


















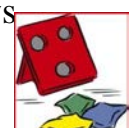





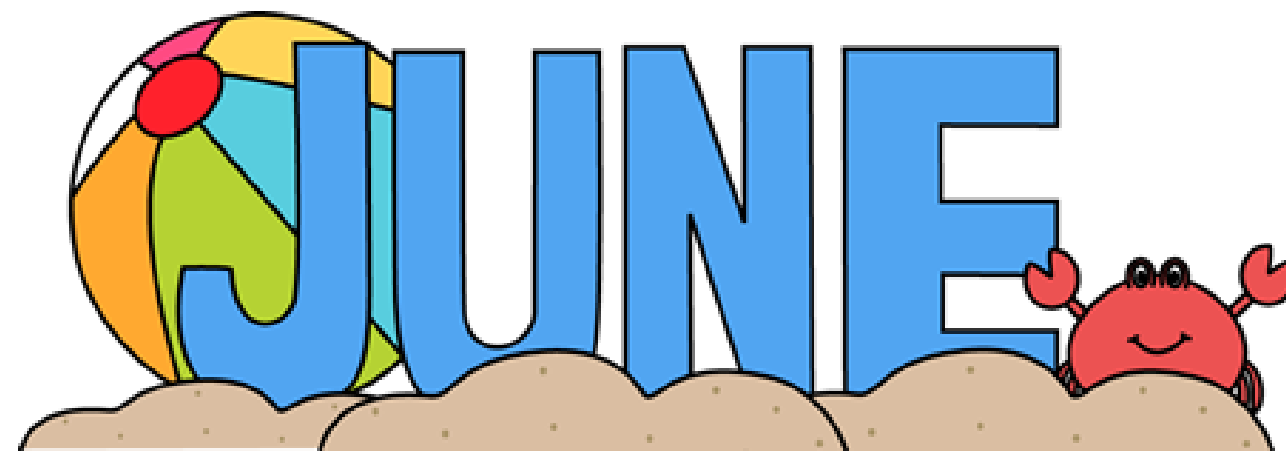


June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>** Please Note ** Calendar is subject to change</p> <p>If you have any questions regarding recreation programs, please call Laurel Hughes (Recreation Therapist) at (780)944-8676</p>				<p>1</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Curling Client Council 2:30 Cards</p> 
<p>4</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Balloon Racquetball Loops & Threads 2:30 Finish the Line</p>  	<p>5</p> <p>10:00 Crib 11:00 Fun and Fitness 11:30 LUNCH 1:00 Relaxation With Jackie 2:30 Nail Care</p> 	<p>6</p> <p>10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ladder Ball 2:30 At Your Leisure</p> 	<p>7</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Celebration of Life 2:30 LRC Dice</p> 	<p>8 Summer Kickoff BBQ</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment Jukebox Leigh 2:30 Cards</p> 
<p>11</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Frisbee Golf Loops & Threads 2:30 Wheel of Fortune</p>  	<p>12</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Power Putters Crib 2:30 Painting</p> 	<p>13</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bowling 2:30 At Your Leisure</p> 	<p>14</p> <p>10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO 2:30 Name 5</p> 	<p>15</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Norwood School Visit 2:30 Documentary</p> 
<p>18</p> <p>10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment Wayne O. 2:30 Cards</p> 	<p>19</p> <p>10:00 Crib 11:00 Fun and Fitness 11:30 LUNCH 1:00 Ring Toss 2:30 Canada Day Craft</p> 	<p>20</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bocce Ball 2:30 At Your Leisure</p> 	<p>21</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Relaxation With Jackie 2:30 Finish the Line</p> 	<p>22</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO 2:30 Outdoor Patio and Snacks</p> 
<p>25</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Bean Bag Toss Loops & Threads 2:30 Wheel of Fortune</p>  	<p>26</p> <p>10:00 Baking 11:00 Fun and Fitness 11:30 LUNCH 1:00 BINGO 2:30 Painting</p> 	<p>27</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Documentary and Popcorn 2:30 At Your Leisure</p> 	<p>28</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Entertainment The Brits 2:30 Documentary</p> 	<p>29</p> <p>10:00 News and Views 11:00 Fun and Fitness 11:30 LUNCH 1:00 Maple Leaf Toss 2:30 Canada Day Trivia</p> 



Upcoming Events

- Friday June 1 – Client Council
- Tuesday June 5 – Relaxation with Jackie
- Thursday June 7 – Celebration of Life
- Friday June 8 – Summer BBQ
- Friday June 8 – Entertainment with Jukebox Leigh
- Thursday June 14 – BINGO
- Friday June 15 – Norwood Kindergarten Visit
- Monday June 18 – Entertainment with Wayne O.
- Thursday June 21 – Relaxation with Jackie
- Friday June 22 – BINGO
- Tuesday June 26 – BINGO
- Wednesday June 27 – Documentary and Popcorn
- Thursday June 28 – Entertainment with The Brits
- Monday July 2 – Program Closed for Canada Day



Birthdays

- Dargmar L.
- Cheryl Y.
- June S.
- Kamilia M.



CHOICE Norwood
10404 111 Avenue, Edmonton, AB, T5G 3A2
Office Phone Number: (780)944-8662
www.capitalcare.net