




October 2018 – Unit 3AB Recreation Activity Calendar

If you have any questions regarding the activities on your unit, please speak with Amy, Recreation Therapy Assistant at 371-6555 or Zoe, Recreation Therapist, at 371-6554.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
	<p>Green house/Outdoor clean up morning</p> <p>1:30 Balloon Volley</p> <p>3:00 Cord Game</p>	<p>10:30 News & Views</p> <p>1:30 Giant Crossword</p> <p>1:30 Choir (Aud)</p> <p>3:00 Lace & Trace</p>	<p>Superstore Shopping</p> <p>1:30 Horse Racing</p> <p>3:00 Refreshments</p> <p>7:00 Pubnight with “Randi & Rai”</p>	<p>10:30 I am Thankful</p> <p>2:00 Birthday Party (Aud)</p> 	<p>Amy Off</p>
8	9	10	11	12	13
<p>Amy Off</p> 	<p>10:30 Discussion group</p> <p>2:00 Music w/ Al & Frank</p> <p>3:30 Hand Care</p>	<p>1:30 Table Games</p> <p>1:30 Choir (Aud)</p> <p>3:00 NT w/ Beata</p> <p>6:30 Evening TV</p>	<p>1:30 Baking (Bake Extra for Thanksgiving Tea w/3CD on 29th)</p> <p>3:00 Coffee House</p> <p>7:00 Pubnight with “Jacinta”</p>	<p>1:30 Reminiscing</p> <p>3:00 Walks</p>	<p>Amy Off</p>
15	16	17	18	19	20
<p>10:45 Hymn Sing (Aud)</p> <p>1:30 Paper Mache Craft w/water & flour</p> <p>Centre wide Neighborhood Time</p>	<p>10:30 Friendly Visits</p> <p>12:00 – 4:30 Workshop at Grandview</p>	<p>1:30 Coffee Filter Craft</p> <p>Polish Dancers in Evening</p>	<p>2:00 NT on 2CD</p> <p>7:00 Pubnight with “Herding Katz”</p>	<p>2:00 Movie Matinee (Aud)</p>	<p>10:30 Trivia</p> <p>2:00 Entertainment with “Central Lions Big Band” (Aud)</p>

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22 Amy Off 2:00- Concerts In Care (Aud) 	23 10:30 Home Album 2:00 Music with Al & Frank 3:30 One to Ones	24 9:30 Morning Outing 1:30 Choir (Aud) 1:30 Resident's Choice 3:00 PCK Link	25 9:00 am – 12:00 pm John Music Therapy 1:30 Halloween Activity 3:00 UNO 4:30 One to Ones 7:00 Pubnight with "Runaway Train"	26 10:30 Lace & Trace 2:00 Bingo (Aud) 	27 Happy Hour
29 10:45 Hymn Sing (Aud) 2:00 Thanksgiving Tea On Liz's 3CD	30 10:30 News & Views 2:00 Unit Entertainment 3:30 Walks	31 1:30 Painting/Coloring 1:30 Choir (Aud) 3:00 Hand Care 6:30 Calendar/Bulletin Board Work	