








## January 2019 – Unit 3AB Recreation Activity Calendar

If you have any questions regarding the activities on your unit, please speak with Amy, Recreation Therapy Assistant at 371-6555 or Zoe, Recreation Therapist, at 371-6554.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p style="text-align: right;"><b>2</b></p> <p>Superstore Shopping</p> <p>3:00 Resident's Choice</p> <p>6:30 Tarnowsky School of Music Piano Recital (Aud)</p>	<p style="text-align: right;"><b>3</b></p> <p>1:30 Baking</p> <p>3:00 Coffee House</p> <p>7:00 Pub Night (Aud) with Kayla Patrick</p>	<p style="text-align: right;"><b>4</b></p> <p>2:00 Birthday Party with "Britz" (Aud)</p> 	
<p style="text-align: right;"><b>7</b></p> <p>10:45 Hymn Sing (aud)</p> <p>1:30 Table Games</p> <p>3:00 Hand Massage</p>	<p style="text-align: right;"><b>8</b></p> <p>10:30 Discussion Group</p> <p>2:30 Penguin Visit (Aud)</p>	<p style="text-align: right;"><b>9</b></p> <p>Shift to 11:30 – 3:30</p> <p>12:00: Ukrainian Lunch (Aud)</p> <p><i>Please sign up in advance with recreation</i></p>	<p style="text-align: right;"><b>10</b></p> <p>1:30 Craft</p> <p>7:00 Fireman Dance (Aud) Cost: \$3.00</p>	<p style="text-align: right;"><b>11</b></p> <p>1:30 Game of Focus</p>	<p style="text-align: right;"><b>12</b></p> <p>10:30 Amy on 3CD (Discussion Group)</p> <p>2:00 Music w/ Al &amp; Frank</p>
<p style="text-align: right;"><b>14</b></p> <p>Amy Off</p>	<p style="text-align: right;"><b>15</b></p> <p>De-decorating Day</p>	<p style="text-align: right;"><b>16</b></p> <p>10:30 Reminiscing</p> <p>1:30 Painting</p> <p>3:00 Chat around table</p> <p>7:00 St. George Ukrainian Catholic Church Choir (Aud)</p>	<p style="text-align: right;"><b>17</b></p> <p>10:30 Humor and Jokes</p> <p>1:30 Card Bingo</p> <p>3:00 Resident's Choice</p> <p>7:00 Pub Night (Aud) with Randy and Rai <i>Thanks tonight for the sponsorship of Elsie and Frank Preston</i></p>	<p style="text-align: right;"><b>18</b></p> <p>10:30 iPad fun</p> <p>2:00 Afternoon Matinee (Aud) "A Fistful of Dollars"</p>	<p style="text-align: right;"><b>19</b></p> <p>3:00 Happy Hour (Aud)</p>

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Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
<p>10:45 Hymn Sing (Aud)</p> <p>1:30 Lace &amp; Trace</p> <p>3:00 Friendly Visits</p>	<p>10:30 News &amp; Views</p> <p>1:30 Afternoon Outing for a Drive and Snack</p>	<p>1:30 Music w/Al &amp; Frank</p> <p>3:00 Walks</p> <p>6:30 One to Ones</p>	<p>1:30 Horse Racing</p> <p>3:00 Refreshment Time</p> <p>7:00 Pub Night with Larry Renn (Aud)</p>	<p>2:00 Bingo (Aud)</p> <div style="text-align: center;">  </div>	
<p>10:45 Hymn Sing (Aud)</p> <p>1:30 Amy on MAB (Neighborhood Time)</p> <p>3:00 One to Ones</p>	<p>10:30 Facts/Trivia</p> <p>2:00 "Life Accordion to John" Musical Hour</p>	<p>1:45 Roll a Snowman (Neighborhood Time w/Cindy)</p> <div style="text-align: center;">  </div>	<p>1:30 Scattergories</p> <p>3:00 Resident's Choice</p> <p>7:00 Pub Night with Mountain Sapphire (Aud)</p>		<div style="text-align: center;">  </div>