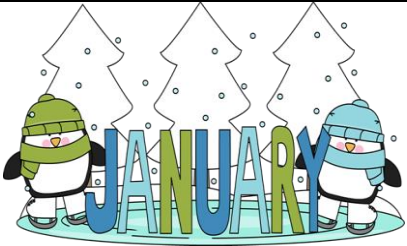




# January 2019 – Unit MAB

## Recreation Activity Calendar

If you have any questions regarding the activities on your unit, please speak with Cindy, Recreation Therapy Assistant at 371-6555 or Zoe, Recreation Therapist, at 371-6554.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b> 1:00 Update boards & posters  2:00 Painting on a Snowman  6:30 Tarnowsky School of Music Piano Recital (Aud)	<b>3</b> 12:30 Recreation Planning Meeting  2:00 Essential Oils & Discussions  3:00 Walks  7:00 Pub Night with Kayla Patrick (Aud)	<b>4</b> 2:00 Birthday Party (Aud)  	<b>5</b>  
<b>7</b>  9:30 Work in office  10:45 Hymn Sing & Reflection (Aud)  2:00 Build a Snowman  3:30 One to ones	<b>8</b>  10:00 Scenic Drive  2:30 Penguin Visit  3:45 Cindy on 3CD (Shuffleboard)	<b>9</b>  (11:30 – 3:30) Short Day Shift  12:00 Ukrainian Lunch (Aud) <i>Please sign up in advance with recreation</i>	<b>10</b>  1:30 Craft  4:00 Walks  7:00 Firemen's Dance (Aud) Cost: \$3.00	<b>11</b>  1:30 Bocce  3:00 One to Ones	<b>12</b>  10:30 Musical Morning  2:00 Horse Racing  3:30 Tea & Talk
<b>14</b>  Cindy Off	<b>15</b>  De- Decorating Day	<b>16</b>  10:00 I Pad Fun  2:00 Reading Group  4:00 One to Ones  7:00 St George Ukrainian Catholic Church Choir (Aud)	<b>17</b>  10:30 Fun & Fitness  2:00 Let's Make Playdoh MA  4:00 Mindfulness  7:00 Pub Night with Randy and Rai (Aud)	<b>18</b>  10:00 Hand Massage  2:00 Afternoon Matinee (Aud) "A Fistful of Dollars"  4:00 One to Ones	<b>19</b>  3:00 Happy Hour (Aud)

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Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
<p>9:30 Work in office</p> <p>10:45 Hymn Sing &amp; Reflection (Aud)</p> <p>2:00 Martin Luther King Reminiscing</p> <p>3:30 One to Ones</p>	<p>10:00 Baking</p> <p>2:00 Birthday Party on MB</p> <p>3:30 Games</p>	<p>1:30 Table Games</p> <p>3:30 Sing Along</p> <p>6:30 Movie on MB Snoezelen on MA</p>	<p>1:30 Let's Talk about Music</p> <p>3:00 One to ones</p> <p>7:00 Pub Night with Larry Renn (Aud)</p>	<p>2:00 Bingo (Aud)</p> 	
<p>9:30 Work in office</p> <p>10:45 Hymn Sing &amp; Reflection (Aud)</p> <p>1:30 Neighborhood Time with Amy</p> <p>3:00 Music Jam</p>	<p>10:30 Fun &amp; Fitness</p> <p>2:00 Daily Chronicles News &amp; Views</p> <p>3:30 Decorate for Valentine's Day</p>	<p>1:45 Cindy on 3AB (Neighborhood Time)</p> <p>3:00 Work in Office for February</p>	<p>1:00 Decorate for Valentine's Day</p> <p>2:30 Shuffleboard</p> <p>7:00 Pub Night with Mountain Sapphire (Aud)</p>		