




**Recreation Therapist - Jen Rygus – 780-496-7100 ext 7111**    **First Floor (1)**    **Auditorium (AUD)**    **Second Floor (2)**    **FR – Friendship Room**  
**Therapy Assistants -Betty Tyszkiewicz AND Anita Smith (780) 496-7100 ext 7135** \* - Requires Previous Arrangements – Out trips and meal groups

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 11 :00 – ST. AGNES CATHOLIC COMMUNION SERVICE (AUD)	2 10:30 – BALLOON BADMINTON (1) 10:30 – TARGET TOSS (2) 2:00 – SCRABBLE (1) 2:00 – BAKING (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SOOTHING THE SENSES (2)	3 10 :30 – CHOIR PRACTICE (AUD) 2 :00 – OKTOBERFEST PARTY !! (AUD) 3 :45 – FRIENDSHIP HOUR (2) 6 :30 – GAMES (2)	4 10 :30 – TAI CHI (2) 1 :30 – 3 :30 - VOTING MUNICIPAL ELECTION(1) 2 :00 – YOGA WITH MICHELLE (AUD) 6 :30 - SING ALONG (2)	5 10 :30 – BOWLING (AUD) 2 :00 – THANKFUL TREES (1&2) 3 :30 – FRIENDSHIP HOUR (2) 6 :30 – BINGO (2)	6 10 :30 – FRIDAY FUN TOPICS (2)  2 :30 – AUXILIARY THANKSGIVING HAPPY HOUR FEATURING ESSOTONES (AUD)	7
8 11:00 – ST.AGNES CATHOLIC COMMUNION SERVICE (AUD)	9 HAPPY THANKSGIVING!! 	10 10:30 – CHOIR (AUD) 2:00 – KNITS & CROCHETS (1) 2:00 – HARVEST BAKING (2) 3:45 – FRIENDSHIP HOUR (1&2) 6:30 – EVENING TEA (2)	11 10:30 – CREATIVE STORIES (2) 2:00 – SPASATIONS(1&2) 2:00 – ANGLICAN COMMUNION SERVICE (AUD) 2:00 – DICE IS NICE (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SING ALONG (2)	12 10:30 – BOWLING (AUD) 2:00 – ART CLASS (1) 2:00 – SPELLING BEE (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – BINGO (2)	13 10:30 – FRIDAY FUN TOPICS (1)  2:30 – HAPPY HOUR FEATURING GALLOWGLASS (AUD)	14
15 2:30 – RIVERBEND UNITED CHURCH SERVICE (AUD)	16 10:30 – EXERCISE (1) 10:30 – BALLOON BADMINTON (2) 2:00 – SCRABBLE (1) 2:00 – WORD GAMES (2) 2:00 – TWO TOOTERS (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SOOTHING THE SENSES (2)	17 10:30 – CHOIR PRACTICE (AUD) 2:00 – KNITS & CROCHETS (1) 2:00 – CRAFT (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – GAMES (2)	18 10:30 – SIT N DANCE (2) 2:00 – SPASATIONS (1&2) 2:00 – GAMES (1) 2:00 – REMINISCE((2) 3:30 – FRIENDSHIP HOUR (1&2) 6:30 – SING ALONG (2)	19 10:30 – BOWLING (AUD) 2:00 – HYMN SING (AUD) 2:00 – PAINTING PALS (2) 3:30 – FRIENDSHIP HOUR (2) 6:30 – BINGO (2)	20 10:30 - FRIDAY FUN TOPICS (2) 10:45 – ST. AGNES ROMAN CATHOLIC MASS (AUD)  2:30 – HAPPY HOUR FEATURING THE RUNNING BOARD (AUD)	21



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22	23	24	25	26	27	28
	10:30 – BALLOON BADMINTON (1) 10:30 – GAMES (2) 1:15 – OUT TRIP* 2:00 – SCRABBLE (1) 2:00 – BAKING (2) 3:30 – FRIENDSHIP HOUR(2) 6:30 – SOOTHING THE SENSES (2)	10:30 – CHOIR PRACTICE (AUD) 2:00 – KNITS & CROCHETS (1) 2:00 – CRAFT (2) 3:30 – FRIENDSHIP HOUR (2) 5:45 – LADIES MOVIE NIGHT (AUD)	10:45 – PUMPKIN PAINTING (1) 2:00 – YOGA WITH MICHELLE (AUD) 2:00 – CARDS (2) 2:00 – SPASATIONS (1&2) 3:30 – FRIENDSHIP HOUR (1&2) 6:30 – EVENING ENTERTAINMENT DALE AND HIS GUITAR (2)	10 :30 – BOWLING (AUD) 2 :00 – ART CLASS (1) 2 :00 – PUMPKIN PAINTING (2) 3 :30 – FRIENDSHIP HOUR (2) 6 :30 – BINGO (2)	10:30 – FRIDAY FUN TOPICS (2) 10:45 – ST.AGNES ROMAN CATHOLIC MASS 2:30 – HALLOWEEN HAPPY HOUR FEATURING JACK HENNIG (AUD)	
29	30	31				
11:00 –ST. AGNES ROMAN CATHOLIC COMMUNION SERVICE (AUD)	10:30 – EXERCISE (1) 10:30 – BALLOON BADMINTON (2) 2:00 – SCRABBLE (1) 3:30 – FRIENDSHIP HOUR (2) 6:30 – SOOTHING THE SENSES (2)	1:00 – KIDS COSTUME PARADE (1&2)  2:00 – <b>HAUNTED HOUSE</b> <b>ENTER IF YOU DARE.....</b> <b>IN THE AUDITORIUM</b> <b>HAPPY HALLOWEEEN</b> 				