









JULY 2018 – Unit MAB

Recreation Activity Calendar

If you have any questions regarding the activities on your unit, please speak with Cindy, Recreation Therapy Assistant at 371-6555 or Keeley, Recreation Therapist, at 371-6554.



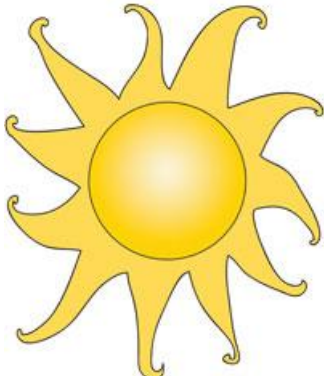





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
<p>Canada Day July 1st!</p>  <p>Cindy off</p>	<p>10:00 Walks in the garden</p>  <p>2:00 Aqua fun</p>	<p>10:30 Anglican Communion (Chapel)</p> <p>12:45 Friendly visits</p> <p>1:30 Painting a bench</p> 	<p>3:30 Clothes line reminiscing</p> <p>7:00 Pub Night with Ron Rendle (Auditorium)</p>	<p>10:30 Roman Catholic Mass (Auditorium)</p> <p>2:00 Monthly Birthday Party with "the Harmony Kings" (Auditorium)</p> <p>Cindy off</p>	 <div style="border: 1px solid blue; padding: 5px; text-align: center;"> <p>Sunday, July 8th 3:00 Clareview Bible Church (Auditorium)</p> </div> <p>Cindy off</p>
9	10	11	12	13	14
<p>10:45 Hymn Sing & Reflection (Aud)</p>  <p>Cindy off</p>	<p>10:30 Fun and Fitness</p> <p>12:00 Picnic lunch *</p> <p>2:00 Shuffleboard</p> <p>3:30 Sing along</p>	<p>10:30 Anglican Communion (Chapel)</p> <p>10:30 News & Views</p>  <p>2:00 Main AB Block Party with music by Gallowglass! (Main AB Garden)</p>	<p>1:30 Exploring new leisure supplies</p> <p>7:00 Summer Street Dance with "The Acoustiholics" (outdoor visitor parkade) (cost: \$3.00)</p> 	<p>10:30 Roman Catholic Mass (Auditorium)</p> <p>10:30 Walks in the garden</p> <p>12:00 Picnic lunch *</p> <p>1:30 Painting</p> <p>3:30 Garden chores</p>	 <p>Cindy off</p>

* Registered Program

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Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21	
<p>10:45 Hymn Sing & Reflection (Aud)</p> <p>12:00 Picnic lunch *</p> 	<p>10:30 Fun and Fitness</p> <p>12:00 Picnic lunch *</p> <p>1:30 Cindy on 2CD (Garden Walks)</p> <p>3:00 Lawn darts</p>	<p>10:30 Anglican Communion (Chapel)</p> <p>1:30 Walks in the garden</p> <p>3:30 iPad time</p> <p>6:30 Movie (MB) Sensory stimulation (MA)</p>	<p>1:30 Harmony bells</p> <p>3:00 Crosswords puzzle</p> <p>7:00 Pub Night with Terry Jordan (Auditorium)</p>	<p>10:30 Roman Catholic Mass (Auditorium)</p> <p>2:00 Afternoon Matinee: "Mr. Bean's Holiday!" (Auditorium)</p> 	 <p>Cindy off</p>	
<p>10:45 Hymn Sing & Reflection (Aud)</p> <p>12:00 Picnic lunch *</p> <p>2:00 Making ice cream</p> <p>4:00 Outdoor reminiscing & garden chores</p>	<p>10:30 Neighbourhood time with Cindy and Penny</p> <p>12:00 Picnic lunch *</p> <p>2:00 Aqua fun</p> <p>3:00 Refreshments and Chat in the garden</p>	<p>10:30 Anglican Communion (Chapel)</p> <p>1:30 Out trip – scenic drive & ice cream*</p> 	<p>1:30 Outdoor Fun & Fitness</p> <p>3:00 Cindy on 2CD (Board games)</p> <p>7:00 Pub Night with Dwayne Cannan (Aud)</p>	<p>10:30 Roman Catholic Mass (Auditorium)</p> <p>2:00 Bingo (Auditorium) (\$1.00)</p>  <p>3:30 Garden chores</p>	<p>10:30 Music morning</p> <p>12:00 Picnic lunch *</p> <p>2:00 Horse racing with 3AB (Auditorium)</p>	
<p>10:45 Hymn Sing & Reflection (Aud)</p>  <p>Cindy off</p>	<p>10:30 Craft</p> <p>12:00 Picnic lunch *</p> <p>2:00 Backyard reminiscing & garden chores</p>	