





If you have any questions regarding the activities on your unit, please speak with Amy, Recreation Therapy Assistant at 371-6555 or Keeley, Recreation Therapist, at 371-6554.





# OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
9:45 Friendly visits 10:45 Music and Worship (Chapel) 1:30 Active games 3:00 Hand massage	9:45 Friendly visit 10:30 Trivia Discussion group 2:00 Unit entertainment with "Valentine" 3:30 One to One visits	10:30 Anglican Communion (Chapel) Amy Supply Shopping 2:30 Horse racing 	10:30 Ukrainian Catholic Liturgy (Auditorium) 1:15 Scenic Drive outing* 7:00 Pub Night with "Randy & Rai" (Auditorium)	10:30 Roman Catholic Mass (Auditorium) 2:00 Monthly Birthday Party with "The Reaction Band" (Auditorium) 	10:30 Amy on MAB (Shuffleboard & Games) 2:00 Music with Al & Frank 3:30 One to One visits <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p><b>Sunday, October 8<sup>h</sup></b>  <b>3:00</b>              Clareview Bible Church (Auditorium)</p> </div>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
 <b>Amy off</b>	9:45 Friendly visits 10:30 Thanksgiving talk 1:30 Baking for Fall Bake-off Competition 3:00 Coffee house	9:45 Friendly visits 10:30 Amy on MAB ("At Your Leisure") 10:30 Anglican Communion (Chapel) 2:00 Concerts in Care with Jeremy Spurgeon & Rafael Hoekman (Aud)	9:45 Friendly visits 10:30 Crossword puzzle 1:00 Recreation Planning Meeting 7:00 Pub Night with "The Nighthawks" (Aud)	9:45 Friendly visits 10:30 Roman Catholic Mass (Auditorium) 10:30 Amy on MD (discussion group) 2:00 Fall Bake-off Competition (Auditorium)	 <b>Amy off</b>

\* Registered Program

## October 2017 – Unit 3AB Recreation Activity Calendar

If you have any questions regarding the activities on your unit, please speak with Amy, Recreation Therapy Assistant at 371-6555 or Keeley, Recreation Therapist, at 371-6554.

Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21
9:45 Friendly visits 10:45 Music & worship (Chapel) 1:30 Amy on 2AB	9:45 Friendly visits 10:30 Fall craft 2:00 "At Your Leisure" with Amy and Cindy	10:30 Anglican Communion (Chapel) 1:00 Friendly visits 1:30 Choir (Auditorium) * 1:30 Beach ball toss 3:00 One to One visits 6:15 Cake, Coffee, & Conversation (Aud)	10:30 Ukrainian Catholic Liturgy (Auditorium) 1:00 Friendly visits 1:30 Painting 3:00 Shuffleboard 7:00 Pub Night with "Terry Fleming & Friends" (Auditorium)	10:30 Roman Catholic Mass (Auditorium) 1:00 Friendly visits 2:00 Bingo (Auditorium) (\$1.00)	2:00 Saturday entertainment with "The Running Boards" (Auditorium)  <b>Amy off</b>
9:45 Friendly visits 10:45 Music & worship (Chapel) 2:00 Amy on MAB ("At Your Leisure")	9:45 Morning outing * 2:00 "At Your Leisure" with Amy and Cindy	10:30 Anglican Communion (Chapel) 1:00 Friendly visits 1:30 Choir (Auditorium) * 1:30 "At Your Leisure"	1:00 Friendly visits 2:00 Unit Bingo 3:30 Hand massage 7:00 Pub Night with Jackson Mackenzie (Auditorium)	10:30 Roman Catholic Mass (Auditorium) 2:00 Afternoon Matinee: "White Fang" (Aud) 	10:30 Amy on 2AB (Exercise) 2:00 Music with Al & Frank 3:30 One to One visits <div style="border: 2px solid orange; padding: 5px; text-align: center;"> <b>Sunday, October 29<sup>th</sup></b>  <b>3:00</b>              North Edmonton Alliance Church (Auditorium)           </div>
10:45 Music & worship (Chapel)  <b>Amy off</b>	9:45 Friendly visits 10:30 Halloween scary Stories 1:30 Halloween activity 3:00 Halloween music				

\* Registered Program