

# Heritage HOUSE




October, 2018

“In all things give thanks.”

*1 Thessalonians 5:18*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>ZODIAC</b> <b>Libra</b> September 23 – October 22 <b>Scorpio</b> October 23- November 21</p>	<p>1 10:30 Today's Topics 11:00 Gardening  1:30 Story Building 2:30 Smoothie Social 3:30 Exercises</p>	<p>2 10:15 Protestant Communion (LH) 10:30 Today's Topics 10:30 Manicures  1:30 Water Garden 2:30 Wine Making 3:30 Exercises</p>	<p>3 10:30 Baking  1:30 iPad Games  2:30 Social</p>	<p>4 10:45 St. Thomas Anglican Church  2:00 Bingo (LH) 2:15 Flower Arranging 3:30 Exercises  7:00 Pub Night (LH)</p>	<p>5 10:30 Exercises  <b>1:30 Celebrating Thanksgiving with Lam-chops</b> 3:00 Cooking Cabbage Rolls 6:15 BINGO</p>	<p>6 <i>10:30 Visits with Jack</i> 10:30 Fall Craft with Mason Jars <b>11am Oilers vs New Jersey on TV</b>  1:30 Short Stories 2:30 Social</p>
<p>7  2:00 Inter-Denominational Church Service with Pastor David</p>	<p>8  <b>2:00 Eskimos vs Roughriders Football on TV</b></p>	<p>9 10:30 Today's Topics 10:30 Manicures 11:00 Men's Group  <b>1:30 "Vicky's for Coffee" Bus Trip</b> 1:30 Fall Cleaning of Raised Courtyard Gardens 3:30 Exercises</p>	<p>10 10:30 Music with Margie <b>1:30 Strathcona Library Book Mobile</b> <i>1:45 Games Day with Holy Spirit Grade 4's</i> 2:45 Social 3:30 Exercises <b>5:30 Diner's Club "Mary Browns"</b> 6:15 BINGO</p>	<p>11 10:45 Hymn Sing  2:00 Bingo (LH) 2:15 Fall Gardening 3:30 Exercises  <b>5pm Oilers vs Boston on TV</b>  7:00 Pub Night (LH)</p>	<p>12 10:30 Exercises 11:00 Seasonal Decorating  1:30 iPad Games  2:30 Smoothie Social</p>	<p>13 <b>11am Oilers vs NY Rangers on TV</b>   <b>3:00 Eskimos vs Ottawa Football on TV</b></p>
<p>14 10:30 The Park Church</p>	<p>15 10:30 Resident/Family Council Meeting 11:30 Today's Topics  1:30 Name That Tune 2:30 Smoothie Social 3:30 Exercises</p>	<p>16 10:30 Today's Topics 11:00 Friendly Visits  1:30 Creative Hands 2:30 Exercises  <b>6pm Oilers vs Winnipeg on TV</b></p>	<p>17 <i>10:30 Wolf River Entertains</i>  1:30 Active Games <b>2:30 JAVA Music Club</b> 4:00 Exercises <i>6:15 Let's Get Together</i></p>	<p>18 10:45 OLPH Roman Catholic Mass 2:00 Bingo (LH) 2:15 Short Stories 3:30 Exercises <b>7pm Oilers vs Boston on TV</b> 7:00 Pub Night (LH)</p>	<p>19 10:30 Exercises 11:00 Tabletop Exercise 1:30 BINGO 2:30 Karaoke 3:30 Hockey Pool <b>8:00 Eskimos vs Lions Football on TV</b></p>	<p>20  <i>10:30 Visits with Jack</i>  <b>8pm Oilers vs Nashville on TV</b></p>
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

<p style="text-align: right;">21</p> <p>10:30 Shine On Manicures</p> <p>3:00 St. John's Lutheran Church</p>	<p style="text-align: right;">22</p> <p>10:30 Art Class</p> <p style="text-align: center;"><i>German Lunch</i></p> <p>1:45 Travel Club "Germany"</p> <p>3:00 Making Jack O'lantern &amp; Roasting Pumpkin Seeds</p> <p>3:30 Exercises</p>	<p style="text-align: right;">23</p> <p>10:30 Today's Topics</p> <p style="text-align: center;"><b>10:30 "Walmart" Bus Trip</b></p> <p>1:30 Manicures</p> <p>2:30 Creative Hands</p> <p>2:30 Ipad Games</p> <p>3:30 Exercises</p> <p style="color: red;">7pm Oilers vs Pittsburgh on TV</p>	<p style="text-align: right;">24</p> <p>10:30 Baking Pumpkin Crumble Muffins</p> <p>1:15 Paint Pumpkins</p> <p style="text-align: center;"><b>2:30 JAVA Music Club</b></p>	<p style="text-align: right;">25</p> <p>10:45 United Church</p> <p>2:00 Bingo (LH)</p> <p>2:15 Hot Chocolate Social</p> <p>3:15 Harp Relaxation</p> <p>3:30 Exercises</p> <p>4:00 Harp Singalong</p> <p style="color: red;">7pm Oilers vs Washington on TV</p> <p>7:00 Pub Night (LH)</p>	<p style="text-align: right;">26</p> <p>10:30 Exercises</p> <p>11:00 Tabletop Exercise</p> <p style="text-align: center;"><i>1:30 Terry Jordan Entertains</i></p> <p>2:30 Smoothie Social</p> <p>3:45 Short Stories</p>	<p style="text-align: right;">27</p> <p>10:30 Baking Jumbo Raisin Cookies</p> <p style="color: red;">1pm Oilers vs Nashville on TV</p> <p>1:30 Today's Topics</p> <p>2:30 Social</p>
<p style="text-align: right;">28</p> <p>10:30 Shine On Manicures</p> <p>2:00 Heartland Alliance Church</p> <p style="color: red;">4pm Oilers vs Chicago on TV</p>	<p style="text-align: right;">29</p> <p>10:30 Superstitions Revealed</p> <p>11:00 Hand Bells</p> <p style="text-align: center;"><i>1:45 Halloween Games with Glen Allan Grade 4s</i></p> <p>3:30 Exercises</p>	<p style="text-align: right;">30</p> <p>10:30 Today's Topics</p> <p>10:30 Manicures</p> <p>1:30 Friendly Visits</p> <p>2:30 Wine Making</p> <p>3:30 Exercises</p> <p style="color: red;">7pm Oilers vs Minnesota on TV</p>	<p style="text-align: right;">31</p> <p>10:30 Halloween Stories</p> <p style="text-align: center;"><b>12:00 Costume Parade</b></p> <p style="text-align: center;"><b>1:30 Strathcona Library Book Mobile</b></p> <p style="text-align: center;"><b>1:30 Halloween Dance with Doug Mitchell &amp; Costume Parade with Holy Spirit Grade 4's</b></p>	<p style="color: purple; font-weight: bold; font-size: 1.2em;">OCTOBER BIRTHDAYS</p> <p><b>1<sup>st</sup> Helen    11<sup>th</sup> Lloyd</b>  <b>13<sup>th</sup> Ray    18<sup>th</sup> Clara</b></p> <p>Key: (LH) = Laurier House</p>		

**Please be advised that the monthly calendar is subject to last minute changes. If you have any questions, please contact Recreation @ 780-417-4330 or [heather.rozak@capitalcare.net](mailto:heather.rozak@capitalcare.net)**

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