

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b>		<b>2</b> 9:45 Neighbourhood Time 10:15 New Year's Resolutions 11:00 Bean Bag Toss 2:00 Spa Time 3:00 Friendly Visits	<b>3</b> 10:30 Music Interaction 10:45 Whitehall Day Care Visit 12:30 Lunch Group (Balcony) 2:00 Resident/Family Council Meeting (Auditorium) 3:30 Helping Hands	<b>4</b> 9:45 Neighbourhood Time 10:30 Coffee & News 11:15 Basketball Toss 2:00 Afternoon FREE Bingo (Auditorium) 3:30 Planning Time 7:00 Pub Night with "Randy & Rai" (Garden)	<b>5</b> 10:30 Roman Catholic Mass (Auditorium) 2:00 Ladder Golf Game (Auditorium)
<b>6</b>	<b>7</b> 9:45 Neighbourhood Time (Bread Making) 10:30 Painting Class (Garden) 2:00 Java Club 3:45 A Wii Bit of Fun	<b>8</b> 9:45 Neighbourhood Time 10:30 Coffee & News 11:15 Chair Hockey 2:00 Bingo (Garden) 2:00 Rhythm & Song 3:30 Music & Relaxation 3:45 Yoga (Balcony)	<b>9</b> MAIN FLOOR/ NEIGHBOURHOOD UNDECORATING 	<b>10</b> 9:45 Neighbourhood Time 10:15 Morning Exercise 10:30 Music Interaction 11:30 Curling Game 12:30 Lunch Group (Balcony) 2:00 Sing-a-long with "Wes" 3:30 Helping Hands	<b>11</b> 9:45 Neighbourhood Time 10:30 Coffee & News 11:15 Card Games 2:00 Afternoon Pub "Classic Country" (Garden) 3:45 Friendly Visits 6:30 Bingo (Auditorium)	<b>12</b> 10:30 Roman Catholic Mass (Auditorium) 2:00 Arts & Crafts with Shanti (Auditorium)
<b>13</b>	<b>14</b> 9:45 Neighbourhood Time (Bread Making) 10:30 Painting Class (Auditorium) 2:00 Java Club 3:45 I Pad Time	<b>15</b> 9:45 Neighbourhood Time 10:30 Morning Exercise 11:15 Board games 2:00 Rhythm & Song 2:00 Coffee & Donuts 3:30 Music & Relaxation 3:45 Yoga (Balcony)	<b>16</b> 9:45 Neighbourhood Time 10:30 Coffee & News 11:00 Ladder Golf Game 2:00 Woodworking 6:30 Music with "John Neufeld" (Garden)	<b>17</b> 9:45 Neighbourhood Time 10:30 Music Interaction 11:00 Hymn Sing with "Trisha" (3PP North) 12:30 Lunch Group (Balcony) 2:00 Hot Chocolate Social 3:30 Helping Hands	<b>18</b> 9:45 Neighbourhood Time 10:30 Coffee & News 11:30 Hockey Talk 2:00 Bingo (Auditorium) 3:45 Helping Hands 7:00 Pub Night with "Sounds of Country" (Garden)	<b>19</b> 10:30 Roman Catholic Mass (Auditorium) 2:00 Bowling (Auditorium)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	9:45 Neighbourhood Time (Bread Making) 10:30 Painting Class (Auditorium) 2:00 Java Club 3:45 A Wii Bit of Fun	9:45 Neighbourhood Time 10:15 Morning Exercise 11:15 Card Games 2:00 Bingo (Auditorium) 2:00 Rhythm & Song 3:30 Music & Relaxation 3:45 Yoga (Balcony)	9:45 Neighbourhood Time 10:15 Coffee & news 11:00 Bean Bag Toss 2:00 Owls of Alberta Presentation (Auditorium)  3:30 A Wii Bit of Fun	9:45 Neighbourhood Time 10:30 Brunch Set Up 10:30 Music Interaction 12:00 Brunch (Auditorium) 2:00 Friendly Visits 3:30 Helping Hands	9:45 Neighbourhood Time 10:15 Coffee & News 11:00 Football Toss 2:00 Afternoon Pub with "Steven Tyler" (Garden) 3:45 Planning Time 6:30 Friday FREE Bingo (Auditorium)	10:30 Roman Catholic Mass (Auditorium)  2:00 Arts & Crafts with Shanti (Auditorium)
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
	9:45 Neighbourhood Time/Bread Making 10:15 Coffee & News 11:30 Hockey Talk 2:00 Java Club 3:45 I Pad Time	9:45 Neighbourhood Time 10:15 Morning Exercise 11:15 Board Games 2:00 Music with "The Chwills" (Garden) 2:00 Rhythm & Song 3:30 Music & Relaxation 3:45 Yoga (Balcony) 6:30 Bingo (Auditorium)	9:45 Neighbourhood Time 10:15 Coffee & News 11:00 Chair Hockey 2:00 Bowling 3:30 I Pad Time	9:45 Neighbourhood Time 10:30 News & Views 10:30 Music Interaction 11:30 Curling Game 1:45 Recreation Therapy Staff Meeting (Conf. Rm. 1) 3:30 Friendly Visits		

Calendar Subject to Change Without Notice