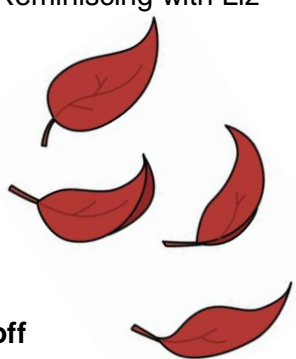


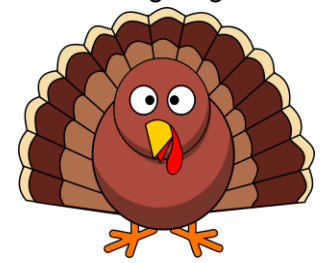



October 2017 – Unit MAB Recreation Activity Calendar







If you have any questions regarding the activities on your unit, please speak with Cindy, Recreation Therapy Assistant at 371-6555 or Keeley, Recreation Therapist, at 371-6554.

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
2:00 Walks in the Garden with Beata Cindy off	2:00 Reminiscing with Liz  Cindy off	10:30 Anglican Communion (Chapel) Cindy off	10:30 News & Views with Elodie 10:30 Ukrainian Catholic Liturgy (Auditorium) 7:00 Pub Night with “Randy & Rai” (Auditorium) Cindy off	10:30 Roman Catholic Mass (Auditorium) 2:00 Monthly Birthday Party with “The Reaction Band” (Auditorium)  Cindy off	10:30 Shuffleboard & Games with Amy <div style="border-left: 2px solid orange; border-right: 2px solid orange; padding: 5px; text-align: center;"> Sunday, October 8th 3:00 Clareview Bible Church (Auditorium) </div> Cindy off
9	10	11	12	13	14
 Cindy off	9:45 Coffee in the morning 10:30 Puzzles & Ponderings 1:30 Nail Care 3:00 Thanksgiving Trivia 	9:45 Friendly Visits 10:30 “At Your Leisure” with Cindy and Amy 10:30 Anglican Communion (Chapel) 2:00 Concerts in Care with Jeremy Spurgeon & Rafael Hoekman (Aud) 3:00 Decorate MAB	9:45 Friendly Visits 10:30 Unit Bingo 1:00 Recreation Planning Meeting 3:30 Decorate MAB 7:00 Pub Night with “The Nighthawks” (Aud)	9:45 Friendly Visits 10:30 Roman Catholic Mass (Auditorium) 10:30 Baking for Fall Bake-off Competition 2:00 Fall Bake-off Competition (Aud) 3:30 One to One visits	 Cindy off

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21
9:45 Friendly Visits 10:30 News and Coffee 1:30 Scenic drive outing * 	9:45 Cindy on MD 11:00 Fun and Fitness 2:00 Cindy on 3AB (“At Your Leisure”) 3:30 Music Trivia	10:30 Anglican Communion (Chapel) 1:30 Choir (Auditorium) * 6:15 Cake, Coffee, & Conversation (Aud)	10:30 Ukrainian Catholic Liturgy (Auditorium) 12:45 Friendly Visits 1:30 Hand Massage 2AB 3:00 Reminiscing Quiz 7:00 Pub Night with “Terry Fleming & Friends” (Auditorium)	10:30 Roman Catholic Mass (Auditorium) 12:45 Friendly Visits 1:30 Shuffleboard 2:00 Bingo (Auditorium) (\$1.00) 3:00 Transplanting Poppies	2:00 Saturday entertainment with “The Running Boards” (Auditorium)  Cindy off
23	24	25	26	27	28
9:45 Friendly Visits 10:30 Fun & Fitness 2:00 At Your Leisure MAB	10:30 St. Anne’s Grade 3 students visit – meet the kids! 2:00 At Your Leisure 3AB 	10:30 Anglican Communion (Chapel) 12:45 Friendly Visits 1:30 Choir (Auditorium) *	12:45 Friendly Visits 1:30 Table Games 2AB 3:30 Scrapbooking 7:00 Pub Night with Jackson Mackenzie (Auditorium)	10:30 Roman Catholic Mass (Auditorium) 12:45 Friendly Visits 2:00 Afternoon Matinee: “White Fang” (Aud) 	9:45 Friendly Visits 10:30 Pumpkin decorating 1:30 Musical afternoon <div style="border: 1px solid orange; padding: 5px; text-align: center;"> Sunday, October 29th 3:00 North Edmonton Alliance Church (Auditorium) </div>
30	31				
Cindy off 	9:45 Friendly Visits 10:30 Fun & Fitness 1:30 Halloween Art & Coloring 3:30 Reading Group				

* Registered Program