


MARCH 2018 Recreation Calendar




Recreation Therapist - Jen Rygus – 780-496-7100 ext 7111 First Floor (1) Auditorium (AUD) Second Floor (2) FR – Friendship Room

Therapy Assistants -Betty Tyszkiewicz AND Anita Smith (780) 496-7100 ext 7135 * - Requires Previous Arrangements – Out trips and meal groups

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10 :30 – KIDS PROGRAM (AUD) 2 :00 – BAKING (1) 2 :00 – JUST FOR FUN ! (2) 3 :30 – VISITS (2) 6 :30 – CHINESE LANTERN FESTIVAL (AUD)	2 10 :30 – FRIDAY FUN TOPICS (1) 2 :30 – HAPPY HOUR FEATURING JAN & CO (AUD)	3 10 :30 – FUN AND FITNESS (2)
4 11:00 – ST.AGNES CATHOLIC COMMUNION SERVICE (AUD)	5 10:30 – BALLOON BADMINTON (1) 10:30 – CARDS (2) 2:00 – SCRABBLE (1) 2:00 – GAMES ETC..(1) 2:00 – CRAFT (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SOOTHING THE SENSES (2)	6 10:30 – CHOIR REHEARSAL (AUD) 2:00 – KNITS & CROCHETS (1) 2:00 – TRIVIA (1) 2:00 – BAKING (2) 3:30 – VISITS (1) 3:45 – FRIENDSHIP HOUR (2) 6:30 – NAME THAT TUNE (2)	7 10:30 – TAI CHI (2) 2:00 – BAKING (1) 2:00 – AFTERNOON TEA (2) 3:30 – CARDS (1) 3:30 – FRIENDSHIP HOUR (2) 6:30 – EVENING ENTERTAINMENT WITH BOB KELLY (1)	8 10:30 – CHOIR REHEARSAL (AUD) 2:00 – ART CLASS (1) 2:00 – PIANO WITH JEROME (AUD) 3:30 – VISITS (2) 6:30 – BINGO (2)	9 10:30 – FRIDAY FUN TOPICS (2) 2:30 – HAPPY HOUR FEATURING BOBBY VANN (AUD)	10 10 :30 – FUN AND FITNESS (2)
11 11:00 – ST.AGNES CATHOLIC COMMUNION SERVICE (AUD)	12 10:30 – EXERCISE (1) 10:30 – BALLOON BADMINTON (2) 2:00 – SCRABBLE (1) 2:00 – GAMES ETC..(1) 2:00 – ST. PATRICK'S DAY CRAFT (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 –SOOTHING THE SENSES (2)	13 10:30 – CHOIR REHEARSAL (AUD) 2:00 – KNITS & CROCHETS (1) 2:00 – ST. PATRICK'S DAY BAKING (1&2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – POT OF GOLD COIN TOSS (2)	14 10:30 – LANSDOWNE CHILDCARE VISITS (2) 11:30 – OUT TRIP* 2:00 – ANGLICAN COMMUNION SERVICE (FR.ROOM) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SING ALONG (2)	15 10:30 – BOWLING (AUD) 2:00 – HYMN SING (AUD) 2:00 – JUST FOR FUN! (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – BINGO (2)	16 10:30 – PIN THE SHAMROCK ON THE LEPRECHAUN (1) 10:45 – ST.AGNES ROMAN CATHOLIC MASS 2:30 – ST. PATRICK'S DAY HAPPY HOUR FEATURING GALLOW GLASS (AUD)	17 10 :30 – FUN AND FITNESS (2) 

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24
6:30PM – CHURCH OF CHRIST WORSHIP SERVICE (AUD)	10:30 – BALLOON BADMINTON (1) 10:30 – TAI CHI (2) 2:00 – SCRABBLE (1) 2:00 – GAMES ETC...(1) 2:00 – SPRING BAKING (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SOOTHING THE SENSES (2)	10:30 – CHOIR REHEARSAL (AUD) 2:00 – KNITS & CROCHETS (1) 2:30 – SOUTHWEST SENIORS CHOIR PERFORMANCE (AUD) 6:30 – GAMES (2)	10:30 – TARGET TOSS (2) 2:00 – GARDENING (1) 2:00 – YOGA WITH MICHELLE (2) 3:30 – FRIENDSHIP HOUR (1&2) 6:30 – EVENING ENTERTAINMENT FEATURING GORD SCHINDELL (2)	10 :30 – CHOIR REHEARSAL (AUD) 2 :00 – ART CLASS (1) 2 :00 – JUST FOR FUN ! (2) 3 :30 – VISITS (2) 6 :30 – BINGO (2)	10:30 – FRIDAY FUN TOPICS (2) 10:30 – BIBLE STUDY (1 ST FLOOR QUIET ROOM) 2:30 – SPRING CAFÉ (1)	10:30 – FUN AND FITNESS (2)
25	26	27	28	29	30	31
11:00 – ST.AGNES CATHOLIC COMMUNION SERVICE (AUD) 2:30 – RIVERBEND UNITED CHURCH SERVICE (AUD)	10:30 – EXERCISE (1) 10:30 – BALLOON BADMINTON (2) 1:15 – OUT – TRIP* 2:00 – SCRABBLE (1) 2:00 – EASTER EGGS (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SOOTHING THE SENSES (2)	10:30 – EASTER CENTREPIECES (1) 2:00 – KNITS & CROCHETS (1) 2:00 – EASTER BAKING (1&2) 3:30 – FRIENDSHIP HOUR (2) 5:15 – LADIES MOVIE NIGHT (AUD)	10:45 – HYMN SING (AUD) 2:00 – EASTER EGGS (1) 2:00 – GARDENING (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SING ALONG (2)	10:30 – FRIDAY FUN TOPICS (1) 2:30 – AUXILIARY EASTER HAPPY HOUR FEATURING RUNAWAY TRAIN (AUD)	GOOD FRIDAY 	10 :30 – FUN AND FITNESS (2)