


February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 10:00 Coffee & Social 10:20 Baking 11:00 Fun and Fitness 11:30 LUNCH 12:30 Crazy 8 1:00 Ball Toss 1:30 Card Bingo
4 10:00 Coffee & Social 10:20 Hangman 11:00 Fun and Fitness 11:30 LUNCH 12:30 Uno 1:00 Bean Bag Toss 1:30 Canadian Trivia	5 Chinese New Year 10:00 Coffee & Social 10:20 Valentines Craft 11:00 Fun and Fitness 11:30 LUNCH 12:30 Connect 4 1:00 BINGO	6 10:00 Coffee & Social 10:20 Word in A Word 11:00 Fun and Fitness 11:30 LUNCH 12:30 Sing-A-Long 1:00 Ladder Ball 1:30 Finish the Line	7 10:00 Coffee & Social 10:20 Valentines Craft 11:00 Fun and Fitness 11:30 LUNCH 12:30 Table Games 1:00 Relaxation 1:30 Bewitched	8 10:00 Coffee & Social 10:20 Valentines Craft 11:00 Fun and Fitness 11:30 LUNCH 12:30 Uno 1:00 Entertainment
11 10:00 Coffee & Social 10:20 Card Bingo 11:00 Fun and Fitness 11:30 LUNCH 12:30 Nail Care/Colouring 1:00 Horse Shoes 1:30 Finish the Line	12 10:00 Coffee & Social 10:20 Card Bingo 11:00 Fun and Fitness 11:30 LUNCH 12:30 Nail Care/Colouring 1:00 Bocce Ball 1:30 Name 5	13 10:00 Coffee & Social 10:20 Hangman 11:00 Fun and Fitness 11:30 LUNCH 12:30 Canadian Trivia 1:00 Frisbee Golf 1:30 Documentary	14 Valentine's Day 10:00 Coffee & Social 10:20 Baking 11:00 Fun and Fitness 11:30 LUNCH 12:30 Name 5 1:00 Horse Racing 1:30 Uno	15 10:00 Coffee & Social 10:20 Sing-A-Long 11:00 Fun and Fitness 11:30 LUNCH 12:30 Crazy 8 1:00 Norwood School Visit

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
18 Program Closed 	19 10:00 Coffee & Social 10:20 Baking 11:00 Fun and Fitness 11:30 LUNCH 12:30 Uno 1:00 Entertainment	20 10:00 Coffee & Social 10:20 Snakes and Ladders 11:00 Fun and Fitness 11:30 LUNCH 12:30 Canadian Trivia 1:00 Documentary & Popcorn	21 10:00 Coffee & Social 10:20 Sorry 11:00 Fun and Fitness 11:30 LUNCH 12:30 Finish the Line 1:00 Bingo	22 10:00 Coffee & Social 10:20 Crazy 8 11:00 Fun and Fitness 11:30 LUNCH 12:30 Card Bingo 1:00 Bocce Ball 1:30 Finish the Line
25 10:00 Coffee & Social 10:20 Canadian Trivia 11:00 Fun and Fitness 11:30 LUNCH 12:30 Finish the Line 1:00 Balloon Racquetball 1:30 Documentary	26 10:00 Coffee & Social 10:20 Nail Care/Colouring 11:00 Fun and Fitness 11:30 LUNCH 12:30 Sing-A-Long 1:00 Relaxation	27 10:00 Coffee & Social 10:20 Kerplunk 11:00 Fun and Fitness 11:30 LUNCH 12:30 Word in A Word 1:00 Bingo	28 10:00 Coffee & Social 10:20 Snakes and Ladders 11:00 Fun and Fitness 11:30 LUNCH 12:30 Card Bingo 1:00 Bean Bag Toss 1:30 Pictionary	



Ann R. February 20th
Grant V. February 21st

** Please Note ** Calendar is subject to change
 If you have any questions regarding recreation programs, please call Laurel Hughes (Recreation Therapist) at (780)944-8676