

December 2017 – Unit 3AB Recreation Activity Calendar






If you have any questions regarding the activities on your unit, please speak with Amy, Recreation Therapy Assistant at 371-6555 or Keeley, Recreation Therapist, at 371-6554.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Roman Catholic Mass (Auditorium) 12:45 Friendly Visits 2:30 At Your Leisure with Amy and Beata 7:00 Christmas music with "No Refunds" (Main Floor Vines Area)	2 Amy off
4 9:45 Friendly Visits 10:45 Music and Worship (Chapel) 1:45 Horse racing 3:00 Hand massage	5 9:45 Friendly visits 10:30 Christmas trivia & puzzles 2:00 Amy on 2CD (At Your Leisure) 3:45 One to Ones	6 10:30 Anglican Communion (Chapel) 1:30 Choir (Auditorium) * 1:45 One to Ones 2:45 At Your Leisure	7 10:30 Ukrainian Catholic Liturgy (Auditorium) 3:30 News & Views 7:00 Pub Night with Craig Repchuk (Auditorium)	8 10:30 Roman Catholic Mass (Auditorium) 1:00 Friendly visits 2:00 Monthly Birthday Party with "the Rippling River Band" (Auditorium)	9 9:45 Friendly visits 10:30 Art & Colour 2:00 Music with Al & Frank 3:30 Walks <div style="border: 2px solid red; padding: 10px; text-align: center; margin-top: 20px;"> <p>Sunday, December 10th</p> <p>1:30 (Auditorium) Swiss Men's Choir</p> <p>3:00 (Auditorium) Clareview Bible Church</p> </div>
11 10:45 Music and Worship (Chapel) Amy off	12 9:45 Friendly visits 10:30 Trivia 2:00 "At Your Leisure" with Amy and Beata	13 9:45 Friendly visits 10:30 Anglican Communion (Chapel) 10:30 Baking 1:30 Choir (Garden Area) * 1:45 One to ones 3:00 Coffee house	14 9:45 Friendly visits 10:30 Christmas discussion 2:00 Amy on 2CD ("At Your Leisure") 7:00 Pub Night with "Gallowglass" (Aud)	15 1:30 Scenic Drive Out trip* 6:30 Light A Tree Event (Please purchase tickets in advance from General Office - \$15.00)	16 Amy off

* Registered Program

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23
<p>9:45 Friendly visits</p> <p>10:45 Music and Worship (Chapel)</p> <p>1:45 Balloon volleyball</p> <p>3:00 Refreshments</p> <p>7:00 Make A Joyful Noise Choir (Auditorium)</p>	<p>9:45 Friendly visits</p> <p>10:30 Harmony Bells</p> <p style="text-align: center;">C & D Neighbourhood Christmas Open Houses 2:00 – 4:00</p> 	<p>10:30 Anglican Communion (Chapel)</p>  <p style="text-align: center;">A & B Neighbourhood Christmas Open Houses 2:00 – 4:00 on 3 B</p> <p>6:30 Snoezelen</p>	<p>10:30 Ukrainian Catholic Liturgy (Auditorium)</p> <p>1:00 Friendly visits</p> <p>1:30 Active games</p> <p>3:00 One to ones</p> <p>7:00 Pub Night with “the Down East Band” (Auditorium)</p>	<p>10:30 Roman Catholic Mass (Auditorium)</p> <p>2:00 Carol Sing with Irena Tarnowsky (Aud)</p>  <p>4:00 One to Ones</p>	 <p style="text-align: center;">Amy off</p>
25	26	27	28	29	30
<p style="text-align: center; font-size: 2em; color: red;"><i>Merry Christmas</i></p>  <p style="text-align: center;">Amy off</p>	 <p style="text-align: center;">Amy off</p>	<p>10:30 Anglican Communion (Chapel)</p> <p>1:00 Friendly visits</p> <p>1:30 Unit bingo</p> <p>3:15 Walks</p>	<p>1:00 Friendly visits</p> <p>1:30 Table games</p>  <p>3:15 Chat time</p> <p>7:00 Pub Night with Bob Sych (Auditorium)</p>	<p>10:30 Roman Catholic Mass (Auditorium)</p> <p>12:45 Friendly visits</p> <p>2:00 Afternoon Matinee: “A Christmas Story” (Auditorium)</p> <p>3:30 One to Ones</p>	<p>9:45 Friendly visits</p> <p>10:30 New Year’s resolutions</p> <p>2:00 Music with Al & Frank</p> <p>3:30 Shuffleboard & bulletin board update</p> <p style="text-align: center; font-size: 2em; color: gold;"><i>Happy New Year!</i></p>