



AUGUST 2017 Recreation Calendar



Recreation Therapist - Jen Rygus – 780-496-7111

First Floor (1) Auditorium (AUD) Second Floor (2) FR – Friendship Room

Therapy Assistants -Betty Tyszkiewicz AND Anita Smith (780) 496-7135 * - Requires Previous Arrangements – Out trips and meal groups

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10 :30 – EXERCISE (1) 2 :00 – KNITS & CROCHETS (1) 2 :00 – PERFORMANCE BY MICHAEL GREET (AUD) 2 :00 – DICE IS NICE (2) 3 :30 – FRIENDSHIP HOUR (2) 6 :30 – GAMES NIGHT (2)	2 10 :30 – TAI CHI (2) 2 :00 – WALKABOUTS 3 :30 – CARDS (1) 3 :30 – NAME THAT TUNE (2) 6 :30 - ENTERTAINMENT FEATURING BOB KELLY (1)	3 10 :30 – BOWLING (AUD) 2 :00 – ART CLASS (1) 2 :00 - CREATIVE STORIES (2) 3 :30 – FRIENDSHIP HOUR (2) 6 :30 – BINGO (2)	4 10 :30 – FRIDAY FUN TOPICS (1) 2 :30 – HAPPY HOUR FEATURING CURLY AND GRANT (AUD)	5 10 :30 – FUN AND FITNESS (2)
6 11:00 – ST.AGNES CATHOLIC COMMUNION SERVICE (AUD)	7 NO RECREATION PROGRAMS	8 10:30 – EXERCISE (1) 2:00 – KNITS & CROCHETS (1) 2:00 - CRAFT (2) 3:45 – FRIENDSHIP HOUR (1&2) 6:30 – TABLE TOP GAMES (2)	9 10:30 – TAI CHI (2) 1:15 - OUT – TRIP* 2:00 – ANGLICAN COMMUNION SERVICE (AUD) 2:00 – GARDENING (1) 3:30 – FRIENDSHIP HOUR (2) 6:30 –SING ALONG (2)	10 10:30 – BOWLING (AUD) 2:00 – SUMMER HAT MAKING (1) 2:00 – BAKING (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – BINGO (2)	11 1:30 – ANNUAL SUMMERTIME CARNIVAL!! FEATURING: “CHICKEN JOHN’S PETTING ZOO” “EDDIE CHWILL BAND” “BALLOON ARTIST”	12 10 :30 – FUN AND FITNESS (2)
13 11:00 – ST.AGNES ROMAN CATHOLIC COMMUNION SERVICE (AUD)	14 10:30 – EXERCISE (1) 10:30 – VISITS (1&2) 10:30 – BALLOON BADMINTON (2) 2:00 – SCRABBLE (1) 2:00 – TEA PARTY (1) 2:00 – TWO TOOTERS (2) 3:30 – FRIENDSHIP HOUR (2)	15 10:15 – LANSDOWNE CHILDCARE VISIT (1) 2:00 – KNITS & CROCHETS (1) 2:00 – CRAFT (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – GAMES (2)	16 10:30 – SIT N DANCE (2) 2:00 – GARDENING (1) 2:00 – YOGA WITH MICHELLE (AUD) 2:00 – SPASATIONS (2) 3:30 – FRIENDSHIP HOUR (1&2) 6:30 – EVENING ENTERTAINMENT FEATURING VALENTINE (2)	17 10:30 – BOWLING (AUD) 2:00 – ART CLASS (1) 2:00 – BAKING (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – BINGO (2)	18 10:30 - FRIDAY FUN TOPICS (2) 10:45 – ST. AGNES ROMAN CATHOLIC MASS (AUD) 2:00 – BEACH VOLLEYBALL (AUD) 3:30 – FRIENDSHIP HOUR (2)	19 10 :30 – FUN AND FITNESS (2)



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21	22	23	24	25	26
2:30 – RIVERBEND UNITED CHURCH SERVICE (AUD)	10:30 – BALLOON BADMINTON (1) 10:30 – GAMES (2) 2:00 – SCRABBLE (1) 2:00 – BAKING (2) 3:30 – FRIENDSHIP HOUR) 6:30 – SOOTHING THE SENSES (2)	10:30 – EXERCISE (1) 2:00 – KNITS & CROCHETS (1) 2:00 – CRAFT (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – CAMPFIRE (FIREPIT)	11:30 – OUT – TRIP * 2:00-GARDENING (1) 2:00 – TRIVIA (2) 3:30 – FRIENDSHIP HOUR (1&2)	10 :30 – BOWLING (AUD) 2 :00 – HYMN SING (AUD) 2 :00 –SPASATIONS (2) 3 :30 – FRIENDSHIP HOUR (2) 6 :30 – BINGO (2)	10:30 – FRIDAY FUN TOPICS (2) 10:45 – ST.AGNES ROMAN CATHOLIC MASS 2:30 – HAPPY HOUR FEATURING “JACK HENNIG” (AUD)	10:30 – FUN & FITNESS (2)
27	28	29	30	31		
11:00 –ST. AGNES ROMAN CATHOLIC COMMUNION SERVICE (AUD)	10:30 – EXERCISE (1) 10:30 – BALLOON BADMINTON (2) 2:00 – SCRABBLE (1) 2:00 – WALKABOUTS (2) 3:45 – FRIENDSHIP HOUR (2) 6:30 – SOOTHING THE SENSES (2)	10:30 – SIT N DANCE (1) 2:00 – KNITS & CROCHETS (1) 2:00 – CRAFT (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – WHEEL OF FORTUNE (2)	10:30 – SPONTANEOUS TOPICS (2) 2:00 – GARDENING (1) 2:00 – BAKING (1) 2:00 – TARGET TOSS (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SING ALONG (2)	10:30 – BOWLING (AUD) 2:00 – ART CLASS (1) 2:00 – CARDS (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – BINGO (2)		