









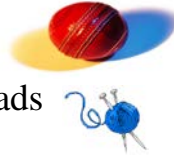












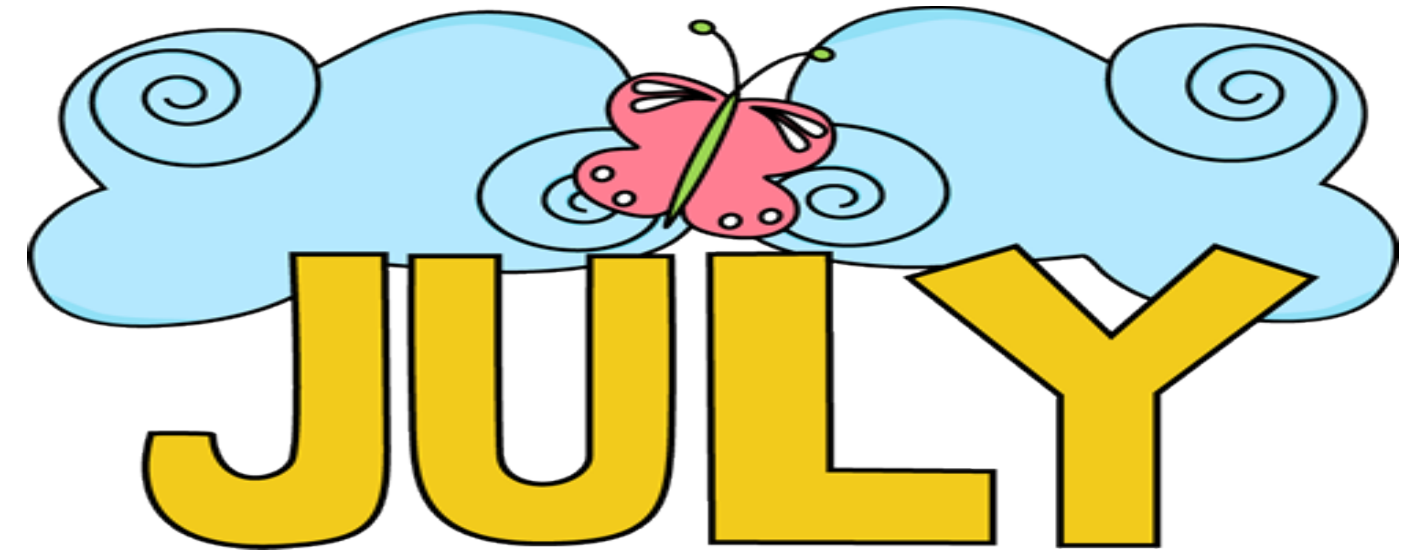


# July 2018

Monday	Tuesday	Wednesday	Thursday	Friday	
<b>2</b> <b>Program Closed</b> 	<b>3</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Frisbee Golf Crib 2:30 Sponge Firework craft 	<b>4</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Noodle Hockey 2:30 At Your Leisure 	<b>5</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 <b>BINGO</b> 2:30 LRC Dice 	<b>6</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Washer Toss Crib 2:30 Cards 	
<b>9</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Horse Racing 2:30 Sponge Firework craft 	<b>10</b> 10:00 Crib 11:00 Fun and Fitness 11:30 LUNCH 1:00 Balloon Racquetball Walking 2:30 Nail Care 	<b>11</b> 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bean Bag Toss 2:30 At Your Leisure 	<b>12</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 <b>Entertainment</b> <b>Wayne O.</b> 2:30 Documentary 	<b>13</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Launch Pad Walking 2:30 Name 5 	
<b>16</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bocce Ball Loops & Threads 2:30 Blur 	<b>17</b> 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Relaxation With Jackie 2:30 Painting 	<b>18</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 <b>BINGO</b> 2:30 At Your Leisure 	<b>19</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ball Toss Walking 2:30 Tulip Painting 	<b>20</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Dart Ball Crib 2:30 Outside Patio and Treats 	
<b>23</b> 10:00 Tulip Painting 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ladder Ball Walking 2:30 Wheel of Fortune 	<b>24</b> 10:00 Crib 11:00 Fun and Fitness 11:30 LUNCH 1:00 <b>Entertainment</b> <b>Dwayne Cannon</b> 2:30 Documentary 	<b>25</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Documentary And Popcorn 2:30 At Your Leisure 	<b>26</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 <b>Petting Zoo</b> <b>Antique Cars</b> 2:30 Petting Zoo 	<b>27</b> 10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ring Toss Walking 2:30 Cards 	
<b>30</b> 10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 <b>BINGO</b> 2:30 Finish the Line 	<b>31</b> 10:00 Crib 11:00 Fun and Fitness 11:30 LUNCH 1:00 Relaxation With Jackie 2:30 Outside Patio and Treats 				<p><b>** Please Note **</b> Calendar is subject to change</p> <p>If you have any questions regarding recreation programs, please call Laurel Hughes (Recreation Therapist) at (780)944-8676</p>



### Upcoming Events

- Monday July 2 – Program Closed for Canada Day
- Thursday July 5 – BINGO
- Thursday July 12 – Entertainment with Wayne O.
- Tuesday July 17 – Relaxation with Jackie
- Wednesday July 18 – BINGO
- Tuesday July 24 – Entertainment with Dwayne Cannon
- Wednesday July 25 – Documentary and Popcorn
- Thursday July 26 – Petting Zoo and Antique car show
- Monday July 30 – Bingo
- Tuesday July 31 – Relaxation with Jackie



Let's go for a  
**walk**

Watch for our outdoor walking program, weather depending, during the summer!

### Birthdays

- Joan S.
- Zera J.
- Richard T.
- Edna T.
- John Si.



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