

Heritage HOUSE

MAY, 2017



“God could not be everywhere,
therefore he made mothers”
Rudyard Kipling

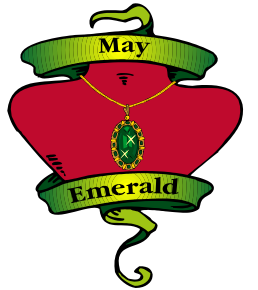
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



3:00 Victory Baptist Church



2:00 The Park Church



				Dwayne Cannon (LH)		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 3:00 St. John's Lutheran Church	22 	23 10:30 Butterfly & Bug Presentation 11:30 Butterfly Larva Prep 1:30 Lilly Kossowan's 100th Birthday Celebration 3:30 Exercises	24 10:30 Today's Topics 2:30 Active Games 3:00 Meal Enhancement Meeting 3:30 Butterfly Care and Information 6:30 BINGO	25 10:45 Sherwood Park United 2:00 Bingo (LH) 2:00 Music with Bobby Austin 3:30 Yoga with Georgie 7:00 Pub Night with Bob Van (LH)	26 10:30 Cooking for Diner's Club 12-1 Diner's Club "Spaghetti and homemade meatballs" 1:30 iPad Games 2:30 Outside Strolls	27 10:30 Baking: Spinach Dip Roll Ups 1:30 Short Stories 2:30 Friendly Visits
28 2:00 Heartland Alliance Church	29 10:30 Morning Coffee 11:00 Today's Topics 1:45 Glen Allan School Grade 4's Garden Planting 3:30 Exercises	30 10:30 "Salisbury Greenhouse" Bus Trip 10:30 Tabletop Exercise 11:00 Friendly Visits 1:30 Welcome Tea Social with Country Music Man 2:30 Manicures 3:30 Exercises	31 10:30 Music with Margie 2:30 Active Games 3:30 Gardening & Butterfly Care 6:30 BINGO	MAY BIRTHDAYS 19 th Olive 20 th Dorothy & Don 23 rd Lilly & Mary 29 th Pat Key: (LH) = Laurier House		

Please be advised that the monthly calendar is subject to last minute changes. If you have any questions, please contact Recreation @ 780-417-4330 or heather.rozak@capitalcare.net

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