30 At Your Leisure</p>	<p>23 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bean Bag Toss Walking  2:30 Wheel of Fortune</p>	<p>24 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO  2:30 Cards</p>
<p>27 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Noodle Hockey  2:30 Name 5</p>	<p>28 10:00 Crib 11:00 Fun and Fitness 11:30 LUNCH 1:00 Dart Ball Walking  2:30 Card Bingo</p>	<p>29 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment Wayne O.  2:30 At Your Leisure</p>	<p>30 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Relaxation With Jackie  2:30 At Your Leisure</p>	<p>31 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Balloon Racquetball Crib  2:30 Canadian Trivia</p>



Upcoming Events

- Monday August 6 – Program Closed
- Tuesday August 7 – Bingo
- Wednesday August 8 – Entertainment with Jackson Mackenzie
- Thursday August 9 – Documentary and Popcorn
- Monday August 13 – Entertainment with Jukebox Leigh
- Tuesday August 14 – Relaxation with Jackie
- Thursday August 16 – Bingo
- Friday August 17 – Antique Cars
- Friday August 24 – Bingo
- Wednesday August 29 – Entertainment with Wayne O.
- Monday September 3 – Program Closed for Labour Day

Let's go for a
walk

Watch for our outdoor walking program, weather depending, during the summer!

Birthdays

- Claire S.
- Charlie C.
- Ida B.
- Stan O.
- Rosa Q.
- Bob B.



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